



Volunteers are genuine people with extraordinary hearts. They offer the gift of their time to teach, to listen to help, to inspire to build relationships, to grow and to learn. They expect no pay, yet the value of their work knows no limit. They've known the unexpected joy of a simple hug and have planted countless seeds of love within peoples lives.

I would personally like to say a heartfelt "Thank You" to our volunteer from Andrew High School "Samantha Spalla"!

(Great Granddaughter of our past resident Jeanette Magiera). Samantha has been with us for the past 2 years and has completed over 300 Community Hours with Bickford! Samantha has a compassionate heart and always go above and beyond with our residents! Samantha is a blessing to have in our home.



### Enriching Happiness in our Home!!

#### Happy Moments

#### Special Events



If you are interested in going out with your friends here at Bickford for lunch, shopping or special trips, please sign your name in the Activity Binder located in the Activity Room. Activities are posted the first of the month. Seats are limited on our Howie bus.

Throughout the next two months we will be hosting several exciting fundraisers to raise money in helping to find a cure for the Alzheimer's Association. Make sure to join our team "Bickford of Tinley Park" for the annual Alzheimer's Walk-A-Thon in Orland Park on September 29th. If you would like to make a donation in purchasing a t-shirt for \$10 you may contact Belize (CNA) with your donation and your size information. Email: B.king.1691@gmail.com Thank You, Rene Cwyl - LEC



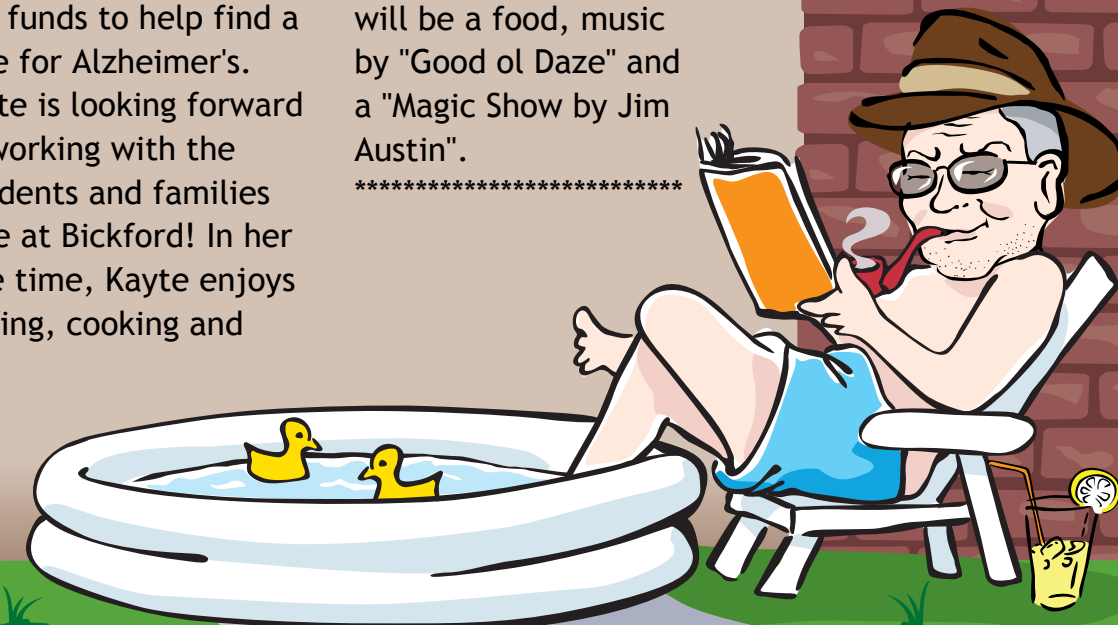
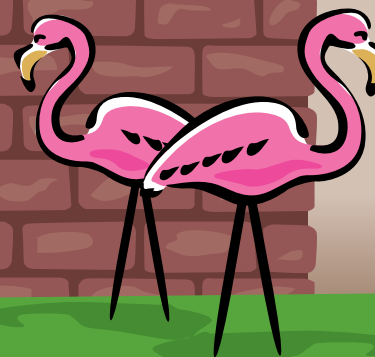
#### Welcome!

On behalf of everyone here at Bickford of Tinley Park, we would like to welcome our new Community Relations Director Kayte Gorski! Kayte is originally from Cleveland, OH and an avid Cleveland Indians fan. She graduated from Marquette University. Kayte formerly worked at the Alzheimer's Association where she helped raise awareness and funds to help find a cure for Alzheimer's. Kayte is looking forward to working with the residents and families here at Bickford! In her free time, Kayte enjoys golfing, cooking and

spending time with her family.



\*\*\*\*\*  
Happy 2 Year Anniversary to us!!!  
Bickford will be hosting a party on August 4th from 4:00-7:00. There will be a food, music by "Good ol Daze" and a "Magic Show by Jim Austin".  
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# August

\*Weekend Activities may change due to volunteer availability.

\*Medical Transportation is only available on Tuesdays & Fridays from 9:00am-4:00pm. Please see Rene LEC

If you have a favorite family recipe that you would like to share, please bring it to our new Bickford Bakers Club!

