



We are so lucky to have an intern serving with us at Bickford this semester! Leatrice Rogers, from Chicago, Illinois and a senior Health Services Management major at Western Illinois University selected us for her internship Spring 2019 Semester. She is working closely with Robin and has learned lots of things, but it's only the beginning! Leatrice has been a CNA as well and in the future would like to be a state surveyor. She is passionate about resident rights and making sure they get the highest quality of care. Our goals are right in line :) Thank you Leatrice for picking Bickford!

Macomb HAPPENINGS

FEBRUARY



February BFM Spotlight

Meet Karissa Hitchcock! Karissa is a 2nd shift CNA who has been at Bickford for 9 months. She also recently received her Serv Safe Food Handlers Certification and works as a fill-in cook when we need her. Karissa is currently enrolled in school, working towards her LPN. A few tidbits about Karissa: her favorite colors are seafoam green and coral, her fave food is Chinese, and her fave movie is 8 Seconds. She says that music is a huge part of her life, she loves all different genres.

Karissa is inspired by her children and her proudest accomplishment is going back to school, being able to show her kids that it's never too late and to never give up on your dreams. Unique, intuitive and down to earth are just a few words that describe Karissa. She's also dedicated and hard working. When asking Karissa what her favorite thing about Senior Living is, she replied, "Making a connection with them & being able to brighten their day even just for a moment. They are wise, funny & have had such interesting lives. I hope to impact their lives as much as they have mine."



Busy February Coming!

February is Bickford's Family Reunion Month and this year we will be attending with another award for our branch! Shauna Carroll has been selected as Kitchen Manager of the Year. She is one-of-two out of 64 branches nationwide to receive this nomination. We will have pictures to share with everyone in March.

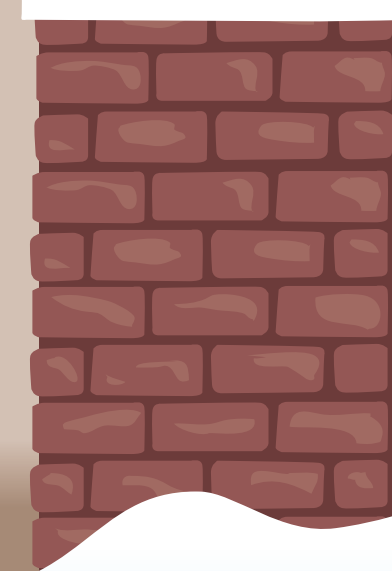
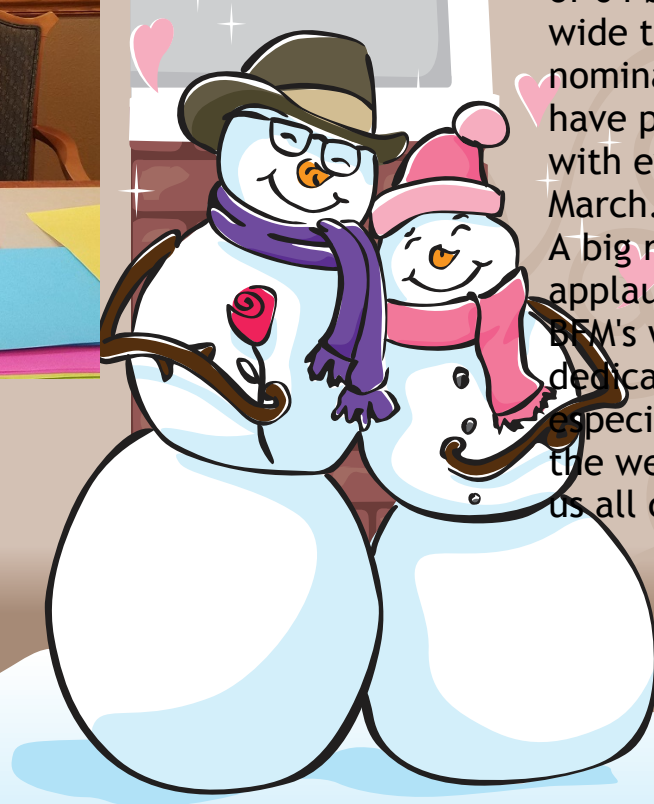
A big round of applause to all our BFM's who have been dedicated caregivers, especially recently as the weather has given us all challenges!

Unfortunately, we had to **cancel** the quarterly Bickford Family Member meeting, so look for a reschedule date coming soon.

Just a reminder to call ahead if you have a family or friend joining us for a meal. Usually 24 hours notice works best, but we can be flexible, too, if it's shorter notice.

As always, thank you for allowing Bickford to be your home. We are honored and want to continue our great care forever and always!

