



Rockford HAPPENINGS

FEBRUARY

Resident Spotlight: Fred Pilput

Fred was born on April 20, 1943 in Chicago, Il. He has an older brother (Ron) and a younger sister (Chris). After high school Fred joined the U.S. Army and spent 3 years in Erlangen, Germany. After returning home in 1964 he met his future wife, Nancy, and they married in 1966. Shortly after this Fred started his apprenticeship to be a Pipefitter-Steamfitter with Local Union 597 in Chicago, Il. 5 years later he completed his apprenticeship. During the next 50 + years Fred worked on many construction sites: ice skating rinks, hospitals, schools, the Almond Way line at Mars Candy bars, and the Byron Nuclear Power Plant. He was also a certified Welder in Hospital gases and a Quality Control Inspector. In 1974 Fred and Nancy moved to rural Garden Prarie, Il. (about 20

miles Northeast of Rockford) where they lived for 44 years. Together Fred and Nancy have two children; Karen (who is a teacher for the hearing impaired), and Freddie (who lives in Florida and works for Raymond James with his buiness degree). Fred has always enjoyed tinkering with things, working on antique and classic cars. In his late 20's he took up Scuba Diving and was a certified open water diver. Fred, Nancy, and their children took many camping trips including places such as Wisconsin, Minnesota, Yellowstone Park, the Grand Tetons, and the Rocky Mountains. His other interests include railroading, archeology, treasure hunting, vegetable gardening, and fishing. Fred became a member of our Bickford family in July 2018.



Letter from the Director

Hello to all!

Big things are happening this month at Bickford of Rockford!

We are excited to announce, that starting this month, we have added some evening programs to enhance our residents happiness. These added programs are highlighted to the left side of the calendar. We hope you all enjoy these added programs

as "Enriching Happiness" is what we strive to do!

All of our residents, enjoy having baked goods and any extra snacks that are shared with them however, due to several of our residents that have dietary restrictions, I do ask vistors, to check with the nurse on duty, before sharing any food items with our residents.

At this time, we do still have Flu shots available, if you would like a flu shot, please check with the nurse.

As always, thank you for being a part of our Bickford family.



Weekly Evening Programming

Mondays -- 6:00pm
Bingo (Living Room)

Tuesdays -- 6:00pm
"Go Fish" Card Games (Living Room)

Wednesdays -- 6:00pm
Bingo (Living Room)

Thursdays -- 6:00pm
"Glitz n' Glam" Jewelry Making Program (Living Room)

Fridays -- 6:00pm
"Weekly Wrap-up" Newspaper Highlights (Living Room)

Saturdays -- 2:00pm
Bingo (Living Room)

Sundays -- 6:00pm
"Sunday Night Flick" (Living Room)

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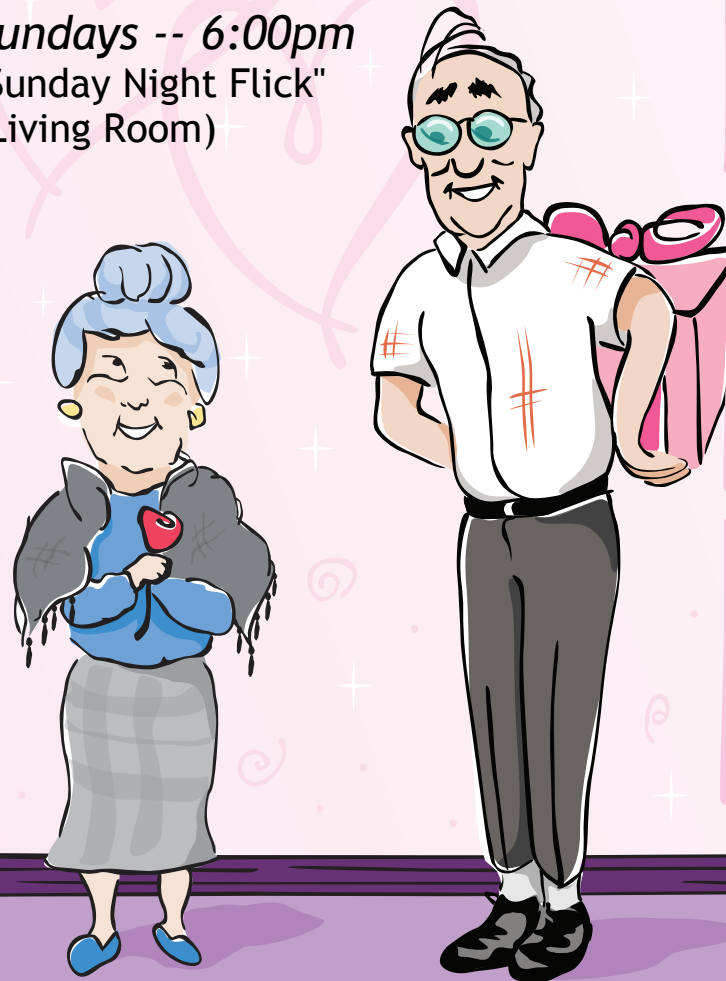
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February



