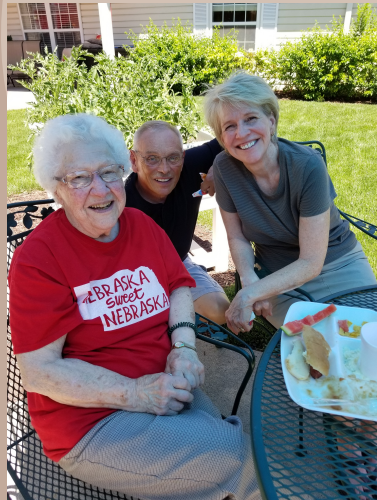




We celebrated 4th of July taking funny pictures all day!! There was a grilled lunch with banana splits, rootbeer floats in the afternoon and in the evening we had more ice cream along with some fireworks. During the month of July we visited the Sunken Gardens and it was a very HOT day, but a very nice visit. We went out for a lunch outing and had our regular every other week shopping trips. There was some crafts and painting with Candy on Wednesday evenings. We celebrated Italian Day with a wine and cheese party and music by Tom Roth. We also enjoyed music during July from Dannel(Old Time Music), Bill Chrastil, The Kramer Sisters, Anne Bremmer and Rose. Hope everyone had a Happy 4th.



## FAMILIES and FRIENDS at BICKFORD



Lots of things going on in August. We will be having our 1st **Dementia Support Group**.

**Tuesday August 14th @4pm at Home Instead Senior Care**  
**1400 Dahlberg Dr Suite E 68512**

Any questions regarding this please ask. During August we will be celebrating County Fair Day and Hollywood Day. We will be having a fundraiser at **Yogurtini 3900 Old Cheney Rd Suite 205** **Monday August 20th 3pm-7pm. Proceeds going towards Alzheimer's Walk Fundraiser.**

Thanks to Visiting Angels for providing the Kona Ice Truck to everyone on a hot day! It was a great treat for all. Love to share pictures of families, I don't always have space to put all them on here, but please check the facebook page and enrichinghappiness blog. There are additional pictures on these web sites.



## FLU SEASON



Oh yes, it is getting close to that time again. We just want to remind you that if you go to the doctor please get your flu shot. Bickford does provide it if you need it, if you have any questions regarding flu shots please see Kari or Kaylee. Vaccination to prevent influenza is particularly important for people who are at high risk of serious complications from influenza such as children younger than 5, but especially children younger than 2, adults 65 and older, pregnant women, residents of care facilities.

People who have medical conditions.

A few tips to keep our Residents and Staff safe from exposure to the Flu:

- 1) Please do not visit until you are free of any cold or flu-like symptoms for at least 48 hours.
- 2) Let the resident know you are unable to visit and consider a phone visit instead.

- \*Wash your hands often
- \*Cover your cough
- \*Avoid public gatherings, people with cold/flu symptoms.
- \*Drink plenty of liquids and get rest.



**Bickford**  
 assisted living & memory care



**AUGUST BIRTHDAYS  
RESIDENTS BIRTHDAYS**

PAM TURNER 8/9  
 BARB BENNER 8/12  
 WANDA GREGORY 8/16  
 GLADYS BOS 8/17  
 ART BOSSARD 8/18  
 ELLA SCHAMP 8/27  
 NORMA SHIPFERLING 8/28

**BICKFORD FAMILY MEMBERS BIRTHDAYS**

KAYLEE VCULEK 8/8  
 HEATHER GETTNER 8/10  
 JIMMY THIMSEN 8/14  
 JAYCEE SOMMER 8/17  
 KATIE MATHIESON 8/18  
 SONDR A BOHMONT 8/24  
 AUTUMN SCHWANDT 8/26



# August

9:30 Balloon Toss  
 10:00 Chapel Service  
 w/Ethan Rathjen  
 10:30 Catholic Comm  
 2:00 Crafts  
 6:30 Johnny Carson  
 (DVD) 5

9:45 Catholic Mass  
 w/Father Bourek  
 10:30 Yoga w/Anita  
 1:30 Manicures  
 6:30 Game Night 6

9:45 Morning Social  
 10:30 Current Events  
 2:00 Bingo w/Pam  
 6:30 Resident Choice  
 Movie 7

