

Valentine's Day

Suffolk HAPPENINGS FEBRUARY

Happenings at Bickford

All About Chocolate Did you know...

*Chocolate comes from a nut tree; it's made from a seed.

*A Farmer must wait four to five years for a cocoa tree to produce its first beans.

*Chocolate has over 600 flavor compounds while red wine has just 200.

*It takes 400 cocoa beans to make one pound of chocolate.



What's Going on at Bickford!

Happy Birthday to...
Dorothy Edwards
2/8
Phebe Mitchell
2/8
Charles Holt
2/14
Kenneth Rockwell
2/21



Famous Birthdays

Norman Rockwell
2/3
Hank Aaron
2/5
John Travolta
2/18
Dinah Shore
2/29

2/1 Beltone Hearing and Cleaning Clinic
2/6 Communion with Father Derek
2/6 Vinnie Knight Performs
2/7 Target Shopping Outing**
2/8 Valentine's Pictures with Christian
2/14 Joyride**
2/14 Sweetheart Social
2/16 The Leathers Perform
2/18 Mini Spa Day with VSB
2/19 Billy Mitchell Performs
2/21 Lunch Outing to Olive Garden**
2/26 Old Time Country Boys Perform
2/28 Walmart Shopping Outing**



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February



10:00 Balloon Volleyball
 11:00 Beltone Hearing and Cleaning Clinic
 1:30 Flower Arranging
 3:30 Happy Hour

10:00 Stretch and Tone
 1:45 Bingo
 6:00 Jigsaw Puzzles

Super Bowl Party
 9:30 Catholic Mass
 2:00 Chapel Service
 3:00 Super Bowl Party
 6:30 Super Bowl Game

9:15 Chair One Fitness
 11:00 Craft Corner
 1:30 Scented Hand Rub
 3:30 Happy Hour

9:30 Manicures
 1:45 Bingo
 3:30 Noodle Ball
 6:00 Popcorn and a Movie

10:00 Communion with Father Derek
 1:30 Bible Study
 3:00 Vinnie Knight Performs

10:00 Target Shopping Outing**
 2:00 Men of Bickford Outing with Ricky**
 3:30 Walkers Club**
 6:00 Watering Plants

9:30 Valentine's Pictures with Christian
 2:00 Tasty Creations with Tomisha
 3:30 Happy Hour

10:00 Stretch and Tone
 1:45 Bingo
 6:00 Crossword and Word Search Puzzles

9:30 Catholic Mass
 2:00 Chapel Service
 6:00 Courtyard Strolls**

9:15 Chair One Fitness
 2:00 Art with Debbie
 3:30 Chocolate Tasting Social

9:30 Manicures
 1:45 Bingo
 3:30 Darts
 6:00 Popcorn and a Movie

10:00 Coffee Club
 11:00 Penny Pitchin'
 1:30 Bible Study
 3:30 Happy Hour
 5:00 Violin with Gerry
 6:00 Family Council

Valentine's Day
 10:00 Joyride**
 1:30 Jewelry Class
 3:00 Sweetheart Social
 6:00 Watering Plants

10:00 Balloon Volleyball
 1:30 Short Stories
 2:30 Lecture with George
 3:30 Happy Hour

10:00 Stretch and Tone
 1:45 Bingo
 6:00 Jigsaw Puzzles

9:30 Catholic Mass
 2:00 Chapel Service
 6:00 Courtyard Strolls**

President's Day
 9:15 Chair One Fitness
 10:00 Pet Therapy with Charlie
 1:30 Mini Spa Day with VSB
 3:30 President's Day Social

9:30 Bingo
 2:00 Billy Mitchell Performs
 3:30 Noodle Ball
 6:00 Popcorn and a Movie

10:00 Coffee Club
 11:00 Stretch and Tone
 1:30 Bible Study
 3:30 Ice Cream Social

11:00 Lunch Outing to Olive Garden**
 2:00 Men of Bickford with Ricky
 3:30 Walkers Club**
 6:00 Watering Plants

10:00 Balloon Volleyball
 2:00 Bingo Store
 3:30 Happy Hour

11:00 The Leathers Perform
 1:45 Bingo
 6:00 Crossword and Jigsaw Puzzles

9:30 Catholic Mass
 2:00 Chapel Service
 6:00 Courtyard Strolls**

9:15 Chair One Fitness
 10:00 Pet Therapy with Charlie
 1:30 Resident Council
 3:30 Happy Hour

9:30 Manicures
 1:45 Bingo
 3:30 Ring Toss
 6:00 Old Time Country Boys Perform

10:00 Pet Therapy with Duncan
 1:30 Bible Study
 3:00 Birthday Party Celebration
 6:00 Bickford Family Support Group

10:00 Walmart Shopping Outing**
 2:00 Pop Up Library
 3:30 Walkers Club**
 6:00 Watering Plants

