

HAPPY NINGS.



Love is in the air...



Pearl Passion Days

This month's Pearl Passion theme days are Valentine's Day and Ash Wednesday.

We will be spreading love and celebrating Valentine's Day throughout the month with crafts, music, games, and more. On Valentine's Day we will have our third annual February Formal. There will be a photobooth, karaoke, appetizers, and drinks with a formal dinner to follow. Ash Wednesday is on February 22nd. A volunteer St Joseph's Catholic Church will lead a service at 2:00pm.

February Newsletter

The month of LOVE. If one thing is for sure, it's that there is a whole lot of love inside the walls of Bickford.

The first Friday of February is National Wear Red Day. National Wear Red Day is an annual campaign to raise awareness about heart disease in women. If you plan to visit the branch, join us in wearing red!

The third Friday of February is National Caregiver Day. We have some of the most caring and deicated caregivers at Bickford. The day honors individuals who selflessly provide care and support to those who need it most. There are different types of caregivers who are not just limited to the health sector. The types are: family caregiver, professional caregiver, independent caregiver, private duty caregiver, and informal caregiver. Some of them are not always paid, which is why it is essential to appreciate and thank them for their long-term commitment.

As always, we look forward to seeing you around the branch! Here's to another month full of love.



February

Sunday

Monday

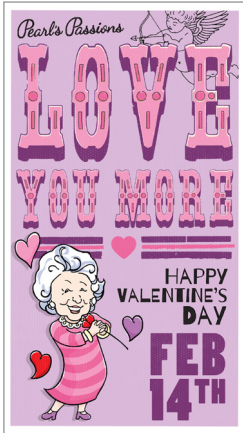
Tuesday

Wednesday

Thursday

Friday

Saturday



			9:45- Dumbbells 10:30- Decorate Valentine's Day Candy Bags 2:00- Passport Traveling 4:00- CVHS Dog Visits 1	9:45- The History of Groundhog Day 10:30- Candy Dice 1:00- Gentleman's After Lunch Bunch 2:30- Frank Sinatra Documentary 6:00- Support Group @ Lowe Park 2	9:00- This Day in History 9:45- Stretch Class 10:30- Jigsaw Puzzles 2:00- BINGO! 3:15- Heart Healthy Snack with Misty! National Wear Red Day! 3	9:00- Morning News 10:30- Coffee & Chat 2:00- Puzzle Table Hangout 4
9:00- Sunday Paper 10:30- Visit with Friends 2:00- Chapel 5	9:45- Stretch Class 10:30- Needlework 2:00- BINGO! 3:15- Jokes & Cokes 6	9:45- Manicures & Massages 10:00- Beautician 1:00- Gentleman's After Lunch Bunch 1:30- Chaplin Brad Room Visits 2:00- Ice Cream Outing 3:00- Sweet Treats 7	9:00- St. Joseph's Communion 9:45- Stretch Bands 10:30- Betty Debban 2:00- Passport Traveling 3:00- Love Language Quiz 8	9:45- Hearts Cover Up Word Game 10:30- Love Advice 1:00- Gentleman's After Lunch Bunch 2:00- Cooking with Mike! 3:00- Group Trivia 3:45- Fire Drill 9	9:00- This Day in History 9:45- Stretch Class 10:30- Dominoes 2:00- BINGO! 3:15- Chocolate Covered Strawberries 10	9:00- Morning News 10:30- Coffee & Chat 2:00- Puzzle Table Hangout 11
9:00- Sunday Paper 10:30- Visit with Friends 2:00- Chapel 12	9:45- Stretch Class 10:30- Baking Club 2:00- BINGO! 3:15- Jokes & Cokes 6:00- Fox Rehab Educational Hour 13	VALENTINE'S DAY 9:45- Manicures & Massages 10:00- Beautician 1:00- Gentleman's After Lunch Bunch 1:30- Chaplin Brad Room Visits 2:00- Beauty Hour 3:00- February Formal 14	9:45- Cardio Drumming 10:30- Music with Megan! 2:00- Passport Traveling 3:00- Word Search Puzzles 15	9:45- Fact or Fiction 10:30- Marci Memorables 1:00- Gentleman's After Lunch Bunch 2:00- Movie & Popcorn 3:00- Scattergories 16	9:00- This Day in History 9:45- Stretch Class 10:15- Random Acts of Kindness Bus Rides 2:00- BINGO! 3:15- Happy Hour National Caregiver Day 17	9:00- Morning News 10:30- Coffee & Chat 2:00- Puzzle Table Hangout 18
9:00- Sunday Paper 10:30- Visit with Friends 2:00- Chapel 19	9:45- Stretch Class 10:30- Needlework 2:00- BINGO! 3:15- Jokes & Cokes 20	9:45- Manicures & Massages 10:00- Beautician 1:00- Gentleman's After Lunch Bunch 1:30- Chaplin Brad Room Visits 2:00- Love Song Sing-Along 3:00- Would You Rather 21	ASH WEDNESDAY 9:45- Stretch Bands 10:30- Fun with Fox Rehab 2:00- Ash Wednesday Service 2:30- Passport Traveling 22	9:45- Chicken Soup For The Soul 10:15- Donuts & Drives 1:00- Gentleman's After Lunch Bunch 2:00- Lena Adams Music 3:00- Riddle Me This 23	9:00- This Day in History 9:45- Stretch Class 10:30- Resident Council Meeting 2:00- BINGO! 3:15- Margs & Music 24	9:00- Morning News 10:30- Coffee & Chat 2:00- Puzzle Table Hangout 25
9:00- Sunday Paper 10:30- Visit with Friends 2:00- Chapel 26	9:45- Stretch Class 10:30- Baking Club 2:00- BINGO! 3:15- Jokes & Cokes 6:00- Sip & Paint with April! 27	9:45- Manicures & Massages 10:00- Beautician 1:00- Gentleman's After Lunch Bunch 1:30- Chaplin Brad Room Visits 2:00- Kings Corner 3:00- February Birthdays Celebration 28				ACTIVITIES ARE SUBJECT TO CHANGE