

WHAT'S NEW?

LUNCH RAFFLE!

Each month we will be choosing a lunch outing location! We will be choosing 4 resident's to go out for lunch at that outing. Each resident's name will go into a drawing and 4 names will be pulled. If the resident does not want to go on that outing their name will be re-entered into the drawing for the next outing. Once a resident has gone on a lunch outing, their name will be removed from the drawing until all other resident's have had the opportunity to go!

CHRISTMAS TIME AT BICKFORD!



Champaign HAPPENINGS

JANUARY

Happy New Year!

A New Year's resolution is a tradition most common in the Western Hemisphere. It is believed that new year resolutions were begun by the Babylonians in which they made promises to their gods at the start of each year that they would return borrowed objects and pay their debts. The new year at that time was celebrated in March. Sometime around 300 BC that was shifted to January. The tradition of new year resolutions has

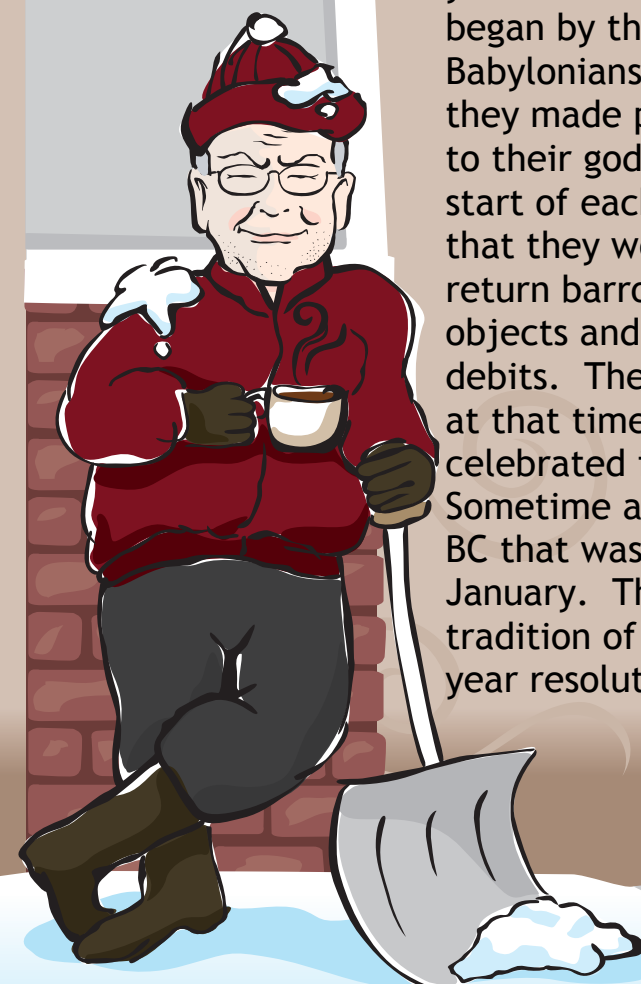
many different religious parallels. The concept, regardless of creed, is to relect upon self improvement annually.

In common times the most common resolutions are to lose weight, volunteer more, eat healthier, exercise more, be more positive, save more money and get out of debit.

Whatever your resolution is, we wish you the best of luck and the best of 2019!



Bickford
assisted living
& memory care



HAPPY BIRTHDAY!!

- 02 - Betty Mathis (R)
- 17 - Nikole P. (C)
- 19 - Chanel L. (C)
- 23 - Loren Decker (R)
- 26 - Ruth Willamon (R)
- 31 - Bill Pankau (R)

(R) Resident
(C) Caregiver

S

M

T

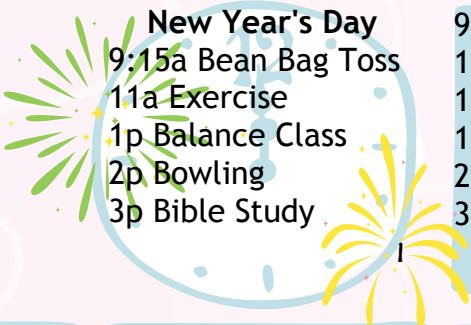
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January



9:30a Word Storm
11a Exercise
1p Movie & Popcorn
3p Church Service

6

9:45a Coffee & Chat
11a Exercise
1p Read Aloud
2p Bingo
3p Movie

7

9:15a Coffee & Chat
11a Exercise
1p Balance Class
2p Bowling
3p Bible Study

8

9:15a Coffee & Chat
11a Exercise
12p Lunch Raffle
Olive Garden
2p Card Game
3p Movie & Popcorn

9

HAT DAY!
9:15a Coffee & Chat
11a Exercise
1p Design a Hat
2p Therapy Dog
3p Cat in the Hat Movie

10

9:45a Coffee & Chat
10a Bingo
11a Exercise
1p Guitar w/ John
2p Music by Angelika
3:30p Happy Hour

11

9a Manicures
10a Piano w/ Dee
11a Exercise
1p Word Storm
3p Movie & Popcorn

12

9:45a Morning Headlines
10a Puzzles
11a Exercise
2p Lemonade & Chat
3p Church Service

13

9:15a Sharing Stories
10a Kitchen Sink Band
11a Exercise
1p Craft Time
2p Ice Cream Social

14

9:15a Coffee & Chat
10a Manicures
11a Exercise
1p Balance Class
3p Bible Study

15

9:15a Coffee & Chat
10a Bean Bag Toss
11a Exercise
1p Resident Council
3p Movie & Popcorn

16

9:15a Coffee & Chat
10a Craft Time
11a Exercise
1p Word Storm
2p Therapy Dog
3p Movie & Popcorn

17

9:45a Coffee & Chat
10a Word Storm
11a Exercise
1p Guitar w/ John
2p Music by Angelika
3:30p Happy Hour

18

9a Manicures
10a Piano w/ Dee
11a Exercise
1p Word Storm
3p Movie & Popcorn

19

9:45a Word Search
11a Exercise
1p Ball Toss
2p Lemonade & Chat
3p Church Service

20

9:15a Coffee & Chat
10a Word Storm
11a Exercise
1p Bingo
3p Movie & Popcorn

21

9:15a Coffee & Chat
10a Word Storm
1p Balance Class
2p Craft Time
3p Bible Study

22

9:15a Coffee & Chat
10a Word Storm
1p Bowling
2p Tennis Volleyball
3p Popcorn & Movie

23

LUAU PARTY!
9:15a Break Open a Coconut & Tasting
11a Exercise
1p Make Lai's
2p Therapy Dog
3p Birthday Party

24

9:15a Coffee & Chat
10a Sharing Stories
1p Guitar w/ John
2p Music by Angelika
3:30p Happy Hour

25

9a Manicures
10a Piano w/ Dee
11a Exercise
1p Word Storm
3p Movie & Popcorn

26

Chocolate Cake Day
9:30a Word Storm
10a Headlines
11a Exercise
1p Movie
2p CAKE!
3p Church Service

27

9:15a Coffee & Chat
10a American Legion
1030a Penny Game
11a Exercise
1p Bingo
3p Movie & Popcorn

28

9:15a Morning Headlines
11a Exercise
1p Balance Class
2p Music w/ Bridget
3p Bible Study

29

9:15a Word Storm
11a Exercise
12p Lunch Raffle
El Toro
1p Craft Time
3p Movie & Popcorn

30

9:15a Coffee & Chat
11a Exercise
1p Balance Class
2p Therapy Dog
3p Craft Time

31

