

DAD

I ♥ DAD

He never looks for praises, He's never one to boast, He just goes on quietly working, For those he loves the most. His dreams are seldom spoken, His wants are very few, And most of the time his worries will go unspoken too. He's there...a firm foundation through all our storms of life, A sturdy hand to hold to, In times of stress and strife. A true friend we can turn to, When times are good or bad, One of our greatest blessings, The man that we call Dad.

-Karen K. Boyer

Macomb

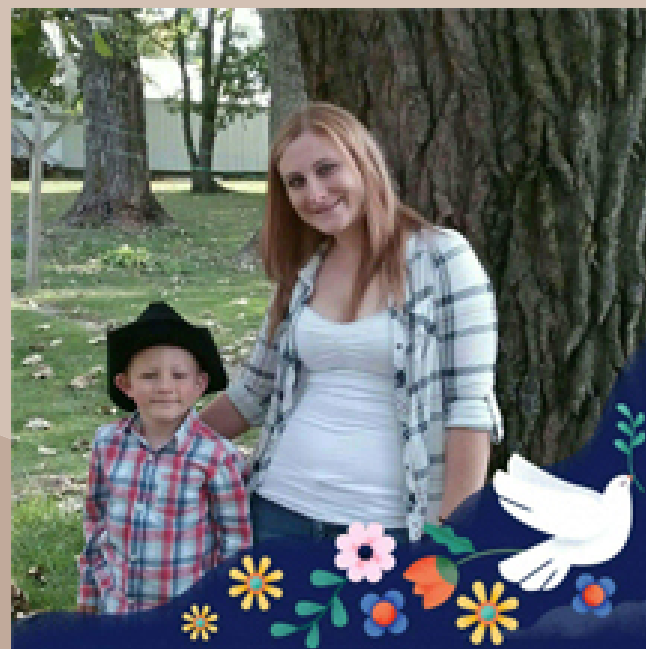
HAPPENINGS

JUNE

BFM June Spotlight

Meet Alana! Alana is a first shift CNA and has been doing CNA work for the last couple of years. A few of her favorite things include: the color orange, pizza, strawberries, and the group Aerosmith. Her favorite movie is Tombstone and her favorite childhood movie is The Little Mermaid. Alana is inspired the most by her son Liam, who is also her proudest accomplishment. Alana can be described as hard working (we sure know that to be true!), honest and silly.

In her free time, she enjoys spending time with her son, her friends and family. Alana's favorite thing about Senior Living is the pride she feels when being able to help out others. Alana's birthday happens to fall right in the middle of National CNA week this year (on the 13th of this month), so if you happen to be in visiting, be sure to wish her a Happy Birthday! We're very lucky to have a gem like her in our family. Alana, thank you for all you do for our residents!



I love June Just like Johnny

Are you excited for summer? We sure are! It's picnic season and we're looking forward to a nice Father's Day cookout this month! Stay tuned for details. You won't want to miss it! We've been working hard planting flowers and sprucing up the place. It's been so fun perking things up and adding color. What are your favorite flowers to see during the summer? As most of you will be traveling over the next couple months, I'd like to say, safe travels! And pack your first aid kits with lots of sunscreen!

Also, just a little reminder: Bickford is a no smoking property. Please help us keep our home safe and healthy by letting visitors know ahead of time :) Here are some interesting facts about this lovely month of June:

- The longest day of the year occurs on either June 21st or 22nd.
- June in the Northern Hemisphere is similar to the month of December in the Southern Hemisphere.

Take Care! Robin Wike



Bickford
assisted living



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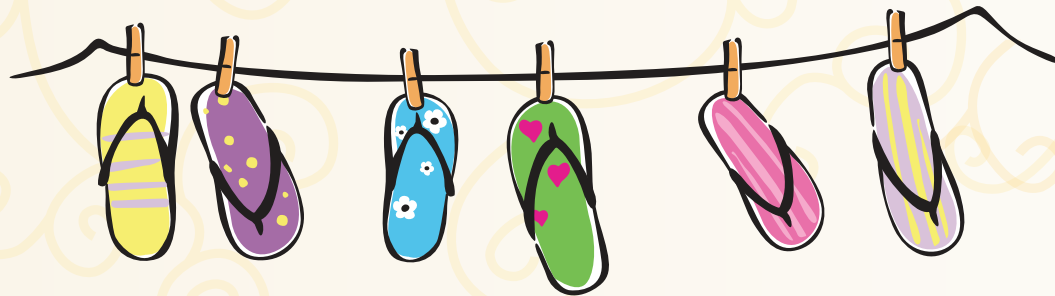
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June

