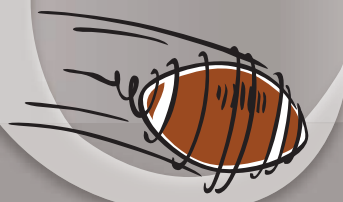




# Champaign HAPPENINGS SEPTEMBER



## BICKFORD NEWS YOU CAN USE

Hello Families-

We are falling into the autumn season with lots of exciting things going on this month.

Sept. 4th- Labor Day Join us for a cookout & Labor Day trivia game.

Sept. 9th- Grandparent's Day join us for lunch and then we will share a few photos and talk about a few memories.

September 9th - 15th will be Assisted Living Week and the theme for the week is Capture the Moment. Please take a look at the calendar for that week to see what we have planned.

Sept. 20- 50's Theme Day celebrate with us as we have a root beer floats. Dance to some 50's music and play a game of name that tune. Met our Special Guest you don't want to miss this!

Sept. 21- Fundraising for Alzheimer's a Bake Sale at Bickford Senior Living starting at 10am.

Sept. 22nd- Alzheimer's Walk join the Champaign Bickford Pearls as we take a walk at Centennial Park. Please register online or at the park by 8:30am walk starts at 10am.



### Autumn Cafe



She dipped a poem in her pumpkin spice latte  
Eyes filled with honey  
She smiled as she took a bit tossing her head  
full fiery locks she chewed and hummed  
The tune dripping like cinnamon  
She licked her crimson lips  
Laughing orange notes into the air  
Her voice crisp like leaves  
She orders more poetry  
When they come  
They are soft and warm  
She takes another bite  
The goodness melts on her tongue  
All sugar and sweet

The next poem is her favorite  
It drips with chocolate  
turtle apple slices with a hint of nutmeg  
She closes her eyes  
Stomach filled with warm dreams and happiness  
She drinks the last drop of her latte  
Full, satisfied, and inspired  
She picks up a golden pen  
Opening her little journal  
She gazes dreamily at September's trees  
Then dive into her thoughts and begin to write

-Shadow Paradox



**Happy Birthday**

Susan Byer - 11th  
 Shirley Penny - 23rd  
 John Lammers - 24th

**September Fun Facts**

- 1st month of Autumn or Fall Season
- Constitution Week take place during the month of September
- September in the Northern Hemisphere is similar to March in the Southern Hemisphere
- American college and professional football begins during this month
- Birthstone for the month of September is Sapphire
- The flower that symbolizes the month of September is Aster
- September's zodiac sign is Virgo and Libra

S M T W T F S

# September

9:45a Word Search  
 11a Exercise  
 1p Kings in the Corner  
 3p Church Service  
 6p Lemonade & Chat  
 30

9:45a Word Search  
 11a Exercise  
 1p Kings in the Corner  
 3p Church Service  
 6p Lemonade & Chat  
 2

**Grandparent's Day**  
 9:45a Word Search  
 11a Exercise  
 1p Photo of Grandkid or Grandparents  
 3p Church Service  
 6p Lemonade & Chat  
 9

9:45a Word Search  
 11a Exercise  
 1p Kings in the Corner  
 3p Church Service  
 6p Lemonade & Chat  
 16

9:45a Word Search  
 11a Exercise  
 1p Kings in the Corner  
 3p Church Service  
 6p Lemonade & Chat  
 23

**Labor Day**  
 9:45a Brain Teaser  
 11a Exercise  
 1p Labor Day Trivia  
 2:30p Labor Day Movie w/ Popcorn  
 7p Card Game  
 3

9:45a Brain Teaser  
 11a Exercise  
 1p Bucket List Monday  
 2:30p The Great Escape w/ Popcorn  
 7p Card Game  
 10

9:30a Brain Teaser  
 10:30a Kay's Ukulele  
 1p Relax on Patio  
 2:30p Good Will Hunting w/ Popcorn  
 7p Card Game  
 17

