West Des Moines

HAPPSINGS

September 2023

September

Tuesday Sunday Monday

Wednesday

Thursday

Friday

Saturday





Howie Bus Schedule Sep 3-9 Sep 17-23

Alzheimer's Awareness Day

Wear Your Favorite College Colors! 9am-11am Vitals Clinic 1pm Manicures 2pm Bingo

9a Walking Club 10am Puzzles 1pm Word Search 6pm Lawerence Welk

9am Sit and Be Fit 10am Read the Des Moines Register 1pm Word Search 2:30pm Church

9am Morning Exercises 10am Trivia 1pm Adult Coloring 2pm Jenga

9am Morning Exercises 10am Bingo 1:30pm Church 2pm Dominoes

9am Morning Exercises 10am Bean Bag Baseball 1pm Crafting Hour 3pm Word Search

9am Morning Exercises 10am Fact or Not 1pm Crossword 2pm Trip to Rolled Ice Cream Shop

National star trek day 9am Morning Exercises 10am Manicures 1pm Coffee Social 2pm Bingo

9a Walking Club 10am Card Game 2:30PM IO WA vs IOWA STATE FOOTBALL GAME 6pm Lawerence Welk

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Patriot's day

9am Morning Exercises 10am Library Hour 1pm Adult Cororing 2:30pm Minute to Win it Throw back Tuesday-9am Morning Exercises 10am Fun with Betsy from WSMN Library 1:30pm Church 2pm Bingo

Wacky Wednesday-9am Morning Exercises 10am Wii Bowling 1pm Family Fued

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9am Morning Exercises 10am Basketball Pong Game 1:30 Noodle Ball 3pm One on One Activity 2pm Cream Filled Donut Social

Pajama Day

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13

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Wear a Hat Day 9am Morning Exercises 10am Manicures

1pm Uno 2pm Bingo

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9a Walking Club 10am Card Game 1pm Crossword 6pm Lawerence Welk

6pm Puzzle Time

GRANDPARENTS DAY

10a Read the Des Moines

1pm Celebrate with Family

9a Sit and Be Fit

2:30pm Church

9a Sit and Be Fit

Register

Register

9am Morning Exercises 10am Wii Game 1pm West Des Moines

Library Trip 3pm One on One Activity 9am Morning Exercises 10am Balloon Volleyball 1:30pm Church 2pm Bingo

9am Morning Exercises 10am Jenga 1pm Shopping trip to Hy-

9am Morning Exercises 10am What's in the Box? 1pm Bickford Baker's first meeting 2:30pm Craft

9am Morning Exercises 10am Manicures 1pm Jeopardy 2pm Bingo

First Day of Fall 9a Walking Club

1pm Word Search 2:30pm Church 6pm Puzzle Time

10a Read the Des Moines

3pm One on One Activity

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10am UNO 1pm Suduko 6pm Lawerence Welk

9a Sit and Be Fit 10a Read the Des Moines Register 1pm Word Search 2:30p Church 6pm Puzzle Time

9am Morning Exercises 10am Dominoes 1:30pm Fall Craft 3pm One on One Activity

9am Morning Exercises 10am Dominoes 1:30p Church 2pm Bingo

9am Morning Exercises 10:30 Card Game 2pm Been There, Done That Duo 3pm Monthly Birthday Party

9am Morning Exercises 10am Wheel of Fortune 1pm Puzzles 2:30pm Table Games

9am Morning Exercises 10am Manicures 1pm Who Am I? 2pm Bingo

9a Walking Club 10am Board Game 1pm Crossword 6pm Lawerence Welk

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