9:45 Let's Walk  
 10:15 Family Feud  
**NOON County Fair  
 Theme Meal**  
 2:00 County Fair Day  
 6:30 Painting 8

9:45 Chicken Soup for  
 the Soul  
 10:15 Chapel Service  
 w/Communion  
 2:30 Food Council  
 Meeting  
 3:30 Wayne Miller  
 6:30 Cards 2

9:30 Quilt Show @  
 Lincoln Christian School  
 10:00 Catholic Comm  
 1:30 Resident  
 Shopping "Walmart"  
 2:00 Movie & Popcorn  
 6:30 Penny Ante 3

9:45 Core Exercises  
 10:30 Spelling Bee/  
 Word Games  
 2:00 Bingo w/Pam  
 6:30 Adult Coloring 4

9:30 Balloon Toss  
 10:00 Chapel Service  
 w/Ethan Rathjen  
 10:30 Catholic Comm  
 2:00 Crafts  
 6:30 Johnny Carson  
 (DVD) 12

9:45 Catholic Mass  
 w/Father Bourek  
 10:30 Yoga w/Anita  
 1:30 Manicures  
 3:00 Outing to Yogurtini  
 6:30 Game Night 13

9:45 Morning Social  
 10:30 Current Events  
 NOON Cooks Choice  
 Meal  
 2:00 Bingo w/Pam  
 6:30 Just Us 14

9:45 Let's Walk  
 10:15 Family Feud  
 2:00 Music with  
 Bill Chrastil  
 6:30 Painting 15

9:45 Chicken Soup for  
 the Soul  
 10:15 Chapel Service  
 1:30 Resident  
 Shopping "WalMart"  
 2:00 Movie & Popcorn  
 6:30 Cards 16

9:45 Double Ditte  
 10:30 Yoga w/Anita  
 2:00 Fun w/Food  
 (Honey Bee Month)  
 6:30 Penny Ante 17

9:45 Core Exercises  
 10:30 Spelling Bee/  
 Word Games  
 2:00 Bingo w/Pam  
 6:30 Adult Coloring 18

9:30 Balloon Toss  
 10:00 Chapel Service  
 w/Ethan Rathjen  
 10:30 Catholic Comm  
 2:00 Crafts  
 6:30 Johnny Carson  
 (DVD) 19

9:45 Catholic Mass  
 w/Father Bourek  
 10:30 Yoga w/Anita  
 1:30 Manicures  
 6:30 Game Night 20

9:45 Morning Social  
 10:30 Current Events  
 2:00 Bingo w/Pam  
 6:30 Just Us 21

9:45 Let's Walk  
 10:15 Family Feud  
 2:00 Folk Music w/  
 Bill Behmer & Gwen  
 Meister  
 6:30 Painting 22

9:45 Chicken Soup for  
 the Soul  
 10:15 Chapel Service  
 1:30 Hollywood Day  
 2:00 Movie & Popcorn  
 6:30 Cards 23

9:45 Double Ditte  
 10:30 Yoga w/Anita  
 2:00 Fun w/Food  
 (Banana Lovers Month)  
 6:30 Penny Ante 24

9:45 Core Exercises  
 10:30 Spelling Bee/  
 Word Games  
 2:00 Bingo w/Pam  
 6:30 Adult Coloring 25

9:30 Balloon Toss  
 10:00 Chapel Service  
 w/Ethan Rathjen  
 10:30 Catholic Comm  
 2:00 Crafts  
 6:30 Johnny Carson  
 (DVD) 26

9:45 Catholic Mass  
 w/Father Bourek  
 10:30 Yoga w/Anita  
 1:30 Manicures  
 3:00 Resident Council  
 Meeting  
 6:30 Game Night 27

9:45 Morning Social  
 10:30 Current Events  
 2:00 Bingo w/Pam  
 6:30 Just Us 28

10:30 OUTING  
 Tour the Memorial  
 Stadium  
 2:00 Music w/  
 Anne Bremmer  
 6:30 Painting 29

9:45 Chicken Soup for  
 the Soul  
 10:15 Chapel Service  
 1:30 Resident Shopping  
 "Dollar Tree"  
 2:00 Movie & Popcorn  
 6:30 Cards 30

9:45 Double Ditte  
 10:30 Yoga w/Anita  
 2:00 Fun w/Food  
 (Homemade Lemonade)  
 6:30 Penny Ante 31

