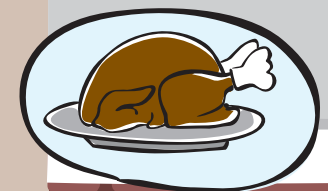




Happenings at Bickford

We have so much talent!

Outings and Family History Day



What's Going on in November

Happy Birthday to...

Ellen Carr 11/25
Gracie Johnson 11/28



Famous Birthdays

Will Rogers
11/4
Matthew McConaughey
11/4
Leonardo Dicaprio
11/11
Larry King
11/19

Did you know....
November is National
Pomegranate Month in
the USA.

10/ 1 Lunch Outing to
Surf Rider**
10/6 Three for One
Gospel Group Performs
10/8 Pie Eating Contest
10/8 Joyride**
10/9 Nansemond River
High School Color Guard
with Veterans' Pinning
10/12 Virginia Hearing
and Vision Seminar with
Virginia Relay
10/15 Lunch Outing to
Village Inn**
10/17 the Leathers
Perform
10/21 Hot Cocoa Social
with Gerry
10/29 Heartlight Singers
Perform Holiday Music
10/29 Pop Up Library

*Weather Permitting



I am grateful
for what I am and have.
My thanksgiving is
perpetual.

Henry David Thoreau

November



9:30 Catholic Mass
2:00 Chapel Service
6:00 Courtyard
Strolls**

4

9:15 Zumba with
Alexis
11:00 Craft Corner
1:30 Scented Hand
Rub
3:30 Happy Hour

5

Voting Day
9:30 Manicures
1:45 Bingo
3:30 Noodle Ball
6:30 Three for One
Gospel Group
Performs

6

10:00 Communion with
Father Derek
11:00 Stretch and Tone
1:30 Bible Study
3:30 Happy Hour
6:00 Courtyard
Strolls**

7

11:00 Lunch Outing
to Surf Rider**
2:00 Men's Group
with Ronnie
6:00 Watering Plants

1

10:00 Balloon
Volleyball
1:30 Trivia
3:30 Happy Hour

2

10:00 Stretch and
Tone
1:45 Bingo
6:00 Artwork

3

Veteran's Day
9:30 Catholic Mass
2:00 Chapel Service
6:00 Courtyard
Strolls**

11

9:15 Zumba with Alexis
10:30 Pet Therapy with
Charlie
1:30 Virginia Hearing
and Vision Seminar with
Virginia Relay
3:30 Happy Hour

12

9:30 Manicures
1:45 Bingo
3:30 Ring Toss
6:00 Popcorn and a
Movie

13

10:00 Coffee Club
11:00 Penny Pitchin'
1:30 Bible study
3:30 Happy Hour
5:00 Gerry Plays
Violin
6:00 Family Council

14

11:00 Lunch Outing
to Village Inn**
2:30 Poetry Reading
6:00 Watering Plants

15

10:00 Balloon
volleyball
1:30 Mens Club with
Dean
3:30 Happy Hour

16

9:30 Stretch and
Tone
11:00 The Leathers
Perform
1:45 Bingo
6:00 Artwork

17

9:30 Catholic Mass
2:00 Chapel Service
6:00 Courtyard
Strolls**

18

9:15 Zumba with
Alexis
11:00 Christmas
Flower Arranging
2:00 Art with Debbie
3:30 Happy Hour

19

9:30 Manicures
1:45 Bingo
3:30 Noodle Ball
6:00 Popcorn and a
Movie

20

10:00 Coffee club
11:00 Stretch and
Tone
1:30 Bible Study
3:30 Hot Cocoa
Social with Gerry

21

Thanksgiving
9:00 Macy's
Thanksgiving Day
Parade
11:00 Thanksgiving
Artwork
2:00 Courtyard Strolls**

22

10:00 Balloon
volleyball
1:30 Fill in the Blank
3:30 Happy Hour

23

10:00 Stretch and
Tone
1:45 Bingo
6:00 Crossword and
Word Search

24

9:30 Catholic Mass
2:00 Chapel Service
6:00 Courtyard
Strolls**

25

9:15 Zumba with
Alexis
10:30 Pet Therapy
with Charlie
1:30 Resident
Council
3:30 Happy Hour

26

9:30 Manicures
1:45 Bingo
3:30 Darts
6:00 Popcorn and a
Movie

27

10:00 Decorating the
Christmas Tree
1:30 Bible Study
3:30 Birthday Party
Celelbration

28

10:00 Walmart
Shopping Outing**
2:00 Pop Up Library
3:30 Men's Group with
Ronnie
7:00 Heartlight Singers
Perform Holiday Music

29

10:00 Balloon
volleyball
1:30 Pastimes
3:30 Happy Hour

30

