



Wednesday October 31st we invite all the ghosts and goblins to come join us for some Halloween fun. Most of the morning we will be playing fun Halloween themed games. Later we invite families and children to trick or treat with us before they go out into the community to fill up their candy bags.



Ames
HAPPENINGS
OCTOBER

Upcoming Evens & Important Dates

Saturday October 6th is the date for the Walk to end Alzheimer's. We will have our booth set up inside Ames Middle School at 2915 Mortensen Rd if anyone would like to join and walk with us. Registration is at 8am to 9:30am. The ceremony and walk will begin at 9:30am.

Flu shots will be available the first week in October. If you are showing signs or symptoms of the flu. We kindly ask you not to visit your loved one until symptoms subside. Common symptoms include fever, fatigue, body aches or muscle pains, chills, sweating, congestion, nausea, or sore throat. Please wait 24 hours before returning if you have had a fever.

We have our family council meeting soup supper coming up in November on Tuesday the 13th at 5pm.



A Look Back

Gloria Looking Fabulous



David took a break from gardening long enough for us to get a great picture of him!



Hollywood Day

The Perfect Couple
Donnie & Marie



Arlene



Bob & Teddy





Tom Edelbach 10/5
 Tom Thielen 10/10
 Bernard Gerstein 10/18
 Charles Gilbert 10/2

9:00 Chair Exercises
 10:00 Coupon Clipping
 2:00 Church
 6:00 Movie
 7

9:00 Gardening Club
 10:00 Photo Captioning
 10:45 News and Views
 11:30 Picnic In The Park Outing
 1:30 Bingo
 6:00 Sing Along
 8

9:15 Manicures
 1:15 Reading Club- A Light In The Attic
 2:30 Bean Bag Toss
 6:30 Wheel of Fortune Club
 9

9:15 Chair Yoga
 10:00 Shopping Trip
 1:00 Bible Study
 1:30 Bingo
 3:00 Simon Says
 10

9:00 Nature Walk
 10:00 Bickford Bakers- Everything Apples
 1:15 Get Crafty- Pinecone Decorating
 3:00 Pictionary
 6:00 Sing Along
 11

Family History Day
 9:00 Making Our Family Quilt
 10:00 Mike L
 1:15 Balloon Volleyball
 6:30 Wheel of Fortune Club
 12

9:00 Chair Exercises
 10:30 Piano With Susan
 1:15 Dominos
 7:00 Lawence Welk
 Iowa State vs West Virginia
 13

9:00 Walk and Talk
 10:00 Cards
 2:00 Church
 6:00 Cynthia Z
 14

9:15 Pumpkin Painting
 10:30 Resident Council Meeting
 1:30 Bingo
 3:00 Poetry Circle led by Bernie
 6:00 Sing Along
 15

9:15 Manicures
 1:15 Grab Bag Reminisce
 2:30 Yahtzee
 6:30 Wheel of Fortune Club
 16

9:15 Passport For Wellness
 10:00 News and Views
 1:00 Bible Study
 1:30 Bingo
 3:00 Go Fish
 17

9:00 Gardening Club
 10:30 Jerry & Myrth
 1:15 Bickford Bakers- Chocolate Cupcakes
 2:00 Monthly Birthday Party
 6:00 Sing Along
 18

9:15 Chair Yoga
 10:00 Pitch
 1:00 K&L Duo
 2:30 Crazy 8's
 6:30 Wheel of Fortune Club
 19

9:00 Walk and Talk
 10:00 Fun Facts
 1:15 Uno
 7:00 Lawence Welk
 20

9:00 Chair Exercises
 10:00 Dominos
 2:00 Church
 6:00 Movie
 21

9:00 Gardening Club
 10:00 Reading club- Chicken Noodle Soup For The Soul
 1:30 Bingo
 3:00 Crossword Puzzle
 6:00 Sing Along
 22

9:15 Manicures
 1:15 Wii Bowling
 2:00 I Got It
 3:00 Lets Make Music
 6:30 Wheel of Fortune Club
 23

9:15 Noodle Balloon
 10:00 Rummy
 1:00 Bible Study
 1:30 Bingo
 3:00 Happy Hour
 24

Fire Drill Today
 9:00 Jim Quales
 10:30 News and Views
 1:15 Bickford Bakers- Pumpkin Bars
 3:00 Fall Word Search
 6:00 Sing Along
 25

9:15 Get Moving! -Hokey Pokey & the Macarena
 10:00 Pumpkin Carving
 1:15 Scrapbooking
 6:30 Wheel of Fortune Club
 26

9:00 Chair Exercises
 10:00 Riddle Me This
 1:15 Dominos
 7:00 Lawence Welk
 Iowa State vs Texas Tech
 27

9:00 Walk and Talk
 10:00 Cards
 2:00 Church
 6:00 Movie
 28

9:00 Gardening Club
 10:00 Get Crafty
 11:00 News and Views
 1:30 Bingo
 3:00 Coffee Can Ice Cream
 6:00 Sing Along
 29

9:15 Manicures
 1:15 Uno
 3:00 Soccer
 6:30 Wheel of Fortune Club
 30

Happy Halloween!
 9:15 Caramel Apples
 10:15 Halloween Party Games
 1:30 Halloween Bingo
 4:15 Trick or Treaters
 6:00 Hocus Pocus
 31

October

