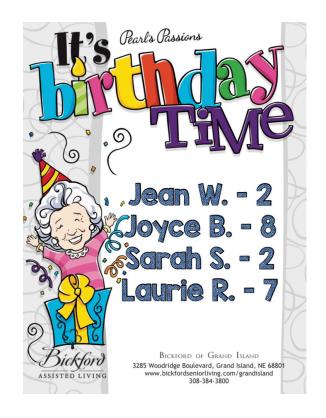
A NEW YEAR OF HAPPINESS







HAPPY JANUARY BIRTHDAY'S





COZY UP TO WINTER

After all the hustle and bustle of the Holiday season, January can have you feeling those winter blues. Instead of allowing those blues to set in, why not embrace the cold and cozy up to winter. Look on the bright side, and make the best of the chilly weather with snug, relaxing, nostalgic winter pastimes.

Here are some ideas to help get you started:

*Make some hot chocolat or tea *Curl up with a comfy blanket and a good book *Bake cookies, cinnamon rolls or whatever brings you comfort *Take a long bubble bath *Wear Pajamas & fuzzy slipper all day long *Take a nap * Make popcorn & watch your favorite movie

HOLIDAYS & FUN THEME DAYS

New Year's Day -1 National Bloody Mary Day -1 Motivation & Insperation Day -2 Cream Puff Day -2 Chocolate Covered Cherry Day -3 National Trivia Day -4 National Spaghetti Day -4 Bird Day -5 Cuddle -Up Day -6 Bubble Bath Day -8 Elvis' Birthday -8 Show & Tell at Work Day -8 Law Enforcement Appreciation Day -9 Milk Day -11 Hot Toddy Day -11 Hot Tea Day -12 Rubber Ducky Day -13 Sticker Day -13 Dress -Up Your Pet Day -14 Bagel Day -15 Hat Day -15 Blue Monday -16 Popeye Day -17 Winnie The Pooh Day -18 Popcorn Day -19 Sweatpants Day -21 Penguin Day - 20 Mariachi Day -21 Polka Dot Day -22 Peanut Butter Day -24 Pie day -23 Clashy Clothes Day -26 Chocolate Cake Day -27 Opposite Day -25 Have Fun at Work Day -28 Blueberry Pancake Day -28 Puzzle Day -29 Corn Chip Day -29 Hot Chocolate Day -31

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January

Wednesday Tuesday Thursday Friday

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Sunday	Monday	Tuesday	Wednesday	Thursday
9:00 Tournament of Roses Parade 10:30 Televised Church 2:00 Looking Forward 3:00 Happiness Jars & Juice 6:00 Football Games	9:45 Welcome January 10:30 Sittercise 11:00 Manicures & Massages 2:00 Bingo 3:00 Door Craft & Drinks 6:00 Target Toss	9:45 Helping Hands 10:30 Hallway Walkers 11:00 2:00 Bible Study 3:00 Chocolate Covered Cherry Social 6:00 Tic Tac Toe	9:45 Finish The LIne 10:30 Tai Chi with Jill 11:00 True or False Trivia 2:00 Cocoa & Canvas Painting 3:00 Midweek Movie & Popcorn 6:00 Family Fued	9:45 Bird Watching Social 10:30 Winter Walkers 11:00 Watercolor Birds 2:00 Bingo 3:00 Bird Feeders 6:00 Name Five
9:45 Sunday Funnies 10:30 Televised Church Service 2:00 Elvis Happy Hour 3:00 Elvis Word Search 6:00 Blue Hawaii Movie & Popcorn	9:45 Morning Brew Crew & Thanks 10:30 Chair Dancing 11:00 Winter Spa & Nails 2:00 Bingo 3:00 Men's Group 6:00 Connect Four	9:45 Favorite Recipes 10:30 Tone Up Tuesday 11:00 Scenic Drive 2:00 Bible Study 3:00 Would You Rather 6:00 Card Games	9:45 Scents of Winter 10:30 Winter Warm-Up 11:00 Resident Council 2:00 Midweek Bingo 3:00 Milk & Cookies Social 6:00 Earmuffs & Scarves Nightcap	9:45 Tea Trivia 10:00 Catholic Mass 11:00 Tea Party Hats 2:00 Tea Party Games 3:00 Afternoon Tea & Reminisce 6:00 Fill In The Blank
9:45 News & Views 10:30 Televised Church Service 2:00 Match The Hats 3:00 Winter Wonderland	9:45 Blue Monday 10:30 Boogie The Blues Away 11:00 Manicures & Massages 2:00 Bingo	9:45 Short Stories 10:30 Hallway Walkers 11:00 Snowman Decorating 2:00 Bible Study	9:45 Bee Honey Pot Toss 10:30 Chair Zumba 11:00 Name That Tune 2:00 Lunch Bunch Outing 3:00 Finish The Phrase	9:45 Sounds of Hawaii 10:30 Beach Volleyball 11:00 Tropical Art

