

Hello Bickford Families,
 I have a program that may be of interest for our Assisted Living residents. This program, offered by Kindred Home Health, called "Safe Strides", will be held on June 22nd at 6:00PM. The representatives will be coming in to do a screening for Balance and fall risk. The discussion will cover the advantages of this screening for our residents. This will be an hour-long meeting and they will only be able to see 10 residents to do this screening. Please see Rene, our Life Enrichment Corrdinator, to sign up, as this is on a first come first serve basis.
 Thank You and I hope to see you there.
 Nancy Tschiggfrie
 RNC

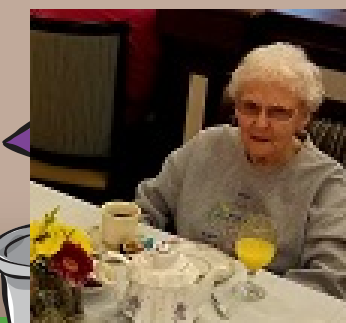


Mother's Day High Tea Social!!

Thank you to families & friends for spending the day with us!



Save the Date for our Family Day Picnic which will be on Saturday, July 21st. More information will follow in our July's Newsletter.



Smile & Be Happy!

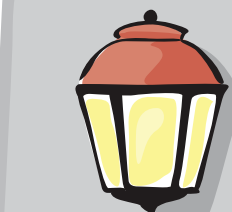
We've all heard the old saying: "Laughter is good medicine" or "Laughter is good for the soul". Laughter is beneficial for both physical and emotional conditions. Laughter can usher in a new perspective which can lead to a changed attitude. A negative or critical attitude determines how we feel moment by moment. But when we raise our sights, look at the world with lightness in our hearts, expecting to enjoy the day, we will succeed!

Deciding to chuckle rather than snarl will result in an emotional boost. Let's all find something to laugh about today! You will feel better!

Beverly Hoitsma
 Assistant RNC



We will be celebrating Father's Day with a Ice Cream Social on Saturday, July 16th from 2:00-3:00!



Bickford
 assisted living & memory care



Trying to find humor as much as possible in any situation will help to keep our emotions in check.

Happy Birthday

June 1st - June S.
 June 10th - RoseMary L.
 June 25th - Betty C.

June Fun Days

1st-Donut Day
 4th A Cheesy Day
 7th Pudding Day
 8th Banana Split Day
 12th PB Cookie Day
 14th Flag Day
 19th Hershey's Chocolate Day
 21st First Day of Summer
 Summertime Social
 28th Strawberry Moon Day

* Mary B's Symphony Outings will be every other Tuesday. Please sign up with Beverly Asst.RNC.

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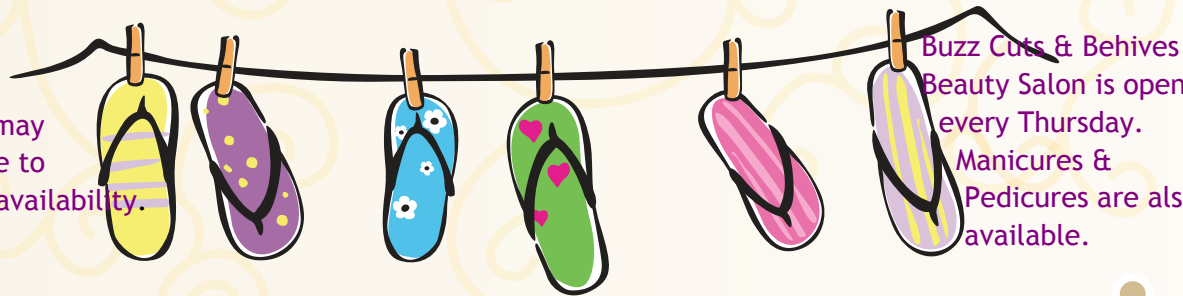
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Weekend Activities may change due to volunteer availability.



Activities are subject to change. Check your Daily Activity Sheets for updates.

