# COOKING WITH KAY IS HELD EVERY THURSDAY @1:30









We know how hard it can be shopping for health insurance! It's good we are here to help; on October 19, 6:00 p.m., Barb from my Medicare Network will be at Bickford Senior Living to assist you with your health insurance coverage needs. Barb specializes in helping seniors find insurance that best fits their needs.

#### OCTOBER 22, 2023 IS THE ANNUAL TRUNK OR TREAT



Join us for food, fun games, and a surprise guest!

### FLU CLINIC IS COMING SOON

# **ITS FLU SEASON!**

Help reduce the spread of the flu. Get your annual flu shot. The wellness center will hold the flu clinic on October 11, 2023. Let's kick off the fall right by staying healthy and protecting ourselves from the flu!

## OPEN ENROLLMENT MONTH

Pearl's Passions	— October —							
Jewils Jussiant	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Ĩġ
<image/>	10:30a Prince of Peace Sunday Service 2p Veteran Club 4p Knitting Club	10a Beauty Shop10a Chronicle &Concentration Puzzle11a Dance Club1p Residence CouncilMeeting3p Arts & Crafts DoorDecorations2	10a Chronicle & Sudoku Puzzle 11a Lunch Outing @ Crackle Barrel 1p Movie & popcorn 2:30p Bingo with Cindy 3p Recreational Games with Jess 3	10a Piano Entertainer 1p Board Games 1:30p Cooking With Kay Kay 3p Corn Toss 4	10a Chronicle & Crossword Puzzle 10:30a Mind & Body Workout 2p Lee The Chaplin Worship 3p Recreational Games with Scott	10a Chronicle & Scattergories 10:30a Shopping With Shay 1p Chair Exercise 3p Lee The Chaplin Bible Study 3:30p Birthday Celebration for the Residences	10a Coffee Chat 1p Card Club 3p Jigsaw Puzzles	7
	10:30a Prince of Peace Sunday Service 2p Veteran Club 4p Knitting Club	10a Beauty Shop10a Chronicle &Concentration Puzzle1:15p Meditation withJeannie2p Residence CommitteMeeting3p Arts &Crafts PaintingFlowers9	FAMILY HISTORY10a Chronicle & SudokuPuzzle1p Movie & popcorn1p manicures & Nailspolish2:30p Bingo with Cindy3p Recreational Games10with Jess	10a Piano Entertainer 1p Board Games 1:30p Cooking With Kay Kay 3p Book Club 3p Corn Toss 11	10a Chronicle & Crossword Puzzle 10: 30a Mind & Body Workout 2p Lee The Chaplin Worship 3p Recreational Games with Scott 12	10a Chronicle & Scattergories 1p Chair Exercise 3p Lee The Chaplin Bible Study 3:30p Theme Happy Hour with Trivia Games 13	10a Coffee Chat 1p Card Club 3p Jigsaw Puzzles	14
	10:30a Prince of Peace Sunday Service 2p Veteran Club 4p Knitting Club	<ul> <li>10a Beauty Shop</li> <li>10a Chronicle &amp;</li> <li>Concentration Puzzle</li> <li>1p Residence Committe</li> <li>Meeting</li> <li>3p Arts &amp; Crafts Sun Catchers</li> </ul> 15	10a Chronicle & Sudoku Puzzle 1p Movie & popcorn 2:30p Bingo with Cindy 3p Recreational Games with Jess 17	10a Piano Entertainer 1p Board Games 1p Residence Committe Meeting 1:30p Cooking With Kay Kay 3p Corn Toss 18	10a Chronicle & Crossword Puzzle 10:30a Mind & Body Workout 2p Lee The Chaplin Worship 3p Recreational Games with Scott 19	10a Chronicle & Scattergories 10:30a Shopping With Shay 1p Chair Exercise 3p Lee The Chaplin Bible Study 3:30p Birthday Celebration for the Residences 20	10a Coffee Chat 1p Card Club 3p Jigsaw Puzzles	21
	10:30a Prince of Peace Sunday Service 2p Trick or Trunk 2p Veteran Club 4p Knitting Club	<ul> <li>10a Beauty Shop</li> <li>10a Chronicle &amp;</li> <li>Concentration Puzzle</li> <li>1:15p Meditation with</li> <li>Jeannie</li> <li>3p Arts &amp; Crafts Painting</li> <li>Craft</li> </ul>	10a Chronicle & Sudoku Puzzle 1p Movie & popcorn 1p manicures & Nails polish 2:30p Bingo with Cindy 3p Recreational Games with Jess 24	10a Piano Entertainer 1p Board Games 1:30p Cooking With Kay Kay 3p Book Club 3p Corn Toss 25	10a Chronicle & Crossword Puzzle 10:30a Mind & Body Workout 1:30p Bickford Store - bring your bucks 2p Lee The Chaplin Worship 2p Performance By Jim K@by 3p Recreational Games with	10a Chronicle & Scattergories 1p Chair Exercise 3p Lee The Chaplin Bible Study 3:30p Theme Happy Hour with Trivia Games 27	10a Coffee Chat 1p Card Club 3p Jigsaw Puzzles	28
	10:30a Prince of Peace Sunday Service 2p Veteran Club 4p Knitting Club	10a Beauty Shop 10a Chronicle & Concentration Puzzle 3p Arts &Crafts Lanterns	HALLOWEEN 10a Chronicle & Sudoku Puzzle 1p Movie & popcorn 2:30p Bingo with Cindy 3p Recreational Games with Jess		Scott			

Jess