



At the end of May, we will be helping our friend Reatha celebrate her 103rd Birthday! Her lovely smile and fiesty nature brighten every day. Stop in to wish her a Happy Birthday and you just may be lucky enough to hear her play her harmonica or catch her playing the piano. If you're unable to stop in for a visit, she would love to receive cards for her special day, so just mail one on in to the branch and we'll make sure she gets it!



BFM Spotlight for May

Meet the backbone of our delicious home-cooked meals, Kitchen Manager Shauna Carroll! Shauna was born and raised in Canton, Il and is the oldest of 6 kids, including her twin brother (by 57 seconds!) In her spare time she enjoys spending time with her family, which include her husband of 22 years and her son who is 23 and daughter who is 21. They love going to the lake to go boating, swimming, fishing, camping and to walk their 2 labs, Ash & Ember. Shauna is loyal, compassionate and loving.

She has been inspired most by her mom, family & her faith. Shauna enjoys giving back to seniors who have helped pave the way that we live today. She likes being able to take care of their daily needs so they can enjoy more time with their loved ones, & so she can bring them happiness. A few of Shauna's favorites include; lasagna, the movie Grease, Bon Jovi, the color blue, and the Flintstones cartoon. Her proudest accomplishment is buying her 1st home. We know she is also proud to cook for your loved ones & she's always willing to try out any recipes you'd like to share!



Hello May!

Our dear friend "Spring" has finally arrived after a very long wait! It is so wonderful to see the flowers blooming, grass growing, & listening to all the birdsong. We are in "full on spring mode" here at the branch as well. Our porches are getting ready for you, so come on by, relax & enjoy! On May 6th-12th we will celebrate National Nurses Week. Thanks to Cindy McDaniel, our RNC and her fabulous team of Sharon Riley, Janet Hunt, Deb Christner, Nancy Buchholz, Tonia Martin & Mischelle

Miller for all they do. We have the best nurses anywhere! On Sunday, May 13th we will have our Mother's Day Tea to celebrate all our mothers. I hope that you will join us for some flower planting activities & light refreshments. Please be sure to RSVP to Nicole if you plan to attend. We will also be saying good-bye for the summer to WIU Music Therapy, who works with our residents every Monday. We look forward to their return in the fall. We hope you are enjoying the start of spring! Hope to see you soon! Cheryl McGowan





May

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National Nurses Day
10:15 Coffee & Chat
1:00 Praise & Worship
1:30 Fellowship
2:30 Snacks & Stories
6

10:15 Exercise & Chat
11:00 Singalongs
1:00 Nifty Nails
3:00 Porch Sit
6:30 Resident Choice
7

May Day
10:15 Noodle Ball
2:00 Resident Council
3:00 Porch Sit & Chat
7:00 Movie Night
1

10:15 Dance Exercise
1:00 Salon Day
1:30 Hat Decorating
3:00 Porch Sit & Chat
6:30 Res Choice
2

10:15 Exercise & Trivia
1:00 Praise & Worship
2:00 BINGO
7:00 Movie & Popcorn
3

10:15 Exercise with WIU Students
10:30 Morning Walks
1:30 Macomb Park District
7:15 Cubs Vs. Cardinals Game
4

Kentucky Derby Day
10:00 Coffee & Chat
1:15 Cubs Vs. Cardinals Game
2:00 Cards & Games
5

Mother's Day
10:00 Coffee & Chat
1:00 Praise & Worship
2:30 Mother's Day Tea & Flower Planting Party
13

10:15 Exercise & Chat
1:00 Nifty Nails
3:00 Porch Sit
6:30 Resident's Choice
14

10:15 Noodle Ball
2:30 Cooking Class
4:00 Porch Sit & Chat
7:00 Movie & Popcorn
8

10:15 Exercise with Park District
1:00 Salon Day
2:30 Pound with Greg Todd
6:30 Resident's Choice
9

10:00 Performance by Accordion Group
1:00 Praise & Worship
2:00 BINGO
6:30 Resident Choice
10

Happy Birthday BFM Megan D.!
10:15 Exercise
11:00 Morning Walks
2:30 Bean & Pasta Art
7:00 Res Choice
11

10:00 Coffee & Chat
2:00 Cards & Games
3:00 Scrapbooking
7:00 Movie & Popcorn
12

10:15 Coffee & Chat
1:00 Praise & Worship
1:30 Sunday Fellowship
2:30 Snacks & Stories
20

10:15 Exercise & Chat
11:00 Singalongs
1:00 Nifty Nails
3:00 Porch Sit
6:30 Resident Choice
21

10:15 Noodle Ball
2:30 Chocolate Chip Cookies
4:00 Porch Sit & Chat
7:00 Movie & Popcorn
15

Wear Your Purple :)
10:15 Dance Exercise
1:00 Salon Day
2:00 Scrapbooking
6:30 Resident's Choice
16

10:15 Exercise & Trivia
1:00 Praise & Worship
2:30 BINGO
6:30 Resident's Choice
17

10:00 Western Museum Trip
2:00 Flower Seed Bombs
3:30 Porch Sit & Chat
7:00 Movie Night
18

10:00 Coffee & Chat
2:00 Cards & Games
3:00 Scrapbooking
7:00 Movie & Popcorn
19

Happy Birthday BFM Faith!
10:15 Coffee & Chat
1:00 Praise & Worship
1:30 Sunday Fellowship
27

Memorial Day
10:15 Exercise & Chat
12:00 BBQ
1:30 Word Searches
6:30 Movie-Flags Of Our Fathers
28

10:15 Noodle Ball
1:30 Macomb Park District
3:00 Porch Sit & Chat
7:00 Movie & Popcorn
22

10:15 Dance Exercise
1:00 Salon Day
2:30 Cooking Class
6:30 Resident's Choice
23

Farm Day
10:15 Exercise & Farm Trivia
1:00 Praise & Worship
2:30 BINGO
6:30 Res Choice
24

10:15 Exercise & Chat
1:30 Macomb Park District
2:30 Porch Sit & Chat
6:30 Res Choice
25

10:00 Coffee & Chat
2:00 Cards & Games
3:00 Scrapbooking
7:00 Movie & Popcorn
26

10:15 Noodle Ball
1:00 Nifty Nails
3:00 Cooking Class
7:00 Movie & Popcorn
29

10:15 Dance Exercise
1:00 Salon Day
2:30 Scrapbooking
6:30 Resident's Choice
30

Happy Birthday Reatha!!!!
10:15 Exercise & Trivia
1:00 Praise & Worship
2:30 Card Party
31