Sincerely,
Robin Wike Director





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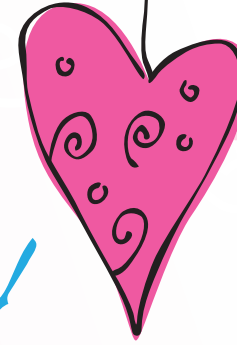


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February

Super Bowl Party
 10:15 Coffee & Chat
 1:00 Praise/Worship
 1:30 Fellowship
 3:00 Snacks & Games
 6:30 Kickoff Time **3**

9:00 Coffee & News
 10:15 Exercise
 11:00 Singalongs
 1:00 Nifty Nails
 2:00 Act. w/Park District
 6:15 Linen Folding **4**

9:00 Nutella Express
 9:30 Chaplain Visits
 10:15 Noodle Ball
 2:15 Cookies with Cheryl
 6:15 Bible Quotes/Sayings **5**

9:00 Coffee & News
 10:00 Noodle Ball w/St. Paul
 2:00 Resident Council
 3:00 Cupid Floats
 6:15 Sweetheart Reminisce **6**

Happy Birthday John!
 10:15 Exercise
 1:00 Praise/Worship
 2:15 BINGO
 6:15 Finish That Phrase **7**

9:00 Coffee & News
 10:30 WIU Music Therapy
 1:30 Act. w/Park District
 3:00 Happy Hour
 6:00 Movie-The Notebook **8**

Groundhog Day
 10:00 Coffee & News
 2:00 Cards & Games
 4:00 Social Hour
 6:30 Strengthening Exercises **2**

10:15 Coffee & Chat
 1:00 Praise/Worship
 1:30 Fellowship
 3:00 Social Hour
 6:30 Movie- Titanic Part #1 **10**

9:00 Peppermint Patty Express
 10:15 Exercise
 1:00 Nifty Nails
 2:00 Act. w/Park District
 6:15 Titanic-Part #2 **11**

9:00 Chaplain Visits
 10:15 Noodle Ball
 2:30 Chalkboard Painting w/Lynita
 4:00 Social Hour
 6:15 Bible Quotes/Sayings **12**

9:00 Coffee & News
 10:15 Exercise
 1:00 Salon Day
 2:15 Valentines Cards
 6:15 Volleyball & The News **13**

Valentine's Day
 10:15 Noodle Ball
 1:00 Praise/Worship
 2:15 V-Day Party & Heart BINGO
 6:00 Finish That Phrase **14**

Ntnl. Caregivers Day
 10:30 WIU Music Therapy
 2:00 Cooking Class
 4:00 Social Hour
 6:00 Movie Night-Romeo & Juliet **15**

10:00 Coffee & News
 2:00 Cards & Games
 4:00 Social Hour
 6:30 Strengthening Exercises **16**

10:15 Coffee & Chat
 1:00 Praise/Worship
 1:30 Fellowship
 3:00 Social Hour
 6:30 Movie Night-The Parent Trap **17**

President's Day
 9:00 Coffee & News
 10:15 Exercise
 1:00 Nifty Nails
 2:00 Act. w/Park District
 6:15 Linen Folding **18**

9:00 Chaplain Visits
 10:15 Noodle Ball
 2:15 Floral Letters
 4:00 Social Hour
 6:15 Bible Quotes/Sayings **19**

Happy Birthday Mary Jane!
 10:15 Exercise
 1:00 Salon Day
 2:00 Cooking Class
 4:00 Social Hour
 6:15 Movie Night **20**

Happy Birthday Megan S!
 9:00 Sticky Bun Exp.
 10:15 Exercise
 1:00 Praise/Worship
 2:15 BINGO
 6:00 Finish That Phrase **21**

9:00 Margarita Express
 10:30 WIU Music Therapy
 1:30 Park District
 3:00 Happy Hour
 6:00 Movie Night **22**

10:00 Coffee & News
 2:00 Cards & Games
 4:00 Social Hour
 6:30 Strengthening Exercises **23**

10:15 Coffee & Chat
 1:00 Praise/Worship
 1:30 Fellowship
 3:00 Social Hour
 6:30 Movie Night- A Walk to Remember **24**

9:00 Coffee & News
 10:15 Exercise
 1:00 Nifty Nails
 2:00 Act. w/Park District
 3:00 Social Hour
 6:15 Linen Folding **25**

9:00 Pistachio Express
 10:15 Noodle Ball
 2:00 Shamrock Crafts
 4:00 Social Hour
 6:00 Movie Night **26**

9:00 Coffee & News
 10:15 Exercise & Polar Bear Trivia
 2:00 Cooking Class
 4:00 Social Hour
 6:15 Volleyball & The News **27**

Happy Bday Gordon Melvin's Anniversary!
 10:15 Noodle Ball
 1:00 Praise/Worship
 2:15 BINGO
 6:00 Finish That Phrase **28**

