

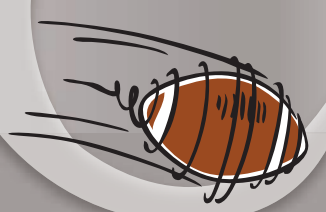
FLU VACCINATIONS

Watch your mailboxes for Flu Vaccination Consent and Release Forms. Please complete the form, sign and return before October 1st. If refusing the vaccination, please write "REFUSED" on the form and return to Bickford Assisted Living, 1600 Maple Ave., Macomb IL 61455. Resident Flu Vaccination Clinic will be held on Monday, October 1st from 1-2PM. Please contact Cindy McDaniel, RNC with any questions or concerns. Our number is 309-836-9700.



Macomb HAPPENINGS

SEPTEMBER



Annual Survey's Coming Up!

Autumn is rapidly approaching, which also means we are getting closer to our Annual Surveys to be sent out. Be watching your mailboxes and/or e-mail, as surveys will be mailed out within the next few weeks. Here at Bickford, we strive for all 5's. So please let us know what we may do better to help accomodate your loved ones, so that you are able to give us that score we strive to achieve! If you do have any questions, comments, or concerns, before filling out the surveys, please give our Director, Robin Wike, a call & she

would be happy to meet with you! Also coming up on the 20th, we will be celebrating our monthly Pearl's Passion Event, Decades Day! Feel free to pop in and see us that afternoon, as we will be having a musical performance by 50s Central Standard Time. I'm also working on putting some old hot-rods together for a small car show that day. Summer breezed right by us here at Bickford, but I know that many residents, as well as myself are excited for fall. Bring on cool nights, blue jeans & comfy sweatshirts :) Your Life Enrichment Coordinator, Nicole Ackley



BFM's Receive Black Pearl Awards

Everyone please join me in congratulating Cheryl McGowan, Megan Dodge and Ashley Stickler on being named this year's Black Pearl's! This is a distinguished award, as it highlights those Bickford Family Members who continually go above and beyond each day to enrich happiness. This year, we had everyone cast votes for who the best candidates were, and unsurprisingly, we had several BFM's nominated! This tells me we have wonderful team work and comradery.

Cheryl has been with Bickford a little over two years & is known for her caring & her ability to just go wherever the need is! Megan has been with Bickford almost two years now and is known for her versatility. She knows the ropes as a caregiver, housekeeper, cook and is now enrolled in the LPN program at SRC. Ashley has been with Bickford 5 years & shows consistent leadership on the overnight crew and is very eager to be flexible with her schedule to accomodate our residents needs. We are so proud to have them here with us!





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September

10:15 Coffee & Chat
1:00 Praise/Worship
1:30 Fellowship
2:20 Cardinals vs. Cubs
6:30 Movie Night
30

Happy Birthday Marilyn J.!
10:15 Coffee & Chat
1:00 Praise/Worship
1:30 Fellowship
3:00 Snack Time
6:30 Movie Night
2

Grandparent's Day
Coffee & Chat
1:00 Praise/Worship
1:30 Fellowship
3:00 Snacks & Social Hour
6:30 Movie Night
9

10:15 Coffee & Chat
1:00 Praise/Worship
1:30 Fellowship
3:00 Snack Time
6:30 Movie Night
16

10:15 Coffee & Chat
1:00 Praise/Worship
1:30 Fellowship
3:00 Snack Time
6:30 Movie Night
23

Labor Day
10:15 Exercise
11:00 Singalongs
1:30 Nifty Nails
2:30 Snacks & Drinks
6:30 Movie & Popcorn
3

Monthly BFM Meeting 1pm-4pm
10:15 Exercise
2:00 Monday Movie Matinee
6:30 Volleyball & The News
10

10:15 Exercise
11:00 Singalongs
1:00 Nifty Nails
1:30 Mac Park District
6:30 Calendar Flashback
17

9:00 Coffee & News
10:15 Exercise
1:00 Nifty Nails
1:30 Mac Park District
3:00 Social Hour
6:30 Finish That Phrase
24

9:00 Coffee & News
10:15 Noodle Ball
2:00 Resident Council
2:45 WIU Music Therapy
6:30 Napkin Folding!
3

9:00 Coffee & News
10:15 Noodle Ball
1:30 Nail/ Eye Glasses Care
2:45 WIU Music Therapy
6:15 Movie Night
11

Happy Birthday Doris!
10:15 Noodle Ball
1:45 Fall Crafts
2:45 WIU Music Therapy
6:30 Napkin Folding
8

10:15 Noodle Ball
1:45 Fall Crafts
2:45 WIU Music Therapy
6:00 Movie Night
7:00 Snacks & Reminisce
25

Happy Birthday BFM Sharon!!
10:15 Exercise & Trivia
1:00 Salon Day
2:15 Cooking Class
6:30 Letter Writing
5

9:00 Coffee & News
10:15 Exercise
1:00 Salon Day
2:00 Live Music Entertainment
6:00 Bowling & Popcorn
12

9:00 Coffee & News
10:15 Exercise
1:00 Salon Day
2:00 Fake Flower Arranging
6:30 Bowling & Popcorn
19

9:00 Coffee & News
10:15 Exercise & Chat
1:00 Salon Day
2:15 Cooking Class
6:30 Balloon Volleyball
26

9:00 Coffee & News
10:15 Exercise
1:00 Praise/Worship
2:15 BINGO
7:00 Bedtime Stories & Reminisce
6

10:15 Exercise & Trivia
1:00 Praise/Worship
2:15 BINGO
6:15 Famous Bible Quotes/Sayings
13

50's Day
10:00 Exercise & Decade Trivia
2:00 Performance by 50s CST (Music)
3:00 Homemade Malts
6:00 Movie
20

10:15 Exercise & Trivia
1:00 Praise/Worship
2:15 BINGO
6:15 Trivia & Games
7:00 Bedtime Snack & Reminisce
27

9:00 Coffee & News
10:15 Noodle Ball
2:15 Apple Print Painting
3:00 Snacks & Social Hour
6:15 Movie Night
7

10:15 Noodle Ball
1:30 Mac Park District
2:15 Cooking Class
6:30 Movie & Popcorn
14

9:00 Coffee & News
10:15 Exercise & Trivia
2:00 BINGO
6:15 Movie & Popcorn
21

Happy Birthday Shirley!
10:15 Noodle Ball
1:30 Mac Park District
3:00 Happy Hour
6:15 Movie Night
28

10:00 Coffee & News
2:00 Cards & Games
3:00 Jumbo Bowling
6:30 Campfire Songs & S'mores
1

10:00 Coffee & News
2:00 Fall Word Searches
3:00 Snacks & Social Hour
6:30 Strengthening Exercises
8

10:00 Coffee & News
2:00 Cards & Games
3:00 Jumbo Bowling & Social Hour
6:30 Strengthening Exercises
15

Welcome Fall!
10:00 Coffee & News
2:00 Word Searches & Coloring
3:00 Bean Bag Toss
6:30 Strengthening Exercises
22

10:00 Coffee & News
1:20 Cardinals vs. Cubs
3:00 Snacks & Social Hour
6:30 Strengthening Exercises
29