3:00 Winter Wonderland Colors 6:00 Funniest Home Videos

2:00 Bingo 3:00 I Have A Dream 6:00 Ring Toss 15

9:45 Sunday Funnies 10:30 Televised Church Service 2:00 Polka Music 3:00 Polka Dot Craft 6:00 Movie & Popcorn

Service

3:00 Gospel Hymns

6:00 Funniest Home Videos

9:45 News & Views 10:30 Televised Church 2:00 Weekend Walkers

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9:45 Laugh Out Loud 10:30 Sittercise 11:00 Manicures & Massages 2:00 Bingo 3:00 Memory Match 6:00 Ball Toss

9:45 Daily Chronicals

10:30 Chair Dancing

3:00 Men's Group

6:00 Table Games

Therapy

2:00 Bingo

11:00 Nail Care & Aroma

9:45 Hot Chocolate Bar 10:30 Hallway Walkers 11:00 Scenic Drive 2:00 Bible Study 3:00 Travel Talks 6:00 Dominos

3:00 Trivia Tuesday

9:45 Helping Hands

3:00 Riddle Me This

2:00 Bible Study

6:00 Uno

10:30 Tone Up Tuesday

11:00 Food For Thought

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6:00 Triominos

6:00 Twister Target Toss

18 9:45 Creative Coloring 10:30 Opposite Exercise 11:00 Paint The Snow 2:00 January Birthday Bash 3:00 Name Five

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6:00 Cornhole

9:45 Wacky Winter Outfits 10:30 Winter Walkers 11:00 Twister Toss 2:00 Bingo 3:00 Snow Globes 6:00 Evening Unwind & Relax

2:00 Music-Paire Dulcimers

6:00 Tropical Target Toss

3:00 Party In Paradise

9:45 Chocolate Fun Facts 10:30 Ice Hockey 11:00 Facebook Friday 2:00 Scrapbooking 3:00 Chocolate Cake & Winter Smoothies 6:00 Movie-Willly Wonka

9:45 Cuddle Up Fireside

10:30 Snuggle Exercise

3:00 Hot Choccolate Bar 6:00 Table Talk Tidbits

2:00 Fleece Blankets

6:00 Fun Facts

9:45 Winter Humor

Game

10:30 Parachute Exercise

11:00 Wheel Of Fortune

2:00 Fascinating Facts

3:00 Popcorn Toss

6:00 Friday Tunes

11:00 Cozy Up Sensationally

9:45 Word Search 10:30 Sit & Stretch 2:00 Spot The Difference & Refreshments 3:00 Fireside Chats 6:00 Spot The Difference

Saturday

9:45 Morning Tunes 9:45 Knitters Nook 10:30 Noodle Ball 10:30 Saturday Stroll 11:00 Rubber Duck Races 2:00 Card Games 2:00 Beauiful Small Towns 3:00 Reading Nook 3:00 Sticker Cards 6:00 Classic T.V. Shows

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9:45 Word Search 10:30 Sit & Stretch 2:00 Calming Puzzles 3:00 Fireside Chats 6:00 Sock Sorting

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9:45 Brain Teasers 10:30 Sit & Stretch 2:00 Puzzle Pals 3:00 Picture Books & Punch 6:00 Classic t.V. Shows

30 31

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