10:30 Silver Sneakers with Colleen  
11:00 Word Puzzles  
1:30 Bible Study with Chaplin Anah  
3:00 Table Games  
7:00 Movie Night  
5

10:30 Sit & Stretch  
11:00 Don't Look Back  
1:30 Walgreens Trip  
2:30 Bingo Bucks  
3:45 Apples to Apples  
6:30 Wheel of Fortune  
6

10:30 Ageless Grace Exercise with Patrice  
1:30 Blackjack with Sue  
2:00 One on One Visits  
3:00 Quarter Bingo  
4:00 Bunco  
6:30 Kings in the Corner with Colleen  
7

10:30 Sit & Stretch  
11:00 World Trivia  
1:30 St. Stephen Church Catholic Mass  
2:30 County Fair Social  
3:00 Minature Pony Visit  
8

9:00 Beauty Salon  
10:30 Draw the Story  
1:30 Hymns & Praise with Chaplin Tia  
4:00 Bickford of Tinley Park Anniversary Party  
2

Happy Birthday Marilyn F  
10:30 Sit & Stretch  
11:00 Finish the Movie  
Film Title Trivia  
1:30 Luck of the Draw  
3:00 Ice Cream Social  
4:00 Name That Tune  
3

10:30 Silver Sneakers with Colleen  
1:30 Chocolate Bingo with Samantha  
3:00 Your Inner Artist  
6:30 Group Puzzles  
4

10:30 Silver Sneakers with Colleen  
11:00 Word Puzzles  
1:30 Bible Study with Chaplin Anah  
3:00 Bunco  
7:00 Movie Night  
12

Happy Birthday Gordon  
10:30 Sit & Stretch  
11:00 Dear Abby  
1:30 Bingo Bucks  
3:00 Walgreens Trip  
6:30 Eye of the Beholder  
13

10:30 Ageless Grace Exercise with Patrice  
1:30 Blackjack with Sue  
3:00 Quarter Bingo  
2:00 One on One Visits  
4:00 Scrabble  
6:30 Shut the Box Dice with Colleen  
14

10:30 Sit & Stretch  
11:00 Reflections  
1:30 St. Stephen Rosary  
2:00 Games with Mary  
3:00 Patio Social  
6:30 Word Searches  
15

9:00 Beauty Salon  
10:30 Draw the Story  
11:30 Arbys Lunch  
1:30 Hymns & Praise with Chaplin Tia  
2:30 The Manly Man Club  
6:30 Games with Colleen  
16

10:30 Sit & Stretch  
11:00 Pictionary  
1:30 Luck of the Draw  
2:30 Trinity Lutheran Church Service  
3:00 Ice Cream Social  
4:00 Sing- A- Long  
17

10:30 Silver Sneakers with Colleen  
1:30 Chocolate Bingo with Samantha  
3:00 Your Inner Artist  
4:00 Minature Golf  
18

10:30 Silver Sneakers with Colleen  
11:00 Word Puzzles  
1:30 Bible Study with Chaplin Anah  
3:00 Group Puzzles  
7:00 Movie Night  
19

10:30 Sit & Stretch  
11:00 Finish the Phrase  
1:30 Bingo Bucks  
3:00 Minature Golf Trip  
6:30 Adult Coloring  
20

10:30 Ageless Grace Exercise with Patrice  
1:30 Blackjack with Sue  
2:00 One on One Visits  
3:00 Quarter Bingo  
4:00 Bunco  
6:30 King in the Corner with Colleen  
21

Happy Birthday Ted  
10:30 Sit & Stretch  
11:00 Basketball Hoops  
1:30 St. Stephen Church Communion  
2:00 Games with Mary  
6:00 Family Council Meeting  
22

9:00 Beauty Salon  
9:15 Spa Morning  
11:30 Petey's II Lunch  
1:30 Hymns Praise with Chaplin Tia  
3:00 Hollywood Social  
4:00 Movie Trivia  
23

10:30 Tinley Park Library-"Tales & Travels"  
2:00 Bingo Buck Store  
3:30 Ice Cream Social  
4:00 Name That Tune  
6:30 Puzzles  
24

10:30 Silver Sneakers with Colleen  
1:30 Cookie Bingo with Samantha  
3:00 Your Inner Artist  
8:00 Evening Social with Brittany & Crystal  
25

10:30 Silver Sneakers with Colleen  
11:00 Word Puzzles  
1:30 Bible Study with Chaplin Anah  
7:00 Movie Night  
26

10:30 Sit & Stretch  
11:00 Hangman Fun  
1:30 Bingo Bucks  
3:00 Marcus Cinema Trip  
6:30 Eye of the Beholder  
27

10:30 Ageless Grace Exercise with Patrice  
1:30 Blackjack with Sue  
2:00 One on One Visists  
3:00 Quarter Bingo  
4:00 Eye Know Trivia  
6:30 Games with Colleen  
28

Happy Birthday Herb  
10:30 Sit & Stretch  
11:00 Balloon Volleyball  
1:30 St. Stephen Church Rosary  
2:00 Games with Mary  
3:00 August Birthday Party  
29

Happy Birthday Mary N  
9:00 Beauty Salon  
10:30 Donuts & News  
11:30 Rising Sun Chinese  
1:30 Hymns & Praise with Chaplin Tia  
2:30 "Taming the Family Zoo"- Part 2  
30

Happy Birthday Donna  
10:30 Sit & Stretch  
11:00 Cranium Crunch  
1:30 Luck of the Draw  
3:00 Resident - Dining Council Meeting  
6:30 Wheel of Fortune  
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