

I Scream, You Scream, We All Scream for Ice Cream!!!

That's right, July is national ice cream month. President Ronald Reagan designated it in 1984, recognizing ice cream as a fun and nutritious food. Ice cream is enjoyed by over 90% of our nation's population, and President Reagan called for the people to observe it with "appropriate ceremonies and activities." You'll notice various ice cream related activities and sweet treat times throughout the July calendar, but also stay tuned for next month's schedule of events. I'm predicting an ice cream social, with a twist, in the near future. Until then, stay cool, and with what better way than an ice cream treat :)



### Unwind...Its Summer Time

Happy sizzlin' like a fried egg on a hot concrete slab-summer family and friends at Bickford! It's the most exciting time of year; folks traveling, enjoying the warm weather and getting involved in the traditional "get-togethers" we all remember growing up as youngsters. The 4th of July is right smack in the middle of the week this year and Bickford will be celebrating with a nice cook-out themed meal which is no-doubt going to be delicious! We aren't able to transport your loved-one to the big-bang show, but

please feel free to take anyone out. We will have sparklers available as long as the weather is tolerable. Something new starting this month is a lunch time Family Counsel meeting. We will be at the Old Dairy Monday, July 16 from 11:30AM to 1PM if you can join for lunch on us! Bring your ideas, critiques and encouragements. Remember, our annual electronic survey is coming up and we want the opportunity to make everything outstanding! Sincerely, Robin

### July BFM Spotlight

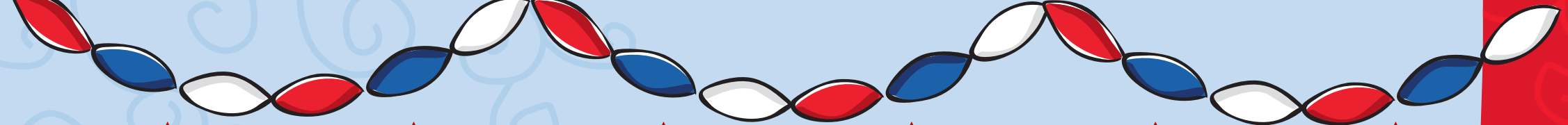
Everyone meet Katelyn Green! Katelyn is a full time 1st shift CNA here at Bickford. Her favorite color? Definitely not green!, she likes the color purple. She's kind of sweet on sweets, especially anything that has chocolate in it. The movie Titanic is her favorite, and as a child she liked watching Clifford. Katelyn doesn't have one particular music group that she prefers over another. She likes everything from the early 2000's country to modern day rap music.

When asked what inspires her the most, she doted on her baby girl, Averie.

Katelyn says that her daughter inspires her to provide her a good life, and Katelyn is very proud to be raising her. Some of Katelyn's best qualities are that she is hard working, reliable and has a big heart.

Katelyn really enjoys caring for our residents, and she always does so with the biggest smile on her face. She enjoys seeing them happy and being able to put a smile on their face also. Next time you're in for a visit, stop and say hello to Katelyn. If you're extra lucky, maybe she'll have that precious baby in with her for a visit to your loved ones!





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10:15 Coffee & Chat  
1:00 Praise/Worship  
1:30 Sunday Fellowship  
3:00 Snack & Joke Time  
7:00 Movie Night 1

10:15 Exercise  
11:00 Singalongs  
1:00 Nifty Nails  
1:30 Park District  
2:00 Jello Cake  
6:30 Balloons of Freedom 2

10:15 Noodle Ball  
2:00 Resident Council  
3:00 Ice Cream In A Bag  
6:30 Magazine Scavenger Hunt 3

**Independence Day**  
10:15 Exercise & America Trivia  
1:00 Salon Day  
1:30 Bell Ringing Ceremony on TV  
3:00 Snack & Chat 4

10:15 Exercise & Chat  
1:30 Park District  
3:00 Happy Hour  
7:00 Bedtime Snacks and Reminisce 5

10:15 Exercise & Chicken Trivia  
1:00 Praise/Worship  
2:15 BINGO  
7:00 Bean Bag Toss 6

