

HAPPENINGS

Amy Puttin on The Ritz!



Happy Veterans Day!



December 2022 Assisted Living Newsletter

What is Christmas?
It is the tenderness of the past,
courage for the present,
and hope for the future.

Agnes M Pahro

Fun Time at IHOP!



Good Job Gil!



December "Happy" -nings

- December 1&16 Christmas Crafts with Lynn
- December 3 Gingerbread Houses with Bridge Church & *Outing- A Celtic Christmas at London Bridge Church
- December *5 &19 Polar Express- Christmas Lights Drive
- December *6 Lunch Outing- Swan at Founder's Inn Terrace
- December *8 Outing "Hurrah for the Holidays" ; Winter Festival with Chuck Moebus
- December 9 Veterans Ceremony w/Amer.Legion Postn113; Happy Hour w/ The Sonshine
- December 10 Ray & Sue Christmas Performance
- December 13 Providence Elementary School 5th Grade Chorus
- December 15 Ornament Craft with Beltone Hearing; Christmas Concert with George
- December 16 Happy Hour & Entertainment w/ Louis Antonaccio
- December *20 Dollar Tree Outing
- December 22 Resident Christmas Party w/ Steve Ambrose
- December *29 Dinner Outing- Angelo's
- December 30 December Birthday Party w/Eddie Sal
- December 31 New Year's Eve Party w/ Linda & Lyle (6:00 p.m)

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



Bickford of Virginia Beach
Activity Calendar 2022

Areas of Programming 1-Physical
2-Social'3-Cognitive/ Creative/
Intellectual/ 4-Productive
5-Sensory
6-Reflective/Spiritual/
Contemplative 7-Outdoors
8-Nature/Work

*Activities are subject to change.
*Activities are for a minimum of
30 minutes. H=Hour F=45
Minutes T=30 Minutes
December & Fun Facts:
December Birthstone:
Turquoise, tanzanite and zircon

December Flower:
Holly, the narcissus
(paperwhite), poinsettias
Three Cultural Holidays in
December
*Hanukkah
*Kwanzaa
*Christmas

9:30 Daily Exercise
10:00Table Ball
10:30 Chaplain Visits with
Cheryl
11:00 Healthy Habit: Pear
2:00 Jeopardy
3:00 Bingo

9:30 Daily Exercise
10:00 Name That Christmas
Tune
11:00 Giant Crossword Puzzle
1:30 Arts & Crafts w/Lynn
Christmas Ornaments
3:00 Happy Hour

10:00 Saturday Stroll
11:00 Gingerbread Houses
with Bridge Church
12:00 Outing- "A Celtic
Christmas 2022"
4:00 Bingo
6:00 Classic Christmas Movie
"It's A Wonderful Life"

10:00 Sunday Stroll
11:00 Chaplain Service
1:00 Sunday Football

9:30 Daily Exercise
10:00 Finish the Line
11:00 Flower Arranging
2:00 Bun Warmers with Sam
3:00 Pokeno
6:30 Polar Express Christmas
Lights Drive

9:30 Daily Exercise
10:00 How Many Words
11:00 Chaplain David Visits
11:30 Swan Terrace at Founder's
Inn
2:30 Bingo

9:30 Bickford Steppers
10:30 Java Time & Chronicles
11:00 You Be The Judge
1:30 Bible Study with Chaplain
Jan
2:00 Spa Time
4:00 Tone Up with Andre

WINTER FESTIVAL
9:00 Outing "Hurrah for the
Holidays"
10:00 Snowflake Toss
11:00 Healthy Habit:Apple:
Avocado
1:30 Decorate Snowflakes
3:00 Winter Festival with
Chuck Moebus

9:30 Daily Exercise
10:00 VB SPCA Visiting Paws
11:00 Veterans Ceremony
w/American Legion Post 113
1:30 Sip & Paint
3:00 Happy Hour with the
Sonshine Gang

10:00 Saturday Stroll
11:00 Jigsaw Puzzle
2:00 Ray & Sue Perform
3:00 Bingo
6:00 Classic Christmas Movie "A
Christmas Carol"

