

Celebrate February!

- February's birthstone is amethyst.
- February's flower is the primrose.
- February is the shortest month of the year. It is named for the Latin word februum which means purification.

Resident Birthdays: Betty Comerford (2/25)

BFM Birthdays: Anna Seibold (2/17)

Wabash HAPPENINGS

FEBRUARY

Always Something Happening

At Bickford of Wabash

2/5 at 10 am Resident Council

2/5 at 3:30 pm Food Council

2/14 2:30 pm Valentine Party

We've been known to do things a little differently here at Bickford of Wabash. For instance, we held our New Year's Eve party at 3 pm, counting down to midnight in Du Bai. As you can see, we had a lot of fun.

Q: What did cavemen give their wives on Valentine's Day?

A: Lots of ughs and kisses.

Q: What did the drum say to the other drum on Valentine's Day?

A: My heart beats for you.

Q: Why didn't the skeleton want to send any Valentine's Day cards?

A: His heart wasn't in it.

Just for Fun

Q: What do you call two birds in love?

A: Tweethearts.

Q: What did the boy sheep say to the girl sheep on Valentine's Day?

A: You're not so baaaad.

Q: What's the best part of Valentine's Day?

A: The day after, when all the chocolate goes on sale.



When it comes to February most of us think of Valentine's Day and love. At Bickford of Wabash we love our residents. We know you love them, too.

Unfortunately we also think of colds and flu. February is a peak part of cold and flu season, so we'd like to remind you of ways you can minimize the chance of getting either.

- Wash your hands a lot. And avoid touching your face after shaking hands.
- Can't wash? Use hand sanitizer.

- Avoid those who are already sick.
- Keep your surroundings clean. Sanitize doorknobs and light switches often.
- Lead a healthy lifestyle. That means eating right, drinking lots of water, and getting plenty of rest.

Already sick? Rest. Drink plenty of fluids. And stay home. As much as we enjoy seeing you, we would rather you wait to visit until you're feeling fine.

Have a healthy February!


Bickford
assisted living

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February

Super Bowl Party
 11a Balloon Bop
 1:30p Puzzle Time
 2:15p High Tea
 3:30p Church Service

3

10:30a Manicures
 2:30p Hangman
 3:15p Laugh w/Rae
 4p Book Club
 6p Music w/Carl Sparks

4

10a Resident Council
 10:30a Games w/Linda
 1:30p Residents' Choice
 3:30p Food Council

5

10:30a Bible Study in the Family Room
 2:30p Kerplunk!
 6:45p Game Time
 Residents' Choice

6

10:30a Games w/Linda
 2:30p Craft Corner
 4p Book Club

7

10:30a Happy Feet
 1p Bingo w/Students
 2:30p Snowman Toss
 4p Puzzles
 6:45p Game Time
 Residents' Choice

8

1p Movie Matinee
 4p Game Time

9

11a Balloon Bop
 1:30p Puzzle Time
 2:15p High Tea
 3:30p Church Service

10

10:30a Manicures
 2:30p Candy Hearts Experiment
 4p Book Club
 6:45p Game Time
 Residents' Choice

11

10:30a Games w/Linda
 1:30p Residents' Choice

12

10:30a Bible Study in the Family Room
 2:30p Hangman
 6:45p Game Time
 Residents' Choice

13

Valentine's Day
 10:30a Games w/Linda
 2:30p Valentine Party
 4p Book Club

14

9:30a Pet Therapy
 10:30a Games w/Linda
 3pp Lima Bean Auction
 4p Puzzles
 6p Music w/The Rosses

15

1p Movie Matinee
 4p Game Time

16

11a Balloon Bop
 1:30p Puzzle Time
 2:15p High Tea
 3:30p Church Service

17

10:30a Manicures
 2:30p Hot Chocolate Experiment
 3:15p Hot Chocolate tasting
 4p Book Club
 6:45p Game Time
 Residents' Choice

18

10:30a Games w/Linda
 1:30p Residents' Choice

19

10:30a Bible Study in the Family Room
 2:30p Kerplunk!
 6:45p Game Time
 Residents' Choice

20

10:30a Games w/Linda
 2:30p Craft Corner
 4p Book Club

21

10:30a Happy Feet
 1p Bingo w/Students
 2:30p Make & Eat
 Homemade Ice Cream
 4p Puzzles
 6:45p Game Time
 Residents' Choice

22

1p Movie Matinee
 4p Game Time

23

11a Balloon Bop
 1:30p Puzzle Time
 2:15p High Tea
 3:30p Church Service

24

10:30a Manicures
 2:30p Bingo Store
 3:15p Hangman
 4p Book Club
 6:45p Game Time
 Residents' Choice

25

10:30a Games w/Linda
 1:30p Residents' Choice
 6p Music w/David Gray

26

10:30a Bible Study in the Family Room
 2:30p Science Scoop
 6:45p Game Time
 Residents' Choice

27

10:30a Games w/Linda
 2:30p Craft Corner
 4p Book Club

28

