



Vanessa Vergara Vanessa joined Bickford in April of 2018. She proudly serves our country as a member of the lowa personality on 2nd Army National Guard and is continuing her education at MCC.

Alma Izaguirre Alma came to Bickford in May of 2018. You can find her caring and spunky shift where she works as a C.N.A. Alma also works part-time at the Y in the childcare.



Flu season will unfortunately be upon us soon...please help keep our residents healthy by...

Not visiting the branch until you are symptom free for at least 48 hours.

Wash your hands frequently with warm soapy water.

Stay at home, rest and drink plenty of fluids.

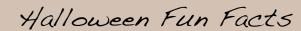
Thank you!



Invitations will be arriving in the mail soon...but save the date for our annual **Bickford Family** Thanksgiving!

Sunday, November 18th

We look forward to having you join us!



In 2017 the most popular Halloween candy were Reece's peanut butter cups! Also popular were snickers, twix, kit kat, nerds, sour patch kids and skittles!

Marshalltown

2014 alone, a opping \$2.8 billon collars was spent on Halloween costumes alone.

> million pounds of andy corn is produced each year, which was created back in 1898.

Halloween is the 2nd largest commercial holiday in America, only being topped by Christmas.

OCTOBE

UNICEF's trick or treat program was founded in 1950 in Philadelphia.

The now popular "Trunk or Treat" started in 2000. Families park in a common space such as a mall or church parking lot and hand out candy to those in attendance. Some even go as far as elaborately decorating the trucks of their vehicles!











Joan Smith-Legg 20th

Chandler Goodell Mary Ferneau 17th Adriana Madrigal 29th





9:15a Worship Hour

10a Move & Groove

9:15a Worship Hour

10a Move & Groove

6:15p Chapel

6:15p Chapel



6:15p Monday Night

9:15a Sit & Stretch

10:45a Bible Study

6:15p Monday Night

9:15a Sit & Stretch

10:45a Bible Study

3:30p Music-Keith l

6:15p Monday

8

15

with Larry

2p Bingo

Matinee

with Larry

2p Bingo

Matinee

with Larry

2p Bingo

Matinee



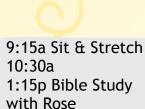
10:30a Exercise with 2p Jenga with Jeni 3:30p Coffee Club 6:15p You Be The Judge 2

9:15a Hokey Pokey 10:30a Word Games 2p Craft Hour 3:30p Coffee Club 6:15p You Be The Judge

9:15a Hokey Pokey 10:30a Music - Muffy 2p Bus Trip 3:30 Coffee Club 6:15p You Be The Judge

9:15a Cooking Club 10:30a Exercise with Lisa 2p Bus Trip 3:30p Coffee Club 6:15p You Be The 23 Judge

9:15a Hokey Pokey 10:30a Music - Mike Castell 2p Bus Trip 3:30p Coffee Club 6:15p You Be The Judge



3:30p Spelling Bee

6:15p Bingo

Humor

Jami 2p Kathy's Korner 6:15p Guess The 6:15p Bingo Year 3

9:15a Sit & Stretch 9:15 Balloon Volleyball 10:30a Music - Dave 10:30a Music - Vern & Grev Larry 2:00p October 2p Wheelchair Painting Birthday Party 3:30p Word Search

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9:15a Sit & Stretch 9:15 Balloon Volleyball 10:30 Craft Hour 10:30a Word Games 2p Music - Ron B. 2:00p Messy Missy's 3:30p Halloween 6:15p This Was The Year 6:15p Bingo

9:15a Sit & Stretch 10:30a Music - Denny Perry 2p Kathy's Korner

2p Music - Tom A. 3:30p Spelling Bee 3:30p Ghost Cookies 6:15p Bingo 6:15p Bulletin Board Trivia

10:30a Music - Joan Barb 25

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9:15a Sit & Stretch 10:30a Music -Marjorie 2p Craft Hour 3:30p Quilting With 6:15p Bingo 26

19 9:15a Chair Dancing

1:30p Fancy Fingers 7p Lawrence Welk





9:15 Balloon Volleyball

10:30a Spelling Bee

2p Cooking With

6:15p Card Bingo

9:15a Balloon

Volleyball



10:30p

2p Bingo

or Thing

Cook Book

2p Bingo

2:00p Bingo

3:30p Men's Club

6:15p Person, Place

Family History Day

9:15a Sit & Stretch

10:30a Make Family

9:15a Sit & Stretch

10:30a Nurse Chat

3:30p Men's Club

6:15p Yahtzee





9:15a Chair Dancing 9:15a Sit & Stretch 1:30p Fancy Fingers

7p Lawrence Welk

9:15a Chair Dancing 1:30p Fancy Fingers 7p Lawrence Welk

9:15a Chair Dancing 1:30p Fancy Fingers 7p Lawrence Welk

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10a Trick or Treaters 2:30 Halloween Party



