





Special Celebrations & Joke Headliners

Celebrations:

- January 1st: New Years Day
- January 8th: Elvis Presley's Birthday
- o January 10th: National Houseplant Appreciation Day
- o January 14th: National Dress Up Your Pet Day
- o January 22nd: National Answer Your Cat's Questions Day

Jokes:

What's for breakfast on really cold days in January? Frosted Snowflakes!

Where do you find Google in January? On the winternet!

How was the snowglobe feeling in January? A little shaken!



January Birthdays

Marlene - 1/2 Betsy - 1/3 Rus - 1/6 Judy - 1/17

Fun Facts

- January is known to be the coldest month in the Northern Hemisphere and the warmest in the Southern Hemisphere.
- January was named after the Roman God Janus, known as the protector of gates and doorways who symbolize beginnings and endings.
- On January 4th, Earth reaches perihelion, which is the point in the planet's orbit where it is closer to the Sun.
- January's full moon is called the Wolf Moon. It reaches peak illumination at 7:51 PM CST on January 17th.
- January's birthstone is the garnet. It is thought to keep the traveler safe that is wearing it.
- January's birth flowers are the carnation and snowdrop.
- o January's zodiac signs are Capricorn (December 22 January 19) and Aquarius (January 20 February 18).
- Couples tend to divorce more in January than any other month.

Passions

— January —

Pearl's Passions	Juit Gut y								
Occure Con	Sunday	Monday		Tuesday	Wednesday	Thursday	Friday	Saturday	
Rearts Passions JAN IST Parts Cassions JAN 1971	NEW YEAR'S DAY 10:00 Exercise 10:15 New Year's Trivia 11:00 New Year's Resolutions 2:00 New Year's Movie Night 30	10:00 Exercise 10:15 Morning Trivia 11:00 Bickford Store 1:30 BINGO!	31		*All activities are subject to change, sorry for any inconvenience.*			10:00 Exercise 10:15 TV & News 1:30 Walk A Lap 6:00 Movie Night	
	10:00 Exercise 10:15 Read & Relax 2:00 PM Marketplace Church 6:00 Comic Relief	10:00 Exercise 10:15 Morning Trivia 11:00 Bickford Store 1:30 BINGO!		10:00 Exercise 10:15 Ring Toss 11:00 Manicures 2:00 Baking Group	10:00 Exercise 10:15 Chair Yoga 11:00 Guess That Picture 2:00 Live Music w/ Robert Dahms	10:00 Exercise 10:15 Library Time 1:30 Happy Hour 2:00 Birthday Celebration	10:00 Exercise 10:15 Adult Coloring 11:00 Pictionary 1:30 BINGO!	10:00 Exercise 10:15 Read & Relax 1:30 Puzzles in the Sunroom 6:00 Movie Night	
	2		3	4	5	6	7	8	
	10:00 Exercise 10:15 Walk A Lap 2:00 PM Marketplace Church 6:00 TV & News	10:00 Exercise 10:15 Morning Trivia 11:00 Bickford Store 1:30 BINGO!		10:00 Exercise 10:15 Bag Toss 11:00 Manicures 2:00 Craft Hour	10:00 Exercise 10:15 Iowa Dice 11:00 Resident Council 2:00 Tye-Dying	10:00 Exercise Warm Ups 10:15 Seated Hawaiian Dancing 1:30 Luau Party & Happy Hour 2:00 Live Music w/	10:00 Exercise 10:15 Dominos 11:00 Ring Toss 1:30 BINGO!	10:00 Exercise 10:15 TV & News 1:30 Walk A Lap 6:00 Movie Night	
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	10:00 Exercise 10:15 Read & Relax 2:00 PM Marketplace Church 6:00 Comic Relief	10:00 Exercise 10:15 Morning Trivia 11:00 Bickford Store 1:30 BINGO!		10:00 Exercise 10:15 Chair Pilates 11:00 Manicures 2:00 Baking Group	10:00 Exercise 10:15 UNO 11:00 Pictionary 2:00 Live Music w/ Kent Lindskog	10:00 Exercise 10:15 Iowa Dice 1:30 Happy Hour 2:00 Winter Craft	10:00 Exercise 10:15 Bickford Wheel of Fortune 11:00 Adult Coloring 1:30 BINGO!	10:00 Exercise 10:15 Read & Relax 1:30 Puzzles in the Sunroom 6:00 Movie Night	
	16		17	18	19	20	21	22	
	10:00 Exercise 10:15 Walk A Lap 2:00 PM Marketplace Church 6:00 TV & News	10:00 Exercise 10:15 Morning Trivia 11:00 Bickford Store 1:30 BINGO!		10:00 Exercise 10:15 Finish The Picture 11:00 Manicures 2:00 Craft Hour	10:00 Exercise 10:15 Chair Dancing 11:00 Needle Club 2:00 Pie Face!	10:00 Exercise 10:15 Resident Choice Board Games 1:30 Happy Hour 2:00 Music BINGO	10:00 Exercise 10:15 Game of Life 11:00 Pictionary 1:30 BINGO!	10:00 Exercise 10:15 TV & News 1:30 Walk A Lap 6:00 Movie Night	
	23		24	25	26	27	28	29	