9:05 Catholic Communion
2:00 Chapel Service
5:30 Super Bowl LIII
Televised on CBS
3

9:15 Exercise
10:15 Current Events & Discussion
1:30 Bickford Store
3:00 Chair/Balloon Volleyball
6:00 Bingo 4

9:15 Stretch Session
10:15 Poker Games
2:00 Pinochle
3:15 Bell Choir
6:00 Go Fish 5

8:00 Foot Doctor
9:15 Exercise
10:15 Wii Bolwing
1:00 Trip to Culvers: Hot Fudge Sundaes
6:00 Bingo 6

9:15 Chair Yoga
10:30 Bible Study
10:30 Bickford Store
1:30 UNO
6:00 Glitz n' Glam 7

9:15 Exercise
10:15 Scrabble
1:30 Painting Party
6:00 Weekly Wrap-Up 8

Anytime
Garden level fun:
Billiards
Fuse ball
Table Tennis
Air Hockey
2:00 Bingo 9

9:05 Catholic Communion
2:00 Chapel Service
6:00 Sunday Night Flick
10

9:15 Exercise
10:15 Current Events & Discussion
1:30 Trip to Share Stuff Thrifting
6:00 Bingo 11

9:15 Stretch Session
10:15 Poker Games
2:00 Pinochle
3:15 Bell Choir
6:00 Go Fish 12

9:15 Exercise
10:30 Valentine's Day Craft
1:30 Uno
5:00 Love Dinner for Two
13

Valentine's Day
9:15 Chair Yoga
10:30 Bible Study
10:30 Bickford Store
2:00 Valentine's Day Dance
6:00 Glitz n' Glam 14

9:15 Exercise
1:30 Friday Movie (Movie: Under the Tuscan Sun)
6:00 Weekly Wrap-Up 15

Anytime
Garden level fun:
Billiards
Fuse ball
Table Tennis
Air Hockey
2:00 Bingo 16

9:05 Catholic Communion
2:00 Chapel Service
6:00 Sunday Night Flick
17

9:15 Exercise
10:15 Current Events & Discussion
1:30 Bickford Store
3:00 Rummikub
6:00 Bingo 18

9:15 Stretch Session
10:15 Poker Games
1:30 Catholic Mass
2:00 Pinochle
3:15 Bell Choir
6:00 Go Fish 19

9:15 Exercise
10:15 UNO
1:00 Trip: Rockford Public Library & Kate's Pie Shop Cafe
6:00 Bingo 20

9:15 Chair Yoga
10:30 Bible Study
10:30 Bickford Store
6:00 Glitz n' Glam 21

9:15 Exercise
10:15 Scrabble
1:30 Lunch Trip to Ciao Bella \$8.00 Soup & Sandwich
6:00 Weekly Wrap-Up 22

Anytime
Garden level fun:
Billiards
Fuse ball
Table Tennis
Air Hockey
2:00 Bingo 23

10:35 Catholic Communion
2:00 Chapel Service
6:00 Sunday Night Flick
24

9:15 Exercise
10:15 Current Events & Discussion
1:30 Bickford Store
3:00 Resident/Food Council Meeting
6:00 Bingo 25

9:15 Stretch Session
10:15 Poker Games
2:00 Pinochle
3:15 Bell Choir
6:00 Go Fish 26

9:15 Exercise
10:15 Fireside Story Time
2:00 February Birthday Party with Marilyn Haverly
6:00 Bingo 27

9:15 Chair Yoga
10:30 Bible Study
10:30 Bickford Store
6:00 Glitz n' Glam 28

Anytime
Garden level fun:
Billiards
Fuse ball
Table Tennis
Air Hockey
2:00 Bingo 29