10:00 Sunday Stroll
11:00 Chaplain Service
1:00 Sunday Football

9:30 Daily Exercise
10:00 Resident Council Meeting
11:00 Flower Arranging
2:00 Hot Cider Social
3:00 Pokeno

9:30 Daily Exercise
10:00 Providence Elementary
School 5th Grade Chorus
11:00 Chaplain David Visits
2:00 Name That Christmas
Hymn
3:00 Bingo

9:30 Bickford Steppers
10:30 Java Time & Chronicles
11:00 Make Jingle Bell
Necklaces
1:30 Bible Study with Chaplain
Jan
2:00 Spa Time
4:00 Tone Up with Andre

9:30 Daily Exercise
10:00 Ornament Craft with
Beltone Hearing
11:00 Healthy Habit: Sweet
Potato
2:00 Christmas Concert with
George
3:00 Bingo

9:30 Dail Exercise
10:00 Bio.: Scrabble Day!
11:00 Giant Crossword Puzzle
1:00 Arts & Crafts with
Lynn
2:00 Happy Hour
& Entertainment by Louis
Antonaccio

10:00 Saturday Stroll
11:00 Jigsaw Puzzle
2:00 Bingo
3:00 Classic Christmas Movie
"Santa Claus 1"

10:00 Sunday Stroll
11:00 Chaplain Service
1:00 Sunday Football

9:30 Daily Exercise
10:00 Bio.:Hanukkah
11:00 Flower Arranging
2:00 Cooking Corner- Chocolate
Covered Anything Day
3:00 Pokeno
6:30 Polar Express Christmas
Lights Drive

9:30 Daily Exercise
10:00 Dollar Tree Outing
11:00 Chaplain David Visits
2:00 Bingo
3:00 Bingo Store

9:30 Bickford Steppers
10:00 Christmas Fun with Fox
11:00 First Day of Winter
1:30 Bible Study with Chaplain
Jan
2:00 Spa Time
4:00 Tone Up with Andre

9:30 Daily Exercise
10:00 Residents Christmas
Traditions
10:30 Chaplain Visits
with Cheryl
11:00 Healthy Habit: Beet
2:00 Resident Christmas Party
W/ Entertainment by Steve
Ambrose

9:30 Daily Exercise
10:00 VB SPCA Visiting Paws
11:00 Giant Crossword Puzzle
2:00 Happy Hour

10:00 Saturday Stroll
11:00 Jigsaw Puzzle
2:00 Bingo & Egg Nog Day
3:00 Classic Christmas
Movie "White Christmas"

CHRISTMAS

10:00 Sunday Stroll
11:00 Chaplain Service
12:00 Christmas Dinner
2:00 Classic Christmas Movie
"A Christmas Story"

9:30 Daily Exercise
10:00 The Day After Christmas:
Discussion
11:00 Flower Arranging
2:00 Bio:Kwanzaa
3:00 Pokeno

9:30 Daily Exercise
10:00 Wacky Holiday Sock Craft
11:00 Chaplain David Visits
2:00 Wacky Socks Fashion
Show
3:00 Bingo

9:30 Bickford Steppers
10:30 Java Time & Chronicles
11:00 Playing with a Full Deck
1:30 Bible Study with Chaplain
Jan
2:00 Spa Time
4:00 Tone Up with Andre

9:30 Daily Exercise
10:00 New Year's Resolutions
10:30 Chaplain Visits with
Cheryl
11:00 Healthy Habit: Blood
Orange
2:00 Bingo
3:00 Dinner Outing- Angelo's

9:30 Daily Exercise
10:00 Have a Cup of Coffee Day-
Fun Facts
11:00 Giant Crossword Puzzle
1:30 Arts& Crafts
3:00 December Birthday
Partyw/ Eddie Sal

10:00 Saturday Stroll
11:00 Jigsaw Puzzle
2:00 Bingo
3:00 Classic Christmas
Movie"Miracle on 34th"
6:00 New Year's Eve Party with
Entertainment w/ Linda & Lyle