10:00 Coffee & Chat  
2:00 Cards & Games  
3:00 Strawberry Sundaes  
6:30 Movie- Forrest Gump 7

10:15 Coffee & Chat  
1:00 Praise/Worship  
1:30 Sunday Fellowship  
3:00 Thought for the Day  
6:30 Exercises 8

10:15 Exercise & Chat  
1:00 Nifty Nails  
1:30 Mac Park District  
7:00 Campfire Songs 9

10:15 Noodle Ball  
2:30 Pina Colada Mocktails  
3:00 Dominoes  
6:30 Finish the Phrase 10

10:15 Exercise  
1:00 Salon Day  
12PM Fam Counsel @ Old Dairy  
2:30 Summertime Show & Tell  
6:30 Charlotte's Web 11

10:15 Exercise & Chat  
1:00 Praise/Worship  
2:15 BINGO  
6:30 Tissue Paper Leis 12

10:15 Exercise & Potato Trivia  
1:30 Mac Park District  
3:00 What's In A Name  
7:00 Movie Night 13

10:00 Coffee & Chat  
2:00 Cards & Games  
3:00 Root Beer Floats  
6:30 Strengthening Exercises 14

10:15 Coffee & Chat  
1:00 Praise/Worship  
1:30 Sunday Fellowship  
6:30 Movie- Seabiscuit 15

10:15 Exercise  
11:00 Singalongs  
1:00 Nifty Nails  
1:30 Mac Park District  
7:00 Fold Napkins 16

**Baseball Day**  
10:15 Noodle Ball  
2:00 Baseball Trivia  
2:30 Baseball Craft  
3:00 Who's on First  
7:00 All Star Baseball Game 17

10:15 Exercise  
1:00 Salon Day  
2:30 Pound with Greg Todd  
3:00 Patriotic Candle Holders  
6:30 Collages 18

**Italian Day**  
10:15 Exercise & Italian Word Game  
1:00 Praise/Worship  
2:30 Pizza Presentation By Larry 19

10:15 Exercise & Lollipop Fun Facts  
1:30 Bubble Blowing  
2:15 Bingo  
6:30 Movie- Charlie & The Chocolate Factory 20

**Happy Birthday BFM Tammy!**  
10:00 Coffee & Chat  
2:00 Cards & Games  
3:00 Summer Movie Marathon  
7:00 Exercises 21

10:15 Coffee & Chat  
1:00 Praise/Worship  
1:30 Sunday Fellowship  
3:00 Snacks & Game  
6:30 Strengthening Exercises 22

**Happy Birthday Michael!!!**  
10:15 Exercise  
1:00 Nifty Nails  
1:30 Park District  
6:30 Candy Coated Pretzels 23

10:15 Noodle Ball  
2:15 Snacks & Trivia  
3:00 Yarn Wrapped Patriotic Stars  
6:30 Napkin Folding 24

10:15 Exercise  
11:00 Morning Walk  
1:00 Salon Day  
2:30 Hot Fudge Sundaes  
6:30 Movie- My Girl 25

10:15 Exercise & Coffee Trivia  
1:00 Praise/Worship  
2:15 BINGO  
7:00 Ice Cream Fun Facts & Bedtime Snack 26

10:15 Exercise & Chat  
1:30 Mac Park District  
3:00 Happy Hour  
6:30 Movie- Caddyshack 27

10:00 Coffee & Chat  
2:00 Cards & Games  
3:00 Coloring & Snack Time  
6:30 Strengthening Exercises 28

10:15 Coffee & Chat  
1:00 Praise/Worship  
1:30 Sunday Fellowship  
6:30 Movie- National Lampoon's Vacation 29

**Happy Birthday BFM Katelyn!**  
10:15 Exercise  
1:00 Nifty Nails  
2:30 DQ Treats  
6:30 Movie & Popcorn 30

10:15 Noodle Ball  
1:00 Bean Bag Toss  
2:15 Patriotic Wind Catcher Craft  
6:00 Word Searches  
7:00 Beaded Bracelets 31

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