



Alzheimer's and Dementia Support Group

*A valuable step toward handling the challenges of a loved one's alzheimer's or dementia is connecting with others in a similar situataions. Our support groups give you the opportunity to learn from familiy members who have been in your shoes. In addition to receiving encouragement and hearing personal experiences, you can also learn what to expect and how to best plan for your loved one. A support group can reduce stress and feelings of uncertainty - helping you to keep calm and carry on.*

*Join us for our Support Groups at 6:00pm  
Sponsered by*

*Vitas Hospice*

*Tuesday, October 30th  
Tuesday, November 27th  
Thursday, December 27th*

*R.S.V.P to Rene -Life Enrichment Coordinator  
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assisted living  
& memory care



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