



With the beginning of Autumn in full swing, we have lots of fun things in store this month. One thing in particular that we are super excited to announce is a visit from Wild Time Exotics! They are a licensed and insured company from Springfield, Il that educates and entertains on various species of animals. They will be visiting us on Friday October 5th at 2:30 in the afternoon. Residents and staff alike will have the opportunity to ask questions, interact by holding or petting the animals, and even kiss them if they choose! We invite you to pop on in that afternoon and check it out. We don't want to give away the surprise of what animals will all be here, but with it being October, I bet you can count on a "special" 8 legged friend to make an appearance!

Macomb
HAPPENINGS
 OCTOBER



BFM September Spotlight

You all may know our Superstar RNC, Miss Cindy McDaniel, and the wonderful care that she provides to our Bickford friends, but let's get to know a little bit more about the lady behind the scenes! Some of Cindy's favorites include: the color fuschia, the movie Gone With The Wind, Gilligan's Island, salmon fish, and the musical groups; The Eagles & Fleetwood Mac. She is inspired by her 2 children, Kirsten & Nick. Her proudest accomplishment is becoming an RN as her second career. When asking Cindy if she has any hidden talents, her reply was:

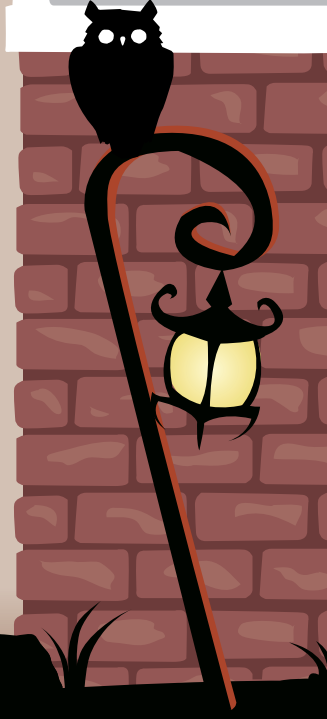
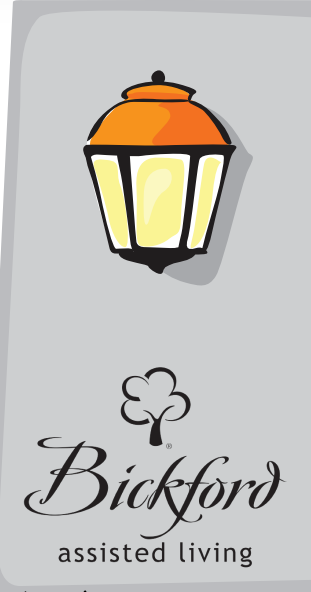
"If I told you they wouldn't be hidden!" Although I've heard rumors that she can play the flute & bake some pretty awesome chocolate chip cookies. Cindy describes herself as a dreamer, planner & multi-tasker. Her favorite thing about Senior Living is making a connection & sharing a story, laugh, smile or hug. Those are magical moments for people with dementia. Cindy loves sharing jokes, being teased & teasing back. (As long as it doesn't involve spiders, I've learned that's a no-no with her!) Cindy loves Bickford because here, she says we are all family.

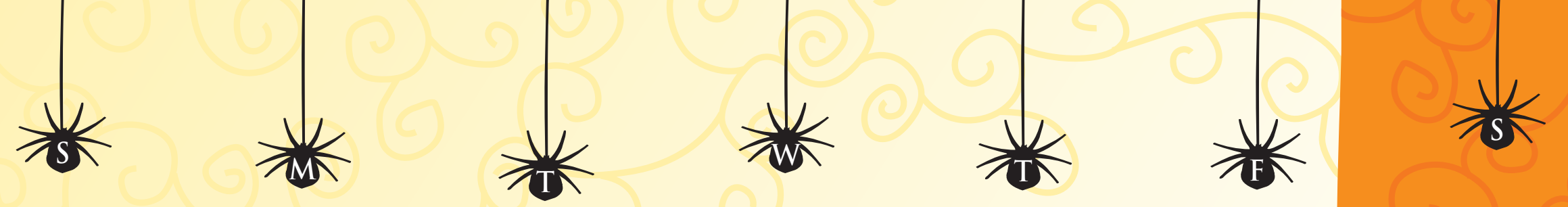


Stand still and watch the leaves turn

What a fun time of year! So many changes going on with the leaves changing colors and soon, we will all be dressing up for Halloween! Thank you to everyone who filled out our annual Happiness survey. It means so much to us that each family member gets a chance to review our work! And of course, there's always the competitive side of the survey...we want to be the best branch! In other great news....we have officially hired a new maintenance coordinator!

