



NATIONAL HUG DAY & PAUL MITCHEL SCHOOL OF HAIR DESIGN

We enjoyed a visit from the students at Paul Mitchel School of Hair Design giving out FREE Hugs!! Residents sure enjoyed receiving the hugs!! Paul Mitchel plans to come and visit 1 day in October and November to do Manicures. The residents said they are really looking forward to this.

Lincoln

HAPPENINGS

NOVEMBER



HAPPENINGS IN LINCOLN



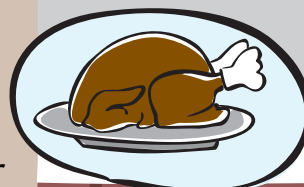
We celebrated our 50's day with a themed meal day, milkshakes, banana splits, coca cola and everyone said how much they enjoyed the fried pickles!! We had some 50's music with Tom Roth and we all dressed for the day. There were some outings and one of the outings was to MI Tierra Mexican Restaurant. We enjoyed good food with good friends!!



UPCOMING EVENTS

Monday November 5th at 5:00PM will be hosting a Soup Supper/Family Gathering. We will provide dinner with a gathering to follow to go over Resident Survey Results. Please RSVP as soon as possible this just helps in our planning.

Veteran's Day is on a Sunday and we will celebrate that Monday with a Vet's Social and a pinning ceremony provided by Hospice Community Care. There will be a flag folding ceremony in the evening provided by Boy Scout Troop #36. On Veteran's Day, think about how you can show a veteran extra appreciation. Give a thank to all our Veteran's at Bickford and everywhere for their service!! Veteran's Day... HONOR DUTY SACRIFICE



NOVEMBER BIRTHDAYS

RESIDENT BIRTHDAYS

NORMAN REED 11/21
 MARGIE JENSEN 11/24
 ROSEANN SHEETS 11/28

BICKFORD FAMILY MEMBERS BIRTHDAYS

SEIDY ALBARENGA 11/1
 MAKENZIE SALTZMAN 11/3

****REMINDER THAT COLD AND FLU SEASON ARE UPON US. IF YOU HAVE ANY SYMPTOMS PLEASE DO NOT VISIT.**

A common viral infection can be deadly and there are more than 3 million US cases per year. Flu is a contagious disease, and it can cause mild to severe symptoms. Please wash your hands often, get a flu shot, cover your cough and stay home if you are sick.

WE WANT TO KEEP YOUR LOVED ONES SAFE AND HEALTHY. THANK YOU



S M T W T F S
November



9:30 Balloon Toss
 10:00 Service w/Ethan Rathjen
 10:30 Catholic Comm
 2:00 Crafts
 6:30 The Mayflower Pilgrims (A) 4

9:45 Catholic Mass w/Father Bourek
 10:30 Yoga w/Teresa
 1:30 Manicures
 2:00 Men's Social
 5:00 Family Gathering Soup Supper 5

9:45 Coffee Social (Macy's Parade/Current Events)
 10:45 Yoga w/Anita
 2:00 Bingo w/Pam
 6:30 History of Thanksgiving (A) 6

9:45 Let's Walk
 10:15 Talk Turkey Word Games
 2:00 Old Time Music
 6:30 Painting 7

9:45 Chicken Soup for the Soul
 10:15 Chapel Service
 2:00 Movie & Popcorn
 6:30 Bingo w/Pam 8

9:45 Family Fued
 10:30 Yoga w/Teresa
 2:00 Fun w/ Food (Sampling w/Al Gomez from Sysco)
 6:30 Game Night 9

930-1130 Home School Students
 9:45 Core Exercises
 10:30 Turkey Shoot
 2:00 Apple Cider & Cookies Social
 6:30 Adult Coloring
 NE vs. Illinois 10

Veteran's Day
 9:30 Balloon Toss
 10:00 Service w/Jeff Collins
 10:30 Catholic Comm
 2:00 Crafts
 6:30 An Old Fashioned Thanksgiving (A) 11

9:45 Catholic Mass w/Father Bourek
 10:30 Yoga w/Anita
 1:30 Manicures
 2:00 Vet's Day Honors
 6:30 Flag Folding Ceremony w/Troop #36 12

9:45 Coffee Social Thanksgiving Wishbone
 10:30 Current Events
 NOON Resident Choice Meal
 2:00 Bingo w/Pam
 6:30 Just Us 13

9:45 Let's Walk
 10:15 Thanksgiving Word Games/ Charades
 2:00 Anne Bremmer
 6:30 Painting 14

9:45 Chicken Soup for the Soul
 10:15 Chapel Service w/Communion
 2:00 Music w/Tom Roth
 6:30 Bingo w/Pam 15

9:45 Family Fued
 10:30 Yoga w/Anita
 1:30 Resident Shopping
 2:00 Movie & Popcorn
 6:30 Game Night 16

9:45 Core Exercises
 10:30 Turkey Shoot
 2:00 Apple Cider & Cookies Social
 6:30 Adult Coloring
 NE vs. Michigan State 17

9:30 Balloon Toss
 10:00 Devotions
 10:30 Catholic Comm
 2:00 Crafts
 6:30 A Time to Remember (A) 18

9:45 Catholic Mass w/Father Bourek
 10:30 Yoga w/Anita
 1:30 Manicures w/Paul Mitchel School
 2:00 Men's Social
 6:30 Cards 19

9:45 Coffee Social Turkey Day Questions
 10:15 Thanksgiving Chapel Service
 2:00 Bingo w/Pam
 6:30 Just Us 20

9:45 Let's Walk
 10:15 Thanksgiving Word Games/Charades
 2:00 Bill Chrastil
 6:30 Painting 21

Thanksgiving 8AM-11AM
 Macy's Thanksgiving Day Parade
 Games/Football/Movies 22

9:45 Family Fued
 10:30 Yoga w/Anita
 11:00 NE vs. Iowa
 11:30 Sack Lunches
 2:00 Fun w/ Food (National Vinegar Month)
 6:30 Game Night 23

9:45 Core Exercises
 10:30 Turkey Shoot
 2:00 Apple Cider & Cookies Social
 6:30 Adult Coloring 24

9:30 Balloon Toss
 10:00 Service w/Jeff Collins
 10:30 Catholic Comm
 2:00 Crafts
 6:30 Free Birds (A) 25

9:45 Catholic Mass
 10:30 Yoga w/Anita
 1:30 Manicures
 2:00 Men's Social
 6:30 Cards 26

9:45 Pioneer Park Nature Center Visit
 2:00 Bingo w/Pam
 3:00 Resident Council Meeting
 6:30 Just Us 27

9:45 Let's Walk
 10:15 Winter Word Games
 2:00 Music by Heirs Together (country gospel)
 6:30 Painting 28

9:45 Chicken Soup for the Soul
 10:15 Chapel Service
 1:30 Resident Shopping
 2:00 Movie & Popcorn
 6:30 Bingo w/Pam 29

9:45 Family Fued
 10:30 Yoga w/Anita
 2:00 Fun w/ Food (BFM Soup Cook Off & Sampling)
 6:30 Game Night 30

