



Celebrating Wayne and Irene's 70th



Wayne and Irene



Ames

TTADDESTITATO

September 2023



Thank you!!



You're invided to our PAW-rade!

We have moved our puppy parade to Setpember 6th due to the heat. If you plan on attending please email darrbie.helton@bickfordseniorliving.com.

September

Tuesday

Wednesday

Thursday

1st is National College

Colors Day.

9:00AM Yoga

10:00AM Bible Study

1:45PM Cornhole

3:00PM Candyland

6:00PM Game Night

Friday

1:00PM ISU Football Players

3:00PM Cheese and Crackes

9:00AM Walk & Talk

10:30AM Crazy 8's

6:00PM Dot-To-Dot

9:00AM Seated Soccer

1:45PM Happy Hour

10:30AM Finish The Phrase

3:00PM Puzzles and Punch

6:00PM Compleate the

9:00AM Story Stretches

Outside

Saying

Saturday

3:00PM Blueberry Popsicle

6:00PM Lawrence Welk

9:00AM Knock 'em Down

10:30AM Monarch Day

1:45PM Butterfly Crafts

3:00PM Falling Up Book

6:00PM Lawrence Welk

9:00AM Table Valleyball

10:30AM Stickers by

9:00AM Bean Bag Toss

10:30AM Blackjack 1:45PM Get Crafty

Outside

Day





BFM Birthday's Nikki 6th Tayviah 13th

9:00AM Parachute

Coffee

10:30AM Cookies and

2:00PM Church Service

3:00PM Bowling Day

6:00PM Word Search

GRANDPARENTS DAY

9:00AM Seated Soccer

2:00PM Church Service

6:00PM Adult Coloring

10:30AM Phase 10

3:00PM Triva

Sunday

Monday

9:00AM Marching 10:30AM Garden Club :30PM Labor Day Crafts 2:30PM Macadamia Nut Cookies 6:00PM Music Hour

9:00AM Noodle Balloon

10:30AM Garden Club

6:00PM Memory Match

1:45PM BINGO

3:00PM Hangman

3

10

17

9:00AM Manicures 10:30AM UNO 2:00PM Paul Davis 3:00PM Word Search 6:00PM Blackjack

9:00AM Manicures

10:30AM Candyland

3:00PM Chocolate

6:00PM Scrabble

Milkshake

11

18

1:45PM Outside Games

10:30AM Sticker by Numbers 1:45PM BINGO 3:00PM Coffee and Cookies 6:00PM Jenga

9:00AM Ball Toss

9:00AM Yoga

Cookies

10:30AM Cornhole

3:00PM Yahtzee

1:45PM Peanut Butter

6:00PM Adult Coloring

6

Saying

13

20

9:00AM Walk and Talk 10:00AM Bible Study 1:45PM Lets Get Crafty 3:00PM Word Search 6:00PM Complets the

10:30AM Coloring

14

7

1:45PM Happy Hour, Cheese Toast Day 3:00PM Memory Match 6:00PM Popcorn and Movie

1:45PM BINGO 3:00PM Go Fish 6:00PM Lawrence Welk

Numbers

8

15

22

29

16

23

30

9

9:00AM Walk & Talk 10:30AM Cornhole 2:00PM Church Service 3:00PM Dance Day 6:00PM Puzzels

9:00AM Ball Toss 10:30AM Garden Club 1:45PM BINGO 3:00PM Word Search 6:00PM Music Hour

9:00AM Manicures 10:30AM Show and Tell 1:30PM Pearl Vision 3:00PM Residents Counselor Meeting 6:00PM

National Hug & High 5 Day

9:00AM Yoga 10:30AM String **Cheese** and Punch 1:45PM BINGO 3:00PM Crazy 8's 6:00PM Adult Coloring

19

5

9:00AM Marching 10:00AM Bible Study 1:45PM Pecan Cookie and Chi Tea 3:00PM Yahtzee 6:00PM Dancing to the Oldies

21

28

9:00AM Walk and Talk 10:30AM Sorry 1:45PM Happy Hour/ White Chocolate 3:00PM Adult Coloring 6:00PM Sign Along

10:30AM Hangman 1:45PM Checkers 3:00PM Sign Language Day 6:00PM Lawrence Welk

9:00AM Knock 'em Dowm

9:00AM Bean Bag Toss 10:30AM Word Search 2:00PM Church Service 3:00PM Book Club 6:00PM Crossword

9:00AM Noodle Ball 10:30AM Garden Club 1:45PM BINGO 3:00PM Crafts 6:00PM Karaoke

9:00AM Manicures 10:30AM Uno 1:45PM Bickford Bakers, Sugar CinnamonApple Rings 3:00PM Water Painting 6:00PM Sip and Snack

9:00AM Yoga 10:30AM Then & Now 1:45PM Birthday Party 3:00PM Yahtzee 6:00PM Campfire Songs

9:00AM Walk and Talk 10:00AM Bible Study 1:45PM BINGO 3:00PM Residens Choice 6:00PM Valleyball

9:00AM Story Stretches 10:30AM Coffee Social 1:45PM Happy Hour 3:00PM Name the Wildlife 6:00PM Adult Coloring

9:00AM Bean Bag Toss 10:30AM Ladder Ball 1:45PM Chicken Soup for the Soul 3:00PM Sorry 6:00PM Lawrence Welk

24

25 26

27