

CELEBRATING NATIONAL ASSISTED LIVING WEEK

Sunday we celebrated Grandparents Day with a Theme Meal and an Ice Cream Social

Monday- pajama day

Tuesday-Twin Day & Outing to Channel 8 News

Wednesday-Husker Day with a Tailgate Party along with Husker Cheerleaders and Lil Red.

Thursday-Decade Day with music by Bill Chrastil

Friday-Inside out, weird and wacky day

Saturday-Football Day NE vs. Troy "GO BIG RED"

The Theme this year is "Capture the Moment", so we thought what better way then to be on TV. We took a tour of Channel 8 news, it was very informative and they were so nice and helpful.



Twin Day/Husker Stadium/Cheerleaders & Lil Red



UPCOMING EVENTS



We will once again have a Pumpkin Decorating Contest with Residents and BFM's starting Oct 15th with more details to be announced.

There will be an outing to Valentino's Buffet and an outing to the Goodwill. We will celebrate Family History Day, so please bring family pictures, recipes, trinkets, etc to share.

**Reminder that Dementia Support Group meets every 2nd Tuesday at Home Instead from 4-5pm.*

Thanks to Mike Von Kaenel at Phys Med for providing beverages for our Husker Family Tailgate with guests by Husker Cheerleaders and Lil Red.

Mike will also be providing a Balance Clinic on Thursday October 18th at 1PM. Thanks again to Mike for all his help!!



OCTOBER BIRTHDAYS
RESIDENT BIRTHDAYS

JEANNE GILES 10/3
MARILYN RUSSELL 10/7
SANDY SCHMOKER 10/13
BEA COOPER 10/21
GLAUCIA HANSEN 10/24

BICKFORD FAMILY MEMBERS BIRTHDAYS

JAMI DEFFENBAUGH 10/1
BRIANNA JONES 10/10
DEANNA STEWARD(Hairdresser) 10/18
CANDICE TOOMBS 10/18
JACKIE PODRAZA 10/18
CIARRA DALE 10/22

***On Game Days Activities could change due to time of the Husker Game

***World Series Begins Monday Oct 22nd

*If you or your loved one would like to pass out candy to the kids Halloween Evening, we will have it open to the public to trick or treat. Please see Teresa for questions regarding the Candy for Trick or Treaters. Thank You



<p>9:30 Balloon Toss 10:00 Chapel Service w/Ethan Rathjen 10:30 Cath Communion 2:00 Fall Crafts "Pumpkin Vase" 6:30 Murder She Wrote (DVD) 7</p>	<p>9:45 Catholic Mass 10:30 Yoga w/Anita NOON Outing to Valentinos Buffet 1:30 Manicures 2:00 Men's Social 6:30 Cards/Games 8</p>	<p>9:45 Coffee Social (Mystery Week) 10:30 Current Events 2:00 Bingo w/Pam 6:30 Just Us 9</p>	<p>9:45 Let's Walk 10:15 Word Games 2:00 The Kramer Sisters 6:30 Painting 10</p>	<p>9:45 Chicken Soup for the Soul 10:30 Chapel Service 2:00 Movie & Popcorn "Hocus Pocus" (A) 6:30 Bingo w/ Pam 11</p>	<p>9:45 A Festival of Gourds 10:30 Yoga w/Anita 2:00 Family History Day 6:30 Games 12</p>	<p>9:45 Core Exercises 930-1130 Home School Students Visit 11:00 NE vs. Northwestern NOON Sack Lunches 6:30 Adult Coloring 13</p>
<p>9:30 Balloon Toss 10:00 Chapel Service w/Jeff Collins 10:30 Cath Communion 2:00 T-Shirt Art 6:30 Murder She Wrote (DVD) 14</p>	<p>9:45 Catholic Mass 10:30 Yoga w/Anita 1:30 Manicures 2:00 Men's Social 6:30 Cards/Games 15</p>	<p>9:45 Coffee Social (Bat Appreciation) 10:30 Current Events NOON Resident Choice Meal 2:00 Bingo w/Pam 6:30 Just Us 16</p>	<p>9:45 Let's Walk 10:15 Word Games 2:00 Bill Chrastil 6:30 Painting 17</p>	<p>9:45 Chicken Soup for the Soul 10:30 Chapel Service 1:00 Balance Clinic w/Phys Med 2:00 Fun w/Food (Pumpkin Eatin' Day) 6:30 Bingo w/ Pam 18</p>	<p>9:45 It's a Nutty Day 10:30 Yoga w/Anita 1:30 Resident Shopping 2:00 Movie & Popcorn "The Haunted Mansion" (A) 6:30 Sing Alongs 19</p>	<p>NE vs. Wisconsin 9:45 Core Exercises 10:30 Hand Massages w/Ann Miller 2:00 Scrapbooking 6:30 Adult Coloring NE vs. Minnesota 20</p>
<p>9:30 Balloon Toss 10:00 Devotions 10:30 Cath Communion 2:00 Crafts "A Batty Day" 6:30 Murder She Wrote (DVD) 21</p>	<p>9:45 Catholic Mass 10:30 Yoga w/Anita 1:30 Manicures 2:00 Men's Social 2:30 Outing to Goodwill Store 6:30 Cards/Games 22</p>	<p>9:45 Coffee Social (Positive Attitude Month) 10:30 Current Events 2:00 Bingo w/Pam 6:30 Just Us 23</p>	<p>9:45 Let's Walk 10:15 Word Games 2:00 Folk Music by Bill Behmer 6:30 Painting 24</p>	<p>9:45 Chicken Soup for the Soul 10:30 Chapel Service w/Communion 2:00 Fun w/Food (Oatmeal Month) 6:30 Bingo w/ Pam 25</p>	<p>9:45 Did You Know? 10:30 Yoga w/Anita 2:00 Music by Anne Bremmer 6:30 Decorate Cookies 26</p>	<p>9:45 Core Exercises 10:30 Trivia/ Duck Hunt 2:00 Card Making 6:30 Adult Coloring NE vs. Wisconsin 27</p>
<p>9:30 Balloon Toss 10:00 Chapel Service w/Jeff Collins 10:30 Cath Communion 2:00 Fall Crafts 6:30 Murder She Wrote (DVD) 28</p>	<p>9:45 Catholic Mass 10:30 Yoga w/Anita 1:30 Manicures 3:00 Resident Council Meeting 2:00 Men's Social 6:30 Cards/Games 29</p>	<p>9:45 Coffee Social (Candy Corn Day) 10:30 Current Events 2:00 Bingo w/Pam 6:30 The Twilight Zone (A) 30</p>	<p>Halloween 9:45 Let's Walk 10:15 Word Games 2:00 Halloween Party w/kids from Montessori School 5:30 Trick or Treaters!</p>	<p>October</p>		<p>**Supper will be served at 4:30 instead of 5:00 on Halloween due to Trick or Treaters</p>

