## **Celebrate January**

- January's birthstone is garnet.
- January's flower is the carnation.
- January is named after the Roman god Janus, who was always shown as having two heads. He looked back to the last year and forward to the new one.

Resident Birthdays: No birthdays in January

BFM Birthdays: No birthdays in January

Always Something Fun Happenings

Resident Council 1/8 Food Council 1/8 Hat Day 1/10 Luau Party 1/24 Chocolate Cake Day

1/27

One of the things we love most about Bickford of Wabash is the way the residents enjoy taking part in whatever we're doing. As you can see, we caught some of our favorite resident elves decorating the Christmas tree.

My New Year's resolution is to help all my friends gain ten pounds so I look skinnier. -----

My resolution was to read more so I put the subtitles on my tv.

-----A New Year's resolution is something that goes in one year and out the other.

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New Year's is just a holiday created by calendar companies who don't want you reusing last year's calendar.

I return to work tomorrow with a childlike belief that 2019 is the year people will think at least twice before hitting Reply All.

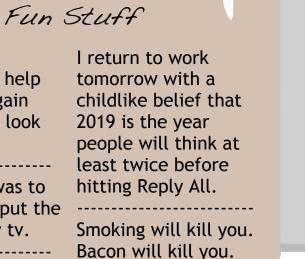
Smoking will kill you. Bacon will kill you. But smoking bacon will cure it.

What do you get when you cross a snowman and a vampire? Frost bite.

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What do you call a snowman in July? A puddle.



We are looking forward to the new vear and all it will bring.

Wabash

We're always looking for new ways to engage our residents and their families and increase everyone's happiness. After all, our goal is always enriching happiness.

We welcomed a few and we're looking forward to welcoming even more in 2019.

Of course, with the new year many of us



Welcome 2019!

make new year's resolutions. The most common ones are to exercise more, eat more healthfully, and stop bad habits. Have you made any resolutions or set any goals for the new

ANUAF

year?

Speaking of goals, what would you like to see from us in 2019? If you have any

new residents in 2018, suggestions, you are always encouraged to let us know.

Here's to a great 2019!





assisted living



0	S	M	T	W	C T	F	S	) Y
	e Jan	uary	New Year's Day 10:30a Games w/Linda 1	10:30a Bible Study in the Family Room 2:30p Resolution Roulette 3:15p Guess the Decade 6:45p Game Time Residents' Choice	10:30a Games w/Linda 2:30p Craft Corner 4p Book Club 3	10:30a Games w/Linda 2:30p Make & Eat Homemade Ice Cream 4p Puzzles 6:45p Game Time Residents' Choice 4	1p Movie Matinee 4p Game Time	5
	11a Balloon Bop 1:30p Puzzle Time 2:15p High Tea 3:30p Church Service 6	10:30a Manicures 2:30p Hangman 3:15p Monday Mirth 4p Book Club 6p Music w/Carl Sparks 7	10a Resident Council 10:30a Games w/Linda 1:30p Residents' Choice 3:30p Food Council 8	10:30a Bible Study in the Family Room 2:30p Kerplunk! 6:45p Game Time Residents' Choice 9	Hat Day 10:30a Games w/Linda 2:30p Make and Model Silly Hats 4p Book Club	9:30a Pet Therapy 10:30a Happy Feet 4p Puzzles 1p Bingo w/Students 3p Lima Bean Auction 6:45p Game Time Residents' Choice	1p Movie Matinee 4p Game Time	12
1	11a Balloon Bop 1:30p Puzzle Time 2:15p High Tea 3:30p Church Service 13	10:30a Manicures 2:30p Make and play in the Snow 4p Book Club 6:45p Game Time Residents' Choice 14	10:30a Games w/Linda 1:30p Residents' Choice I <i>S</i>	10:30a Bible Study in the Family Room 2:30p Snowman Toss 6:45p Game Time Residents' Choice 16	10:30a Games w/Linda 2:30p Craft Corner 4p Book Club Iブ	10:30a Games w/Linda 2:30p Crossword Puzzle 4p Puzzles 6p Music w/The Rosses	1p Movie Matinee 4p Game Time	19
	11a Balloon Bop 1:30p Puzzle Time 2:15p High Tea 3:30p Church Service 20	10:30a Manicures 2:30p Hangman 3:15p Snow Treats 4p Book Club 6:45p Game Time Residents' Choice <i>2</i> 1	10:30a Games w/Linda 1:30p Residents' Choice 22	10:30a Bible Study in the Family Room 2:30p Kerplunk! 6:45p Game Time Residents' Choice	<b>Luau Party</b> 10:30a Games w/Linda 2:30p Luau Party 4p Book Club 24	9:30a Pet Therapy 10:30a Happy Feet 1p Bingo w/Students 2:30p Make and Eat Banana Snowmen 4p Puzzles 6:45p Game Time 25 Residents' Choice	1p Movie Matinee 4p Game Time	26
	Chocolate Cake Day 11a Balloon Bop 1:30p Puzzle Time 2:15p High Tea 3:30p Church Service	10:30a Manicures 2:30p Bingo Store 3:15p Hangman 4p Book Club 6:45p Game Time Residents' Choice 28	10:30a Games w/Linda 1:30p Residents' Choice 6p Music w/David Gray 29	10:30a Bible Study in the Family Room 2:30p Backwards Books 6:45p Game Time Residents' Choice 30	10:30a Games w/Linda 2:30p Craft Corner 4p Book Club 31			