Andre Usinger recently started and we are so very excited to have him! Most afternoons during the work-week he will be here helping out, so bring on the work orders! Also in great news, we have hired a new nurse! Her name is Jessica Maranville. You will see her moving throughout the shifts :) Stay tuned for all our fall themed activities and new decorations coming up! Sincerely, Robin Wike Director





10:15 Exercise
11:00 Singalongs
1:00 Nifty Nails
1:30 Mac Park District
6:30 Finish That Phrase 1

10:15 Noodle Ball
2:00 Resident Council
2:45 WIU Music Therapy
6:30 Movie- Hocus Pocus 2

10:00 St. Paul Students Visit
1:00 Salon Day
1:45 Cooking Class
3:00 Sorority Visit
6:30 Strengthening Exercises 3

9:00 Coffee & News
10:15 Exercise & Trivia
1:00 Praise/Worship
2:15 BINGO
6:30 Napkin Folding 4

9:00 Coffee & News
10:15 Noodle Ball
2:30 Live Exotic Animals Presentation
6:15 Movie & Popcorn 5

10:00 Coffee & News
2:00 Cards & Games
3:00 Social Hour
6:30 Strengthening Exercises 6

10:15 Coffee & Chat
1:00 Praise/Worship
1:30 Fellowship
3:00 Social Hour
6:30 Movie- The Addams Family 7

9:00 Coffee & News
10:15 Exercise
1:30 Mac Park District
2:00 Movie Matinee
6:30 Calendar Flashback 8

10:15 Noodle Ball
1:00 Nifty Nails
2:45 WIU Music Therapy
6:30 Snacks & Reminisce 9

Happy Birthday BFM Chris!
9:00 Coffee & News
10:15 Exercise
1:00 Salon Day
2:15 Cooking Class
6:30 Movie-Casper 10

Happy Birthday BFM's Janet & Michelle!
10:15 Exercise
1:00 Praise/Worship
2:15 BINGO
6:30 Napkin Folding 11

Family History Day
9:00 Coffee & News
10:15 Exercise
2:15 Photo Display
2:30 Show & Tell
6:30 Snacks & Reminisce 12

10:00 Coffee & News
2:00 Word Searches & Coloring
3:00 Cards & Games
6:30 Strengthening Exercises 13

10:15 Coffee & Chat
1:00 Praise/Worship
1:30 Fellowship
3:00 Social Hour
6:30 Movie-The Witches 14

10:15 Exercise
11:00 Singalongs
1:00 Nifty Nails
1:30 Mac Park District
6:00 "I Love Lucy" Marathon 15

9:00 Coffee & News
10:15 Noodle Ball
1:45 Fall Crafts
2:45 WIU Music Therapy
6:30 Snacks & Reminisce 16

9:00 Coffee & News
10:15 Exercise
1:00 Salon Day
2:15 Cooking Class
4:00 Social Hour
6:30 Napkin Folding 17

9:00 Coffee & News
10:15 Exercise
1:00 Praise/Worship
2:15 BINGO
6:30 Finish That Phrase 18

Happy Birthday BFM Donna!
10:15 Noodle Ball
1:30 Mac Park District
3:00 Social Hour
6:30 Movie Night 19

10:00 Coffee & News
2:00 Cards & Games
3:00 Social Hour
6:30 Strengthening Exercises 20

10:15 Coffee & Chat
1:00 Praise/Worship
1:30 Fellowship
3:00 Social Hour
6:30 Movie- Disney's Spooky Buddies 21

9:00 Coffee & News
10:15 Exercise
1:00 Nifty Nails
1:30 Mac Park District
6:30 Calendar Flashback 22

Game 1 of World Series
10:15 Noodle Ball
1:45 Fall Crafts
2:45 WIU Music Therapy
6:30 Reminisce 23

9:00 Coffee & News
10:15 Exercise
1:00 Salon Day
2:15 Cooking Class
4:00 Social Hour
6:30 Movie & Popcorn 24

9:00 Coffee & News
10:15 Exercise
1:00 Praise/Worship
2:15 BINGO
6:15 Finish That Phrase 25

9:00 Coffee & News
10:15 Noodle Ball
1:30 Mac Park District
3:00 Social Hour
6:30 Movie & Popcorn 26

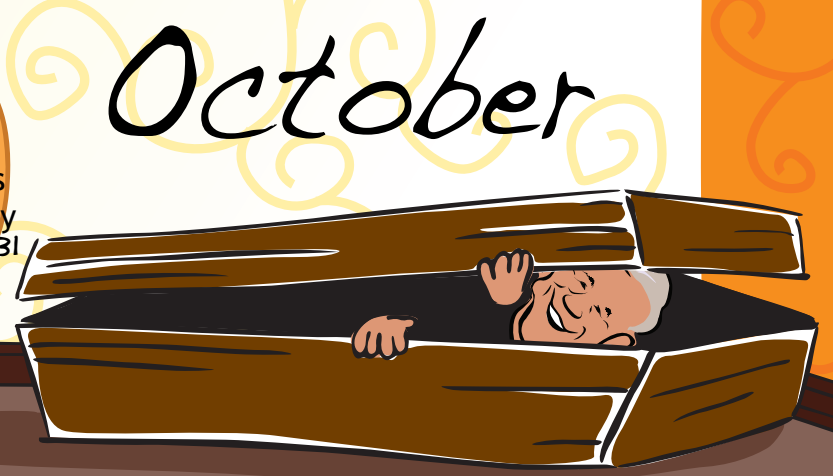
10:00 Coffee & News
2:00 Word Searches & Coloring
3:00 Cards & Games
6:30 Strengthening Exercises 27

10:15 Coffee & Chat
1:00 Praise/Worship
1:30 Fellowship
3:00 Social Hour
Pumpkin Decorating with WIU Softball Team 28

9:00 Coffee & News
10:15 Exercise
1:00 Nifty Nails
1:30 Mac Park District
6:30 Balloon Volleyball 29

9:00 Coffee & News
10:15 Noodle Ball
1:45 Fall Crafts
2:45 WIU Music Therapy
6:30 Snacks & Reminisce 30

Halloween
9:00 Coffee & News
10:15 Exercise & Halloween Fun Facts
2:30 Halloween Party 31



October