9:45a Brain Teaser  
 11a Exercise  
 1p Crafty Creations  
 2:30p Grumpier Old Men  
 7p Card Game  
 24

10a Patio Talk  
 11a Exercise  
 1p Cranium Crunch  
 2p Balance Class  
 3p Devotion w/ Rich  
 6p Wheel Of Fortune  
 4

10a Patio Talk  
 11a Exercise  
 1:15p Guess Who  
 2:30p Balance Class  
 3p Devotion w/ Rich  
 6p Wheel Of Fortune  
 11

10a Patio Talk  
 11a Exercise  
 1:15p Cranium Crunch  
 2:30p Balance Class  
 3p Devotion w/ Rich  
 6p Wheel Of Fortune  
 18

10a Patio Talk  
 11a Exercise  
 1:15p Cranium Crunch  
 2:30p Balance Class  
 3p Devotion w/ Rich  
 6p Wheel Of Fortune  
 25

9:45a Word Search  
 11a Exercise  
 1p September IQ Test  
 2:30p 3 minute Words  
 6p Bickford Piano Music & Lemonade  
 5

**Jeans & Purple Day**  
 9:45a Word Search  
 11a Exercise  
 1p Melodies w/ Marty  
 2p Resident Council  
 6p Bickford Piano Music & Lemonade  
 12

9:45a Word Search  
 11a Exercise  
 1p ASK A NURSE  
 2:30p 3 minute Words  
 3:30p Ballon Volleyball  
 6p Bickford Piano Music & Lemonade  
 19

9:45a Word Search  
 11a Exercise  
 2:30p Ice Cream Social w/ Jessica  
 3:30p Relaxing Patio  
 6p Bickford Piano Music & Lemonade  
 26

9:45a Patio Talk  
 11a Exercise  
 1p Cranium Crunch  
 2p Pet Therapy Morgan  
 3p Relaxing Patio  
 6p Wheel Of Fortune  
 6

**Ice Cream Sundae Day**  
 9:45a Patio Talk  
 11a Exercise  
 1p Cranium Crunch  
 2p Pet Therapy Sam  
 3p Birthday Party  
 6p Wheel Of Fortune  
 13

**50's Day-Special Guest**  
**9:45a Special Guest**  
 11a Exercise  
 1pName that Tune  
 2p Pet Therapy Morgan  
 3p Hank & Friends  
 6p Hilary & Rebecca  
 Sing Along  
 20

9:45a Patio Talk  
 11a Exercise  
 1p Cranium Crunch  
 2p Pet Therapy Sam  
 3p Reminisce: Birthday Traditions  
 6p Wheel Of Fortune  
 27

9:45a Coffee & Donuts  
 11a Exercise  
 1p Guitar Solo John  
 2p Jennifer's BINGO  
 7p Classic TV Night  
 7

9:45a Coffee & Donuts  
 11a Exercise  
 1p Guitar Solo John  
 2p BINGO  
 7p Classic TV Night  
 14

9:45a Coffee & Donuts  
 11a Exercise  
 1p Guitar Solo John  
 2p BINGO  
 6pm Darr's Music  
 21

9:45a Coffee & Donuts  
 11a Exercise  
 1p Guitar Solo John  
 2p BINGO  
 4:30p Social Hour w/ Angelicka  
 7p Classic TV Night  
 28

9a Manicures  
 10a Piano Solo Dee  
 11a Exercise  
 1p Skip-Bo  
 2:15p Pop & Popcorn  
 1

9a Manicures  
 10a Piano Solo Dee  
 11a Exercise  
 1p Left Center Right  
 2:15p Pop & Popcorn  
 8

9a Manicures  
 10a Piano Solo Dee  
 11a Exercise  
 1p Skip-Bo  
 2:15p Pop & Popcorn  
 15

9a Manicures  
 10a Piano Solo Dee  
 11a Exercise  
 1p Left Center Right  
 2:15p Pop & Popcorn  
 22

9a Manicures  
 10a Piano Solo Dee  
 11a Exercise  
 1p Skip-Bo  
 2:15p Pop & Popcorn  
 29