June

10:30 Senior Strides with Colleen
 1:30 Bible Study with Chaplin Anah
 2:30 Puzzles
 3

10:30 Exercise
 11:00 Brain Quest
 11:30 Wendy's Lunch Trip
 1:30 Basketball Hoops
 3:30 Bingo Bucks
 6:30 Wheel of Fortune
 4
 5

10:30 Ageless Grace with Patrice
 1:30 Blackjack
 2:45 Quarter Bingo
 6:30 Games with Colleen
 5

Western Day
 10:30 Exercise
 11:00 Balloon Volley
 1:30 St. Stephen Rosary
 2:00 Games with Mary
 3:00 Entertainment "Dean Milano"
 6

10:30 Exercise
 11:00 Pictionary
 1:30 Bean Bag Toss
 2:30 Hymn's/Praise with Chaplin Tia
 6:30 Bingo Bucks with Colleen
 7

10:30 Pastries & Coffee
 11:00 Sing-A-Long
 1:30 Games with Jill
 2:30 Walgreens Trip
 3:00 Banana Split Social
 4:00 Inner Artist
 8

10:30 Senior Strides with Colleen
 1:30 Bingo with Samantha
 2:45 Scrabble
 9

10:30 Mary B's Ageless Grace with Patrice
 10:30 Senior Strides with Colleen
 1:30 Word Searches
 2:30 Puzzles
 10

10:30 Exercise
 11:00 Charades
 11:30 Picnic in the Park
 1:30 Bible Study with Chaplin Anah
 3:00 Bingo Bucks
 6:30 Wheel Of Fortune
 12

10:30 Ageless Grace with Patrice
 1:30 Blackjack with Sue
 2:45 Quarter Bingo
 6:30 Games with Colleen
 12

10:30 Exercise
 11:00 Basketball Hoops
 1:30 St. Stephen Church Mass
 2:00 Games with Mary
 3:30 Patio Social
 6:30 Wheel of Fortune
 13

10:30 Exercise
 11:00 Brain Quest
 1:30 Sing-A-Long
 2:30 Hymn's/Praise with Chaplin Tia
 6:30 Bingo Bucks with Colleen
 14

10:30 Donuts & Coffee
 11:00 Walgreens Trip
 1:30 Games with Jill
 2:00 Entertainment "Samuel Lozada"
 2:30 Trinity Lutheran Church Service
 15

10:30 Senior Strides with Colleen
 2:00 Father's Day Ice Cream Social
 16

Father's Day
 10:30 Senior Strides with Colleen
 1:30 Word Searches
 3:30 Puzzles
 17

0:30 Exercise
 11:00 Pictionary
 11:30 Chili's Lunch Trip
 1:30 Bible Study with Chaplin Anah
 3:00 Bingo Bucks
 6:30 Wheel Of Fortune
 18

10:30 Ageless Grace with Patrice
 1:30 Blackjack with Sue
 3:00 Entertainment "Sandi Haynes"
 6:30 Games/Colleen
 19

10:30 Bingo Buck Store
 1:30 St. Stephen Church Rosary
 2:00 Games with Mary
 3:30 Patio Social
 6:30 Wheel of Fortune
 20

10:30 Exercise
 11:00 Reflections
 2:30 Hymn's/Praise with Chaplin Tia
 3:30 Resident Council
 6:30 Bingo Bucks with Colleen
 21

10:30 Donuts & Coffee
 1:30 Games with Jill
 2:00 Men's Club with Leonard
 3:30 Spa Day Trip
 6:00 Safe Strides with Kindred Home Health
 22

10:30 Senior Strides with Colleen
 1:30 Bingo with Samantha
 2:45 Golf Game
 23

10:30 Mary B's Ageless Grace with Patrice
 10:30 Senior Strides with Colleen
 1:30 Word Searches
 2:30 Puzzles
 24

10:30 Exercise
 11:00 Reflections
 11:30 Bakers Square
 1:30 Bible Study with Chaplin Anah
 2:30 Cordon Bleu with Debi
 25

10:30 Ageless Grace with Patrice
 1:30 Blackjack with Sue
 2:45 Quarter Bingo
 6:30 Games with Colleen
 26

10:30 Exercise
 11:00 Basketball Hoops
 1:30 St. Stephen Church - Communion
 2:00 Games with Mary
 3:30 Patio Social
 6:30 Wheel of Fortune
 27

10:30 Exercise
 11:00 Pictionary
 2:30 Hymn's/Praise with Chaplin Tia
 3:30 Ice Cream Social
 6:30 Bingo Bucks with Colleen
 28

10:30 Donuts & Coffee
 11:00 Sing-A-Long
 1:30 Games with Jill
 3:30 Minature Golfing Trip
 6:30 Entertainment "Frank Rossi"
 29

10:30 Senior Strides with Colleen
 1:30 Bingo with Samantha
 2:45 Inner Artist
 30