10:15 Coffee & Chat
1:00 Praise & Worship
1:30 Sunday Fellowship
6:00 Residents Choice **3**

10:15 Exercise & Chat
11:00 Morning Walk
1:00 Nifty Nails
6:30 Laundry Folding **4**

10:15 Noodle Ball
2:00 Residents Council
3:00 Porch Sit & Chat
6:30 Jello Making **5**

Western Day
10:15 Exercise
1:00 Salon Day
2:30 Bean Bag Toss
3:00 Mac Park District
7:00 Movie Night **6**

10:15 Exercise & Chat
1:00 Praise & Worship
2:30 BINGO
6:30 Peanut Shucking **7**

Ntnl. Doughnut Day
10:15 Exercise & Donut Trivia
11:00 Morning Walk
2:30 BINGO
6:30 Residents Choice **1**

10:00 Coffee & Chat
2:00 Cards & Games
2:30 Ice Cream Snack
3:00 Scrapbooking
7:00 Movie & Popcorn **2**

10:15 Coffee & Chat
1:00 Praise & Worship
1:30 Sunday Fellowship
6:00 Movie-Wizard of Oz **10**

Natnl CNA Week
10:15 Exercise & Chat
1:00 Nifty Nails
3:00 Porch Sit
6:30 What's In A Name **11**

Superman Day!
10:15 Noodle Ball
1:45 Cooking Class
3:00 Kite Flying
7:00 Movie Night & Popcorn- UP **12**

Happy Birthday BFM Alana!
10:15 Dance Exercise
1:00 Salon Day
2:30 Pound with Greg Todd **13**

Flag Day
10:15 Exercise
1:00 Praise & Worship
2:30 BINGO
6:30 Balloon Volleyball **14**

3P to 6P Fathers Day Picnic
10:15 Exercise
11:00 Morning Walk
1:45 Craft Time
7:00 Movie & Popcorn **15**

10:00 Coffee & Chat
2:00 Cards & Games
3:00 Scrapbooking
6:30 Strengthening Exercises **16**

Father's Day
10:15 Coffee & Chat
1:00 Praise & Worship
1:30 Sunday Fellowship
7:00 Movie Night **17**

10:15 Exercise & Chat
1:00 Nifty Nails
2:30 Finger Food Samplers
6:30 Volleyball & The News **18**

10:15 Noodle Ball
2:00 Homemade Dog Treats
3:00 Porch Sit & Chat
6:30 Famous Bible Quotes **19**

10:15 Dance Exercise
1:00 Salon Day
2:00 Wine Tasting & Summer Painting
7:00 Movie- The Sandlot **20**

Hello Summer!!!
10:15 Exercise
1:00 Praise & Worship
2:30 BINGO
6:30 Wood Sanding **21**

Bring Your Dog to Work
10:15 Exercise & Trivia
2:00 Piano by Carol
2:30 Rose Vases
7:00 Movie Night **22**

Pink Day
10:00 Coffee & Chat
2:00 Cards & Games
3:00 Scrapbooking
6:30 Strengthening Exercises **23**

10:15 Coffee & Chat
1:00 Praise & Worship
1:30 Sunday Fellowship
7:00 Movie & Popcorn **24**

10:15 Exercise & Chat
1:00 Nifty Nails
2:30 Lemon Ice Cream & Porch Visit
6:30 Volleyball & The News **25**

Ntnl Beautician Day
10:15 Noodle Ball
2:00 Hand Massages
3:00 Porch Sit & Chat
6:30 Learn the Macarena **26**

Happy Birthday BFM Amanda!
10:15 Exercise
1:00 Salon Day
2:30 Candy Sampling & Trivia
6:30 Movie-Grease **27**

Happy Birthday Dorothy!
10:15 Exercise
1:00 Praise & Worship
2P BB BS Activity
6:30 Fold Napkins **28**

10:15 Exercise & Trivia
11:00 Morning Walk
1:30 Park District
2:30 Camera Time
7:00 Movie & Popcorn **29**

10:00 Coffee & Chat
2:00 Cards & Games
3:00 Scrapbooking
6:30 Strengthening Exercises **30**

