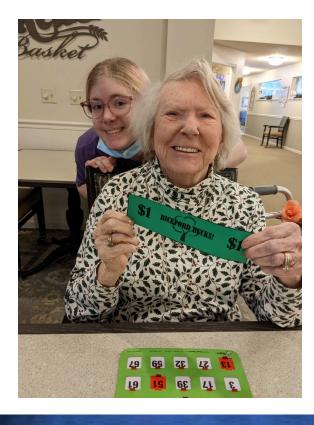
Happy New Year!





Goodbye 2022!



Hello 2023!





A wish for lots of birthday fun, to last until the day is done. Hoping that all your wishes come true, and for a birthday cake as sweet as you!

Shirley E.: 1/11 Joan: 1/15 Rita: 1/15 Yvonne: 1/16 Sherlene: 1/22

Activities are subject to change without notice due to weather or Covid 19 guidelines

Hi all! Happy New Year!

We are looking forward to starting the New Year off with a bang! We have a wonderful surprise we've been keeping! We now no longer have to share our bus!! That means more outings and fun on the Howie! I'm hoping to go on at least one outing a week starting this month!

Looking back on 2022 we have had lots of fun and adventures. Some of the most memorable being: our veterans day ceremony, the U of I Homecoming parade, our Trunk or Treat, Mike in the dunk tank on County Fair Day, ELVIS!, waterballoon fight, our garden, a pie eating contest, llamas in the courtyard, an awesome party in the parking lot, the inflatable derby!, going fishing at Lake MacBride, countless games of Bingo, dancing in the living room, and so much more. We will look fondly at this past year but we are hoping for an even better year in 2023!

See you around! Also with the new year I have been given a new title!! See below! :) Hailee Tyynismaa (Happiness Coordinator)

January Birthdays!

A Note From Our LEC

Pearl's Passions	— January —						
Oenno Oenen a	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<image/>	NEW YEAR'S DAY 9:30a New News 10a Coffee & Chat 2p Worship Service 3p Afternoon Stroll 4:30p Iowa Men's BB	10a Exercise 11a Big Word Small Word 2p Our Year in Review 4p Rose Bowl Game 2	10a Walking Club 10:30a Bible Stories w/Vickie 2p Bingo! 3:15p Cards for Fun 3	10a Stories w/ Sally 11a Balloon Ball 2p Bickford Bucks Store 3p Grocery List Dropoff 4	9:30a Manicures10a CatholicCommunion10:30a Chair Dance2p Bingo!3p Mary Curtis onpiano5	10a Exercise 11a Pictonary 2p Snow Cone Social 6p Movie & Popcorn 6	10a Sit & Stretch 11a Boredom Buster Cart Activities 3:30p Iowa Women's BB 6p Lawrence Welk 7
	9:30a New News 10a Morning Walk 11a Iowa Men's BB 2p Worship Service 3p Boredom Buster Cart Activities 8	10a Exercise 11a Dice Game 2p Bowling Alley Trip 3:30p Cookies & Conversation 9	10a Drum Fitness 10:30a Bible Stories w/ Vickie 1:30p Resident Council Meeting 2p Bingo! 3:15p Funniest Home Videos 10	 10a Stories w/ Sally 11a Balloon Volleyball 2p Catholic Communion 3p Grocery List Dropoff & Online Shopping 6:30p Iowa Women's BB Happy birthday Shriley E.! 	9:30a Manicures 10a Chair Dance 2p Bingo! 3p Mary Curtis on piano 6p Iowa Men's BB 12	10a Exercise 11a A History of Bad Luck 1:30 pm Shima Country Sound 6p Movie & Popcorn 13	10a Balloon Ball 11:30a Iowa Women's BB 2p Boredom Buster Cart Activities 6p Lawrence Welk 14
	9:30a New News 10a Coffee & Chat 2p Worship Service 3p Afternoon Stroll Happy birthday Joan & Rita! 15	10a Exercise 11a Reminscing Game 2p Women's Outing 3:30p Jeopardy Happy birthday Yvonne! 16	10a Walking Club10:30a Bible Storiesw/Vickie2p Bingo!3:15p Cards for Fun	Museum Selfie Day! 10a Stories w/ Sally 11a Balloon Ball 2p Stanley Art Museum Tour 3p Grocery List Dropoff 6p Iowa Women's BB	LUAU 9:30a Manicures 10a Catholic Communion 10:30a Hula Dancing Contest 2p Bingo! 3p Mary Curtis on piano 19	Cheese Lovers Day! 10a Exercise 11a Dice Game 2p Wine and Cheese Tasting 6p Movie & Popcorn 20	10a Sit & Stretch 11a Boredom Buster Cart Activities 2p Coloring Club 6p Lawrence Welk 21
	9:30a New News 10a Morning Walk 2p Worship Service 3p Boredom Buster Cart Activities Happy birthday Sherlene! 22	10a Exercise 11a Finish My Phrase 2p Men's Outing 3:30p Cookies & Conversation 6p Iowa Women's BB 23	10a Drum Fitness 10:30a Bible Stories w/Vickie 2p Bingo! 3:15p Armchair Travel - Japan 24	10a Stories w/ Sally11a Balloon Ball2p Bickford BucksStore3p Grocery ListDropoff & OnlineShopping25	9:30a Manicures 10a Catholic Communion 10:30a Chair Dance 2p Bingo! 3p Mary Curtis on piano 6p Iowa Men's BB 26	Chocolate Cake Day! 10a Exercise 11a Pictonary 2p Cooking Club - Chocolate Cupcakes 6p Movie & Popcorn 27	10a Balloon Ball 12p Iowa Women's BB 2p Boredom Buster Cart Activities 6p Lawrence Welk 28
	9:30a New News 10a Coffee & Chat 1p Iowa Men's BB 2p Worship Service 3p Afternoon Stroll	10a Exercise 11a Charades 2p Craft Corner 3p Family Feud	10a Walking 10:30a Bible Stories w/Vickie 2p Bingo! 3:15p Cards for Fun!				
	29	30	31				