



## Windows to Happiness

I'm very excited to introduce something new and fun to our community. We are all about enriching happiness here at Bickford - especially with activity participation. However, these moments of happiness aren't frequently captured in time - that is until now! We've created a display called "Windows To Happiness" that will give everyone a glance into the happiness moments we experience from day to day. Here's how this works. Throughout the day I will be snapping photos of residents and BFM's, and then

sending them off to be printed. Every few days during our morning meeting I ask someone to choose a few photos from the pile to swap out on the window. It's a great way to capture those moments where we forget our troubles, overlook life's difficulties, and simply have fun! That's what happiness is all about, and that's what we want to display looking into the Windows To Happiness. Have an amazing July to each and everyone in our family!

-Paul Fasano  
Life Enrichment  
Coordinator



## Director's Letter

Hello to all!

As some of you are aware there have been some recent changes here at Bickford Senior Living of Rockford. I wanted to take this time to update you on a few things. As of May 16th I have accepted the Director position. I am excited to lead our branch into the future! Together alongside Becca Giardin (RNC), Paul Fasano (LEC), David Lockett (Kitchen Manager), and Greg Donnell (Head of Maintenance) we will continue to keep your loved on our #1 priority.

With my role changing from Assistant Director to Director I have been

asked if we are hiring another Assistant Director. The answer to that question is that we have decided to go in a different direction. We have decided to instead hire a Community Relations Coordinator (CRD). The primary responsibilities of the CRD will be marketing. At this time we are interviewing qualified candidates for this position, and have high hopes to have this position filled shortly.

If you have any questions, comments, or concerns please reach out to me.

Thank you,

Danielle Nelson  
Director





# Events to attend in July

## Patriotic Party:

- Tuesday, July 3rd
- 6:15pm
- Entertainment by Tom Stanfield
- Families are welcome

## Family Night:

### Italian Theme Dinner

- Thursday, July 19th
- 5:00pm
- Entertainment by Russ Loniello
- Cost is \$5.50 per guest
- RSVP by Monday, July 16th by email (rockfordlec@enrichinghapiness.com), Facebook, or in the sign in/out book in the lobby

## Birthday Party:

- Wednesday, July 25th
- 2:00pm
- Entertainment by Janet Lieb



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9:05 Catholic Communion  
2:00 Chapel Service

1

9:15 Exercise  
10:15 Current Events  
10:30 Drum Circle  
1:30 Bickford Store  
2:30 Flower Garden maintenance

2

9:15 Stretch Session  
10:15 Poker  
1:15 Catholic Mass  
2:00 Pinochle  
3:15 Bell Choir  
6:15 Patriotic Party

3

**Independence Day**  
Anytime Fun:  
Billiards  
Fuse ball  
Table Tennis  
Air Hockey  
6:00 Bingo

4

9:15 Chair Yoga  
10:30 Bible Study  
1:15 Sing-A-Long  
2:30 Uno

5

9:15 Exercise  
10:15 Short story & mystery time  
1:30 Movie Matinee with popcorn, soda, and candy

6

Anytime  
First floor fun:  
Billiards  
Fuse ball  
Table Tennis  
Air Hockey  
2:00 Bingo

7

9:05 Catholic Communion  
2:00 Chapel Service

8

9:15 Exercise  
10:15 Current Events  
11:30 Leave for Lunch at Ned's Diner  
1:30 Bickford Store

9

9:00 Nails by Deb  
9:15 Stretch Session  
10:15 Poker  
2:00 Pinochle  
3:15 Bell Choir

10

8:00 Foot Doctor  
9:15 Exercise  
10:15 Dog Therapy  
10:15 Happiness Hour (coffee & treats)  
6:00 Bingo

11

9:15 Chair Yoga  
10:30 Bible Study  
1:15 Balloon Volleyball  
2:30 Uno  
3:00 Music Therapy with Colleen

12

9:15 Exercise  
10:15 Social Time on the deck  
1:30 Leave for Fishing Trip at Rock Cut State Park

13

Anytime  
First floor fun:  
Billiards  
Fuse ball  
Table Tennis  
Air Hockey  
2:00 Bingo

14

10:35 Catholic Communion  
2:00 Chapel Service

15

9:15 Exercise  
10:15 Current Events  
10:30 Drum Circle  
1:30 Bickford Store  
2:30 Thinking Cards

16

9:15 Stretch Session  
10:15 Poker  
2:00 Pinochle  
3:15 Bell Choir

17

9:15 Exercise  
10:15 Watercolor Fun  
2:00 Trip to Rockford Public Library & Pie Shop  
3:00 Pinochle  
6:00 Bingo

18

9:15 Chair Yoga  
10:30 Bible Study  
1:15 Bocce Ball  
2:30 Uno  
5:00 Family Dinner  
**Italian Theme**

19

9:15 Exercise  
10:15 Short story & mystery time  
1:30 Movie Matinee with popcorn, soda, and candy

20

Anytime  
First floor fun:  
Billiards  
Fuse ball  
Table Tennis  
Air Hockey  
2:00 Bingo

21

10:35 Catholic Communion  
2:00 Chapel Service

22

9:15 Exercise  
10:15 Current Events  
1:30 Bickford Store  
2:30 One minute mysteries

23

9:15 Stretch Session  
10:15 Poker  
2:00 Pinochle  
3:15 Bell Choir

24

9:15 Exercise  
10:15 Happiness Hour (coffee & treats)  
10:15 Dog Therapy  
2:00 July Birthday Party  
6:00 Bingo

25

9:15 Chair Yoga  
10:30 Bible Study  
2:30 Uno  
3:00 Music Therapy with Colleen

26

9:15 Exercise  
10:15 Social Time on the deck  
2:00 Happiness Hour on the deck (Ice Cream Sundaes)

27

Anytime  
First floor fun:  
Billiards  
Fuse ball  
Table Tennis  
Air Hockey  
2:00 Bingo

28

9:05 Catholic Communion  
2:00 Chapel Service

29

9:15 Exercise  
10:15 Current Events  
1:30 Bickford Store  
2:30 Resident and Food Council

30

9:15 Stretch Session  
10:15 Poker  
2:00 Pinochle  
2:00 Walgreens blood pressure tests  
3:15 Bell Choir

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July

