



Macomb HAPPENINGS

DECEMBER

Thank you for a Great Year!

December is a busy-special time of year, and I have to remember to tell myself, "Slow down and enjoy these moments because life goes by too fast." As I sit here in my dining room working away on a snow day; my kids are jumping around the house, touching those ornaments and playing with figures in the Christmas

village (the post man did get broken at his knees LOL), this year, instead; I'm going to smile about all of it! And I want to challenge each one of you to do the same! Let's all make a promise to live each day with powerful kindness. I also want to wish you all a very Merry Christmas, Happy New Year and Holiday Season! We have a lot to be merry and bright about :) Safe travels, be well and I already told Santa everyone has been a very good boy or girl this year :) Robin Wike

December BFM Spotlight

Have you noticed a new nurse around here lately? Let us formally introduce you to Angie Dodd. Angie is an RN who works full time at the Bickford in Quincy. She travels here to help out every Thursday. She describes herself as respectful and organized, with a good sense of humor. Some of her favorites include; fall colors, Italian food, war movies, & Stevie Nicks. Angie's proudest accomplishments are; graduating with her Master's Degree, her 2 sons, and her 4 year old granddaughter, Brylee. When asking her what inspires her the most,

Angie replied with, "Definitely my mom." We also learned that Angie can yodel! We're thinking new entertainment for our loved ones? :) When we asked Angie what her favorite thing about Senior Living is, she said, " I'm definitely a die hard nurse-always have been-my favorite thing about Senior Living is the opportunity to know these very special individuals-talking, giving a hug/smile-sharing stories. A sense of humor is definitely a must. Some of the residents have had very exciting lives!"



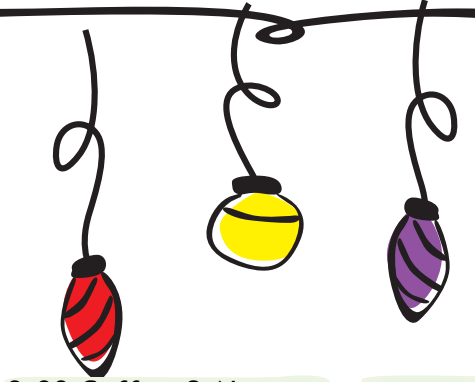


S M T W T F S

December

10:15 Coffee & Chat
1:00 Praise & Worship
1:30 Fellowship
3:00 Social Hour
6:00 Movie Night
30

9:00 Champagne Cart
10:15 Exercise
1:30 Rice Krispy Treats
3:00 NYE Party
6:15 Balloon Volleyball
31



10:00 Coffee & News
2:00 Music by Angela Thomason
4:00 Social Hour
1

10:15 Coffee & Chat
1:00 Praise & Worship
1:30 Fellowship
3:00 Social Hour
6:00 Movie Night
2

9:00 Peppermint Latte Express
10:15 Exercise
1:30 Park District
2:00 Festival of Trees Outing
6:15 Linen Folding
3

9:00 Coffee & News
10:15 Noodle Ball
1:30 Pipe Cleaner Tress
2:30 Bake Cookies
6:30 Holiday Reminisce
4

9:00 Cookie Cart
10:15 Exercise
1:45 Homemade Body Scrub
3:00 Flower Arrangements
6:15 Volleyball & News
5

Winter Festival
8am-Pancake Bar
11am- Holiday Singalong with Mike
2pm- Hot Cocoa Bar & Gift Exchange
6

9:00 Cotton Candy Cart
10:15 Noodle Ball
1:15 Cheerio Bird Feeders
2:15 BINGO
6:15 Movie & Popcorn
7

10:00 Coffee & News
2:00 Crads & Games
3:00 Social Hour
6:30 Strengthening Exercises
8

10:15 Coffee & Chat
1:00 Praise & Worship
1:30 Fellowship
3:00 Social Hour
6:00 Movie Night
9

9:00 Coffee & News
10:15 Exercise
1:00 Nifty Nails
1:30 Mac Park District
6:30 Snacks & Reminisce
10

Happy Birthday BFM Shauna!
10:00 Noodle Ball
11:00 Pasta Wreaths Step #1
2:15 Wreaths-Step 2
6:15 Linen Folding
11

Happy Birthday Marjorie & BFM Amie!
10:00 St. Paul Students Visit
1:00 JIngle Bracelets
6:00 Movie Night
12

9:00 Cocoa Cart
10:15 Exercise
1:00 Praise & Worship
2:15 BINGO
6:15 Balloon Volleyball
13

Happy Birthday Marge!
10:15 Noodle Ball
1:30 Mac Park District
3:00 Happy Hour
6:15 Movie Night
14

9:00 Coffee & News
10:00 Cookie Decorating w/Megan
2:00 Cards & Games
3:00 Social Hour
6:30 Strengthening Exercises
15

10:15 Coffee & Chat
1:00 Praise & Worship
1:30 Fellowship
3:00 Social Hour
6:00 Movie Night
16

9:00 Coffee & News
10:15 Exercise
11:00 Singalongs
1:00 Nifty Nails
1:30 Mac Park District
6:15 Linen Folding
17

9:00 Coffee & News
10:15 Noodle Ball
1:45 Mitten Matching
2:30 Gingerbread Art
6:30 Reminisce
18

9:00 Muffin Cart
10:15 Exercise
1:45 Paper Plate Lollipops
2:30 Fudge Time
6:30 Movie & Popcorn
19

9:00 Sangria Cart
10:15 Exercise
1:00 Praise & Worship
2:15 BINGO
6:15 Volleyball & The News
20

9:00 Coffee & News
10:15 Noodle Ball
11:00 Christmas Trivia
1:30 Park District
3:00 Happy Hour
6:30 Movie Night
21

10:00 Coffee & News
2:00 Cards & Games
3:00 Social Hour
6:30 Strengthening Exercises
22

10:15 Coffee & Chat
1:00 Praise & Worship
1:30 Fellowship
3:00 Social Hour
6:00 Movie Night
23

9:00 Egg Nog Cart
10:15 Exercise
1:00 Nifty Nails
2:30 Snowman Crafts
6:30 Snacks & Reminisce
24

Christmas
10:00 Coffee & Chat
11:00 Christmas Coloring
12:00 Noon Feast
2:00 Movie Marathon
6:30 Exercise
25

9:00 Candy Cane Cart
10:15 Noodle Ball
2:00 Cooking Class
3:00 Social Hour
6:15 Finish That Phrase
26

9:00 Fruitcake Cart
10:15 Exercise
1:00 Praise & Worship
2:15 BINGO
6:15 Balloon Volleyball
27

9:00 Chocolate Cart
10:15 Noodle Ball
1:45 Snow Bowling
3:00 Guess That Scent
6:30 Movie & Popcorn
28

10:00 Coffee & News
2:00 Cards & Games
3:00 Social Hour
6:30 Strengthening Exercises
29

