

At the end of May, we will be helping our friend Reatha celebrate her 103rd Birthday! Her lovely smile and fiesty nature brighten every day. Stop in to wish her a Happy Birthday and you just may be lucky enough to hear her play her harmonica or catch her playing the piano. If you're unable to stop in for a visit, she would love to receive cards for her special day, so just mail one on in to the branch and we'll make sure she gets it!

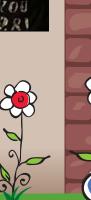


## BFM Spotlight for May

Meet the backbone of our delicious homecooked meals, Kitchen Manager Shauna Carroll! Shauna was born and raised in Canton, Il and is the oldest of 6 kids, including her twin brother (by 57 seconds!) In her spare time she enjoys spending time with her family, which include her husband of 22 years and her son who is 23 and daughter who is 21. They love going to the lake to go boating, swimming, fishing, camping and to walk their 2 labs, Ash & Ember, Shawna is loyal, compassionate and

She has been inspired most by her mom, family & her faith. Shauna enjoys giving back to seniors who have helped pave the way that we live today. She likes being able to take care of their daily needs so they can enjoy more time with their loved ones, & so she can bring them happiness. A few of Shauna's favorites include: lasagna, the movie Grease, Bon Jovi, the color blue, and the Flintstones cartoon. Her proudest accomplishment is buying her 1st home. We know she is also proud t cook for your loved one & she's always willing to try out any recipes you'd like to share!









Our dear friend

"Spring" has finally

arrived after a very

wonderful to see the

long wait! It is so

flowers blooming,

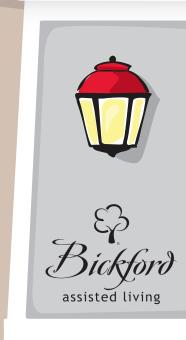
## Hello May!

Miller for all they do. We have the best nurses anywhere! On Sunday, May 13th we will have our Mother's Day Tea to celebrate all our mothers. I hope that you will join us for some flower planting activities & light refreshments. Please be sure to RSVP to Nicole if you plan to attend. We will also be saying good-bye for the Therapy, who works every Monday. We look forward to their return in the fall. We

the start of spring

Cheryl McGowa

Hope to see you



























May Day 10:15 Noodle Ball 2:00 Resident Council 3:00 Porch Sit & Chat 7:00 Movie Night

10:15 Dance Exercise 1:00 Salon Day 1:30 Hat Decorating 3:00 Porch Sit & Chat 6:30 Res Choice

10:15 Exercise & Trivia 1:00 Praise & Worship 2:00 BINGO 7:00 Movie & Popcorn

10:15 Exercise with **WIU Students** 10:30 Morning Walks 1:30 Macomb Park District 7:15 Cubs Vs. Cardinals Game 41

Kentucky Derby Day 10:00 Coffee & Chat 1:15 Cubs Vs. Cardinals Game 2:00 Cards & Games

National Nurses Day 10:15 Coffee & Chat 1:00 Praise & Worship 1:30 Fellowship 2:30 Snacks & Stories

10:15 Exercise & Chat 11:00 Singalongs 1:00 Nifty Nails 3:00 Porch Sit 6:30 Resident Choice

10:15 Noodle Ball 2:30 Cooking Class 4:00 Porch Sit & Chat 7:00 Movie & Popcorn

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10:15 Exercise with Park District 1:00 Salon Day 2:30 Pound with Worship **Greg Todd** 6:30 Resident's Choice

10:00 Performance by Accordion Group 1:00 Praise & 2:00 BINGO 6:30 Resident Choice

10:15 Exercise &

Happy Birthday BFM Megan D.! 10:15 Exercise 11:00 Morning Walks 2:30 Bean & Pasta Art 7:00 Res Choice

10:00 Coffee & Chat 2:00 Cards & Games 3:00 Scrapbooking 7:00 Movie & Popcorn

10:00 Coffee & Chat

2:00 Cards & Games

3:00 Scrapbooking

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Mother's Day 10:00 Coffee & Chat 1:00 Praise & Worship 2:30 Mother's Day Tea & Flower Planting Party 13

10:15 Exercise & Chat 1:00 Nifty Nails 3:00 Porch Sit 6:30 Resident's Choice 14

10:15 Noodle Ball 2:30 Chocolate Chip Cookies 4:00 Porch Sit & Chat 7:00 Movie & Popcorn 15

1:00 Salon Day 2:00 Scrapbooking 6:30 Resident's Choice

Wear Your Purple:) Trivia 10:15 Dance Exercise 1:00 Praise & Worship 2:30 BINGO 6:30 Resident's Choice

Farm Day

10:00 Western Museum Trip 2:00 Flower Seed Bombs 3:30 Porch Sit & Chat 7:00 Movie Night

7:00 Movie & Popcorn

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10:15 Coffee & Chat 1:00 Praise & Worship 1:30 Sunday Fellowship 2:30 Snacks & Stories 20

10:15 Exercise & Chat 11:00 Singalongs 1:00 Nifty Nails 3:00 Porch Sit 6:30 Resident Choice 21

10:15 Noodle Ball 1:30 Macomb Park District 3:00 Porch Sit & Chat 7:00 Movie & Popcorn 22

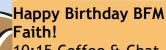
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Choice

10:15 Exercise &

Farm Trivia 1:00 Praise & Worship 2:30 BINGO 23 6:30 Res Choice 24 10:15 Exercise & Chat 1:30 Macomb Park District 2:30 Porch Sit & Chat 6:30 Res Choice 25

10:00 Coffee & Chat 2:00 Cards & Games 3:00 Scrapbooking 7:00 Movie & Popcorn



10:15 Coffee & Chat 1:00 Praise & Worship 1:30 Sunday Fellowship 27

10:15 Exercise & Chat 12:00 BBQ 1:30 Word Searches 6:30 Movie-Flags Of

Our Fathers

10:15 Noodle Ball 1:00 Nifty Nails 3:00 Cooking Class 7:00 Movie & Popcorn

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Happy Birthday 10:15 Dance Exercise Reatha!!!!! 1:00 Salon Day 10:15 Exercise & 2:30 Scrapbooking Trivia 6:30 Resident's 1:00 Praise & Worship

2:30 Card Party 31

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