



Drum roll, please!! We have another exciting announcement! Our sweet, caring and talented Shauna Carroll has been awarded Bickford's Kitchen Manager of 2018! Only two branches receive this admired title! She will attend the company-wide ceremony, called the Family Reunion, in February with Robin, in Kansas City. We are so proud of you Shauna! This is a well-deserved award!

# Macomb HAPPENINGS

JANUARY

## January BFM Spotlight

A few months ago we mentioned having a new maintenance coordinator, but let us formally introduce you to him! We are pleased to have Andre Usinger as a part of our Bickford Family. Let us share a few tidbits about him with you.

Some of Andre's favorites include; color-green, food-steak, movie-Star Wars, musical group-Presidents of the USA, and his favorite childhood show was He-Man.

Andre gets inspired by being able to make others happy.

When asked to describe himself in 3 words, he replied; polite, humble & diverse. Andre, we couldn't agree more! His proudest accomplishment is building a cabin in the middle of the woods. A hidden talent of his is being a master gardener, we will keep this in mind when summer approaches!

Andre's favorite thing about Senior Living is, "The interactions I have with residents, the smiles on their faces, the stories they have to tell."

Make sure you say hello to Andre the next time you stop in!



## Happy New Year Bickford Families!

Thank you everyone for inviting us into your families! It is such an honor to care for your loved-one, and I know I can speak for us all when I say, "Yes! It is hard-work and for that, we love every minute of it!" In a few days, a new year will begin. Each month you will get text reminders asking you how satisfied you are with Bickford. I encourage you to voice your concerns if something needs to be done better; but also let us know when we are really deserving a high-five!

An area we are working on in 2019 is preserving resident privacy, including decongesting the area around the med room. We look forward to this challenge and have a head start, so we hope you've seen improvements. Soon, I will be mailing information about savings you can achieve by sending us friends or families that need assisted living too! Your referrals mean so much to us, and there's nothing better than getting a neighbor who's already a friend :)  
Robin :)

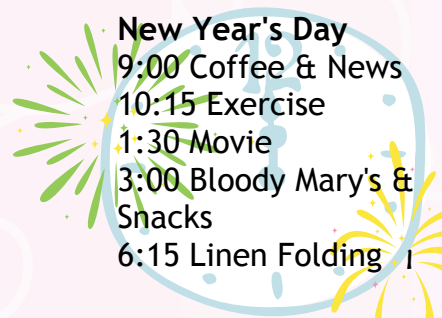






# January

S M T W T F S



**New Year's Day**  
 9:00 Coffee & News  
 10:15 Exercise  
 1:30 Movie  
 3:00 Bloody Mary's & Snacks  
 6:15 Linen Folding 1

**Happy Birthday Gerald!**  
 9:00 Coffee & News  
 10:15 Noodle Ball  
 1:00 Salon Day  
 2:15 Cooking Class  
 6:15 Reminisce 2

9:00 Cherry Express  
 10:15 Exercise  
 1:00 Praise & Worship  
 2:15 BINGO  
 6:15 Finish That Phrase 3

9:00 Coffee & News  
 10:15 Noodle Ball  
 2:15 Snow Storm In A Jar  
 4:00 Social Hour  
 6:15 Movie & Popcorn 4

10:00 Coffee & News  
 2:00 Cards & Games  
 4:00 Social Hour  
 6:30 Strengthening Exercises 5

10:15 Coffee & Chat  
 1:00 Praise & Worship  
 1:30 Fellowship  
 3:00 Social Hour  
 6:00 Movie Night 6

9:00 Coffee & News  
 10:15 Exercise  
 11:00 Singalongs  
 1:00 Nifty Nails  
 2:00 Mac Park District  
 6:15 Linen Folding 7

9:00 Coffee & News  
 10:15 Noodle Ball  
 1:00 Hand Massages  
 2:30 Resident Council  
 6:00 Famous Bible Quotes/Sayings 8

9:00 Apricot Express  
 10:15 Exercise  
 1:00 Salon Day  
 2:15 Cooking Class  
 6:00 Winter Reminisce 9

**Hat Day**  
 10:15 Tea Party  
 1:00 Praise & Worship  
 2:15 BINGO  
 6:15 Strengthening Exercises 10

9:00 Hot Toddy Express  
 10:15 Noodle Ball  
 2:15 Coffee Filter Snowflakes  
 4:00 Social Hour  
 6:15 Movie & Popcorn 11

10:00 Coffee & News  
 2:00 Cards & Games  
 4:00 Social Hour  
 6:30 Strengthening Exercises 12

10:15 Coffee & Chat  
 1:00 Praise & Worship  
 1:30 Fellowship  
 3:00 Social Hour  
 6:00 Movie Night 13

9:00 Coffee & News  
 10:15 Exercise  
 1:00 Nifty Nails  
 2:00 Mac Park District  
 6:15 Linen Folding 14

9:00 Strawberry Ice Cream  
 10:15 Noodle Ball  
 2:15 Snowman Painting  
 4:00 Social Hour  
 6:15 Reminisce 15

9:00 Fig Newton Express  
 10:15 Exercise  
 1:00 Salon Day  
 2:15 Cooking Class  
 6:00 Volleyball & The News 16

9:00 Coffee & News  
 10:15 Exercise  
 1:00 Praise & Worship  
 2:15 Bingo  
 6:00 Finish That Phrase 17

9:00 Coffee & News  
 10:15 Noodle Ball  
 1:30 Mac Park District  
 3:00 Happy Hour  
 6:00 Movie & Popcorn 18

10:00 Coffee & News  
 2:00 Cards & Games  
 4:00 Social Hour  
 6:30 Strengthening exercises 19

10:15 Coffee & Chat  
 1:00 Praise & Worship  
 1:30 Fellowship  
 2:45 Cheese Taste Testings  
 6:00 Movie Night 20

9:00 Coffee & News  
 10:15 Exercise  
 11:00 Singalongs  
 1:00 Nifty Nails  
 2:30 Craft Stick Snowflakes  
 6:00 Linen Folding 21

9:00 Coffee & News  
 10:15 Noodle Ball  
 2:00 Sock Snowmen  
 4:00 Social Hour  
 6:15 Finish That Phrase 22

9:00 Pie Express  
 10:15 Exercise  
 1:00 Salon Day  
 2:15 Cooking Class  
 6:00 Volleyball & The News 23

**Luau Party**  
 9:00 PB Express  
 10:15 Beach Noodle Ball  
 2:00 Ukulele Performance  
 6:00 Lilo & Stitch 24

9:00 Coffee & News  
 10:15 Exercise  
 1:00 Praise & Worship  
 2:00 Park District  
 6:00 Movie & Popcorn 25

10:00 Coffee & News  
 2:00 Cards & Games  
 4:00 Social Hour  
 6:30 Strengthening Exercises 26

**Chocolate Cake Day**  
 10:15 Coffee & Chat  
 1:00 Praise & Worship  
 1:30 Fellowship  
 3:00 Social Hour  
 6:00 Movie Night 27

9:00 Coffee & News  
 10:15 Exercise  
 1:00 Nifty Nails  
 2:00 Mac Park District  
 6:00 Linen Folding 28

**Happy Birthday Joan & BFM Karissa!**  
 10:15 Noodle Ball  
 1:30 Flower Arrangements  
 3:00 Social Hour 29

9:00 Croissant Express  
 10:15 Exercise  
 1:00 Salon Day  
 2:15 Cooking Class  
 6:00 Volleyball & The News 30

9:00 Coffee & News  
 10:15 Exercise  
 1:00 Praise & Worship  
 2:15 Bingo  
 6:00 Finish That Phrase 31

