Wednesday October 31st we invite all the ghosts and goblins to come join us for some Halloween fun. Most of the morning we will be playing fun Halloween themed games. Later we invite families and children to trick or treat with us before they go out into the community to fill up their candy bags.



Saturday October 6th Flu shots will be is the date for the available the first Walk to end week in October. If Alzheimer's. We will you are showing have our booth set signs or symptoms of up inside Ames the flu. We kindly Middle School at ask you not to visit 915 Mortensen Rd if your loved one until yone would like to in and walk with symptoms subside. Common symptoms us. Registration is include fever, at 8am to fatigue, body aches :30am. The ceremony and walk or muscle pains, Will begin at 9:30am. chills, sweating, congestion, nausea, or sore throat. We have our family Please wait 24 hours ounsil meeting soup before returning if supper coming up in you have had a November on Tuesday fever.

the 13th at 5pm.

Gloria Looking Fabulous





David took a break from gardening long enough for us to get a great picture of him!



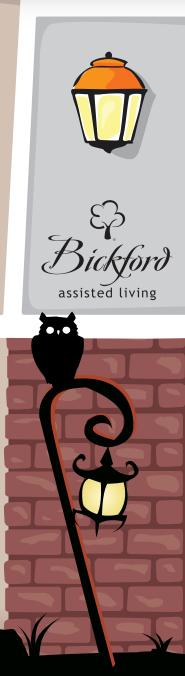
Hollywood Day

The Perfect Couple Donnie & Marie



Bob & Teddy

Upcoming Evens & Important Dates





Tom Edelbach 10/5 Tom Thielen 10/10 Bernard Gerstein 10/18 Charles Gilbert 10/2













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	9:00 Chair Yoga 10:15 Bickford Bakers- Cookies 1:30 Bingo 3:00 Finish the Phrase 6:00 Sing Along	9:15 Manicures 11:30 Outing- Downtown Dinning 1:15 Dominos 3:00 Wii Bowling 6:30 Wheel of Fortune Club 2	9:15 Passport For Wellness 10:00 Big Word Little Word 1:00 Bible Study 1:30 Bingo 6:30 Youth Group 3	9:15 Pumpkin Patch Outing 10:30 News Views 2:30 Aaron Shoemaker 3:30 Coffe and Conversation 6:00 Sing Along 4	9:15 Chair Exercises 10:00 Gardening Club 10:45 Why Do We Say It 1:15 Penny Ante 6:30 Wheel of Fortune Club	9:00 walk and Talk 10:00 Coloring Club 1:15 News and Views 7:00 Lawence Welk Iowa State vs Oklahoma
9:00 Chair Exercises 10:00 Coupon Clipping 2:00 Church 6:00 Movie 7	9:00 Gardening Club 10:00 Photo Captioning 10:45 News and Views 11:30 Picnic In The Park Outing 1:30 Bingo 6:00 Sing Along	9:15 Manicures 1:15 Reading Club- A Light In The Attic 2:30 Bean Bag Toss 6:30 Wheel of Fortune Club 9	9:15 Chair Yoga 10:00 Shopping Trip 1:00 Bible Study 1:30 Bingo 3:00 Simon Says	9:00 Nature Walk 10:00 Bickford Bakers- Everything Apples 1:15 Get Crafty- Pinecone Decorating 3:00 Pictionary 6:00 Sing Along II	Family History Day 9:00 Making Our Family Quilt 10:00 Mike L 1:15 Balloon Volleyball 6:30 Wheel of Fortune Club	9:00 Chair Exercises 10:30 Piano With Susan 1:15 Dominos 7:00 Lawence Welk Iowa State vs West Virginia 13
9:00 Walk and Talk 10:00 Cards 2:00 Church 6:00 Cynthia Z	9:15 Pumpkin Painting 10:30 Resident Counsil Meeting 1:30 Bingo 3:00 Poetry Circle led by Bernie 6:00 Sing Along	9:15 Manicures 1:15 Grab Bag Reminisce 2:30 Yahtzee 6:30 Wheel of Fortune Club	9:15 Passport For Wellness 10:00 News and Views 1:00 Bible Study 1:30 Bingo 3:00 Go Fish	9:00 Gardening Club 10:30 Jerry & Myrth 1:15 Bickford Bakers- Chocolate Cupcakes 2:00 Monthly Birthday Party 6:00 Sing Along	9:15 Chair Yoga 10:00 Pitch 1:00 K&L Duo 2:30 Crazy 8's 6:30 Wheel of Fortune Club 19	9:00 Walk and Talk 10:00 Fun Facts 1:15 Uno 7:00 Lawence Welk 20
9:00 Chair Exercises 10:00 Dominos 2:00 Church 6:00 Movie 21	9:00 Gardening Club 10:00 Reading club- Chicken Noodle Soup For The Soul 1:30 Bingo 3:00 Crossword Puzzle 6:00 Sing Along 22	9:15 Manicures 1:15 Wii Bowling 2:00 I Got It 3:00 Lets Make Music 6:30 Wheel of Fortune Club 23	9:15 Noodle Balloon 10:00 Rummy 1:00 Bible Study 1:30 Bingo 3:00 Happy Hour 24	Fire Drill Today 9:00 Jim Quales 10:30 News and Views 1:15 Bickford Bakers- Pumpkin Bars 3:00 Fall Word Search 6:00 Sing Along 25	9:15 Get Moving! -Hokey Pokey & the Macarena 10:00 Pumpkin Carving 1:15 Scrapbooking 6:30 Wheel of Fortune Club 26	9:00 Chair Exercises 10:00 Riddle Me This 1:15 Dominos 7:00 Lawence Welk Iowa State vs Texas Tech 27
9:00 Walk and Talk 10:00 Cards 2:00 Church 6:00 Movie <i>2</i> 8	9:00 Gardening Club 10:00 Get Crafty 11:00 News and Views 1:30 Bingo 3:00 Coffee Can Ice Cream 6:00 Sing Along <i>29</i>	9:15 Manicures 1:15 Uno 3:00 Soccer 6:30 Wheel of Fortune Club 3 <i>0</i>	Happy Halloween! 9:15 Caramel Apples 10:15 Halloween Party Games 1:30 Halloween Bingo 4:15 Trick or Treaters 6:00 Hocus Pocus	Octe	ber	