If you have only one smile in you, give it to the people you love." -Maya Angelou







"To love and be loved is to feel the sun from both sides"



Omaha Hickory

TTADDESTINICS

September
2023



ASSISTED LIVING WEEK SEPTEMBER 11-15

Our BFMs have come up with some fun themes for assisted living week and we would love for the

resident to participate.

Monday: Patriotic Theme
Tuesday: Decades Theme
Wednesday: Cartonn Theme
Thursday: Nerd Theme
Friday: Tailgating/Sports Theme

The Family Is One Of Nature's Masterpieces

- We would first of all like to thank all of our families that came out for our Jazz on the Green Theme Family night! We hope you all enjoyed the entertainment from Mr. Jim Snyder!
- Tina and the residents would like to thank you all for your donations for our BINGO cart and snack cart. The residents were so excited to see all the new prizes and had a hard time deciding what they wanted to choose. We truly appreciate you all and would once again like to say thank you!
- Keep your eyes open for a new face in the branch! Our nurse Nikki will be starting soon. Stop by the first week of September to say hello and introduce yourself! We would like her to be familiar with as many faces as she can for your loved one!

Here are some tips for caring for your loved ones with dementia:

Keeping an active social life

Regular exercise

Continue activities the person enjoys, or find new ones

Thursday

Friday

Saturday





HAPPY BIRTHDAY Rose 9/17 Elaine 9/21 Harold 9/23 Edith 9/29 Lori 9/30

Sunday

ASSISTED LIVING WEEK THE WEEK OF THE 11TH **ALL ACTIVITIES ARE SUBJECT TO CHANGE!**

Tuesday

9:30a Zumba Fitness 10:15a Brain Teasers 2:00p Lemonade Stand (courtyard) 3:00p Courtyard Social/Games 6:00p Evening Exercise

10:00a Wii Games-Boxing 2:00p National Tailgating Day (Tailgating Party) 6:00p Movie Night

10:00a Virtual exercises 1:30p Catholic Service with Chaplain Scott 6:00p Sunday Night Showtime

Celebrate Labor Day Activities All Day Long!!!

Monday

9:30a Noodle Ball 10:15a Craft Corner 2:00p National Cheese Pizza Day (Make Our Very Own Pizzas) 3:00p Eat Pizza! 6:00p Board Game Frenzy

9:30a Walkaholics 10:15a Potato Peeling 2:00p Catholic Service 3:00p BINGO 6:00p Sunroom Social

Wednesday

9:30a Dancercise 10:15a Bird Feeding 2:00p Baking Club 3:00p baking club continued.. 6:00p Ministry Service with Pastor Mike

10:00a Wii Games-9:30a Zumba Fitness Tennis 10:15a Sensory Bins 2:00p Share your Care 2:00p Hydration Station Day! Spread caring and 3:00p Star Trek Party sharing around the world! 6:00p Evening Exercise

8

Teddy Bear Tea Party! 6:00p Movie Night

9

16

23

GRANDPARENTS DAY

10:00a Virtual Exercises 1:30p Snack N Chat 6:00p Sunday Night Showtime

Patriotic Theme Day 10:15a Make Patriotic Snacks

3:00p Courtyard Games 6:00p Pastor Mikes Virtual Service 11

Decades Day 9:30a Jazzercise 10:15a National Ants On The Log Day(Make Ants On The Log Snack) 2:00p Sock Hop 3:00p Retro Milkshakes 6:00p Retro Games

Cartoon Day 9:00a Walking Club 10:15a Read a Dr Seuss Story and Have Cat and the Hat Kaboobs 2:00p Catholic Service 3:00p BINGO 6:00p Evening Social Hour 13

Sports Day Nerd Day 9:00a Seated Soccer 10:15a Make Nerd Glasses 10:15a Nutter Butter 1:30p Make Nerd Refereees RiceKrispies 2:00p Sports Craft 2:00p Watch a Sci-Fri 6:00p Evening Exercise Show 6:00p Ministry Service with Pastor Mike 14

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10:00a Wii Games-Baseball 2:00p Joke Book Fun 6:00p Movie Night

10

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10:00a Virtual exercises 1:30p Catholic Service with Chaplain Scott 6:00p Sunday Night Showtime

9:30a Ball Toss 10:15a Karoke and Dance Party (National Dance Day) 2:00p BINGO 3:00p Manicure Monday 6:00p Word Unscramble

18

9:30a Parachute Party 10:15a Hydration Station 2:00p Craft Corner 3:00p Card Games in sunroom 6:00p Evening Shows

9:30a Walking Club 10:15a Potato Peeling 2:00p Catholic Service 3:00p BINGO 6:00p Chicken Soup Stories

9:30a Arm Day 9:30a Zumba Fitness 10:15a Sing Along 10:15a Roll A Topic 2:00p Baking Club 2:00p Ice Cream Social (Ice 3:00p baking club Cream Cone Day) continued.. 6:00p Ministry Service with Pastor Mike

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15 10:00a Wii Games-Bowling 2:00p Chicken Soup Stories

22

29

17

19

12

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27

6

3:00p Resident Council 6:00p How its made TV Show (Ice cream edition)

6:00p Movie Night

10:00a Virtual exercises 1:30p Snack N Chat 6:00p Sunday Night Showtime

9:30a Simon Says 10:15a Manicure Monday 2:00p BINGO 3:00p Book Club 6:00p JENGA

9:30a Noodle Ball 10:15a Make Pancakes for Snack (National Pancake Day) 2:00p Craft Corner (Johnny Apple Seed Activities) 3:00p Apple Tasting 6:00p Evening Social 26

9:30a Walk this Way 10:15a Potato Peeling 2:00p Catholic Service 3:00p BINGO 6:00p Guess that Tune

9:30a Simon Says 10:15a Family Feud virtual 2:00p Baking Club 3:00p baking club continued.. 6:00p Ministry Service with Pastor Mike 28

9:30a Zumba Fitness 10:15a Jeopardy 2:00p Sensory Bins 3:00p Finish the sentence 6:00p Evening Exercise

10:00a Wii Games- resident choice 2:00p Word Searches 6:00p Movie Night

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