

## CELEBRATING NATIONAL ASSISTED LIVING WEEK

Sunday we celebrated Grandparents Day with a Theme Meal and an Ice Cream Social

Monday- pajama day

Tuesday-Twin Day & Outing to Channel 8 News

Wednesday-Husker Day with a Tailgate Party along with Husker Cheerleaders and Lil Red.

Thursday-Decade Day with music by Bill Chrastil

Friday-Inside out, weird and wacky day

Saturday-Football Day NE vs. Troy "GO BIG RED"

The Theme this year is "Capture the Moment", so we thought what better way then to be on TV. We took a tour of Channel 8 news, it was very informative and they were so nice and helpful.

## Lincoln Description of the Lincoln October October

UPCOMING EVENTS

## Twin Day/Husker Stadium/Cheerleaders & Lil Red



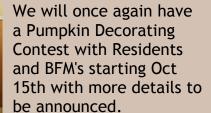








Mike will also be providing a Balance clinic on Thursday October 18th at 1PM. Thanks again to Mike for all his help!!



There will be an outing to Valentino's Buffet and an outing to the Goodwill. We will celebrate Family History Day, so please bring family pictures, recipes, trinkets, etc to share.

\*Reminder that Dementia Support Group meets every 2nd Tuesday at Home Instead from 4-5pm.









## **OCTOBER BIRTHDAYS** RESIDENT BIRTHDAYS

JEANNE GILES	10/3
MARILYN RUSSELL	10/7
SANDY SCHMOKER	10/13
BEA COOPER	10/21
GLAUCIA HANSEN	10/24

**BICKFORD FAMILY MEMBERS BIRTHDAYS** JAMI DEFFENBAUGH 10/1

10/10 **BRIANNA JONES** DEANNA STEWARD(Hairdresser) 10/18 **CANDICE TOOMBS** 10/18 10/18 JACKIE PODRAZA 10/22 CIARRA DALE

\*\*\*On Game Days Activities could change due to time of the Husker Game

\*\*\*World Series Begins Monday Oct 22nd

\*If you or your loved one would like to pass out candy to the kids Halloween Evening, we will have it open to the public to trick or treat. Please see Teresa for questions regarding the Candy for Trick or Treaters. Thank You





9:30 Balloon Toss

w/Ethan Rathjen

2:00 Fall Crafts

"Pumpkin Vase"

9:30 Balloon Toss

10:00 Chapel Service

(DVD)

10:00 Chapel Service

10:30 Cath Communion

6:30 Murder She Wrote,





9:45 Let's Walk 10:15 Word Games 2:00 Old Time Music by Dennel 6:30 Painting

9:45 Let's Walk 10:15 Word Games 2:00 The Kramer Sisters 6:30 Painting

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the Soul

w/Phys Med

9:45 Let's Walk 10:15 Word Games 2:00 Bill Chrastil 6:30 Painting

9:45 Let's Walk 10:15 Word Games 2:00 Folk Music by Bill Behmer 6:30 Painting

Halloween

School

9:45 Let's Walk

10:15 Word Games

2:00 Halloween Party

w/kids from Montessor

5:30 Trick or Treaters

2:00 Fun w/Food (Pumpkin Eatin' Day) 6:30 Bingo w/ Pam 9:45 Chicken Soup for the Soul 10:30 Chapel Service w/Communion 2:00 Fun w/Food

(Oatmeal Month)

9:45 Did You Know? 10:30 Yoga w/Anita 2:00 Music by Anne Bremmer

NE vs. Wisconsin

\*\*Supper will be served at 4:30



Father Bourek

1:30 Manicures

9:45 Catholic Mass

**NOON Outing to** 

1:30 Manicures

2:00 Men's Social

6:30 Cards/Games

9:45 Catholic Mass

10:30 Yoga w/Anita

1:30 Manicures

2:00 Men's Social

6:30 Cards/Games

9:45 Catholic Mass

1:30 Manicures

2:00 Men's Social

2:30 Outing to

**Goodwill Store** 

6:30 Cards/Games 22

9:45 Catholic Mass

10:30 Yoga w/Anita

3:00 Resident Council

6:30 Cards/Games 29

1:30 Manicures

2:00 Men's Social

Meeting

10:30 Yoga w/Anita

**Valentinos Buffet** 

10:30 Yoga w/Anita

9:45 Catholic Mass w/ 9:45 Coffee Social (Welcome October) 10:30 Yoga w/Anita 10:30 Current Events 2:00 Bingo w/Pam 2:00 Men's Social 6:30 The Twighlight 6:30 Cards/Games Zone (A)

> 9:45 Coffee Social (Mystery Week) 10:30 Current Events 2:00 Bingo w/Pam 6:30 Just Us

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9:45 Coffee Social (Bat Appreciation) 10:30 Current Events NOON Resident Choice Meal

> 2:00 Bingo w/Pam 6:30 Just Us

9:45 Coffee Social (Positive Attitude Month) 10:30 Current Events 2:00 Bingo w/Pam 6:30 Just Us

9:45 Coffee Social (Candy Corn Day) 10:30 Current Events 2:00 Bingo w/Pam 6:30 The Twighlight Zone (A)

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9:45 Chicken Soup for the Soul 10:30 Chapel Service w/Communion 2:00 Fun w/Food (Oh Bologna) 6:30 Bingo w/ Pam

9:45 Chicken Soup for the Soul 10:30 Chapel Service 2:00 Movie & Popcorn "Hocus Pocus" (A) 6:30 Bingo w/ Pam

2:00 Family History 11 9:45 Chicken Soup for

6:30 Games 9:45 It's a Nutty Day 10:30 Yoga w/Anita 10:30 Chapel Service 1:00 Balance Clinic

Gourds

1:30 Resident Shopping 2:00 Movie & Popcorn "The Haunted Mansion" (A)

6:30 Sing Alongs

6:30 Decorate Cookies







10:00 Cath Communion

1:30 Resident Shopping

2:00 Movie & Popcorn

"Ghostbusters" (A)

9:45 A Festival of

6:30 Jewelry Making

10:30 Yoga w/Anita

10:30 Yoga w/Anita

9:45 Food Council

Meeting



9:45 Core Exercises 10:30 Trivia/ Duck Hunt 2:00 T-Shirt Art 6:30 Adult Coloring

NE vs. Wisconsin

9:45 Core Exercises 930-1130 Home School Students Visit 11:00 NE vs. Northwestern NOON Sack Lunches 6:30 Adult Coloring

NE vs. Wisconsin 9:45 Core Exercises 10:30 Hand Massages w/Ann Miller 2:00 Scrapbooking 6:30 Adult Coloring

NE vs. Minnesota

9:45 Core Exercises 10:30 Trivia/ Duck Hunt 2:00 Card Making 6:30 Adult Coloring

