



Thank you to all our Nurses who have gone above and beyond for taking care of our residents.

*Nancy Tschiggfrie, RNC
 *Beverly Hoitsma, Ast RNC
 *Charmaine Zelinka, RN
 *Mohammed Eassa, RN
 *Ann Branch, LPN
 *Tiffany Lee, LPN
 *Eve Safarik, LPN

*Brittany Kinner, LPN
 *Dahlia Brwon-Lewis, LPN
 *Michelle Gosselin, LPN
 *Paulette Stephens, LPN
 *Duan Woods, LPN
 *Kimberly Lusby, LPN



Happiness in our Home!

Smiles All Around

Mother's Day Social



We will be hosting a special Mother's Day Mimosa/ High Tea Social for our residents, and their daughters and sons on May 12th from 2:30-3:30 Don't forget to wear your fancy social hats!

Please, RSVP if you you would like to attend by May 7th to the following email: tinleyparklec@enrichinghappiness.com or text me at the following number: 1-708-522-5325.

Thank You,
 Rene - LEC

Directing Family

Director
 Kimberly White

Assistant Director
 Tom Latham

Registered Nurse Coordinator
 Nancy Tschiggfrie

Life Enrichment Coordinator
 Rene Cwyl

Kitchen Coordinator
 Rob Miller

Maintenance Coordinator
 Leonard Mason

Spring Time Wellness



Though there might be some snow in the ground, springtime is starting to bloom all around us, it's a time of new growth & new enthusiasm, nature is budding, waking us up from winter into new and fresh possibilities!
 It's time for us to do the same:

1. Renew your New Year's resolution - springtime might be a better time to support you in your endeavors.
2. Lighten up on your food- It's time to expand energy not store it. Eat plenty of fresh fruit & vegetables. Drink plenty of water.

3. Wake up earlier and "play" outside - celebrate the newness of the season - you just might discover something new!
 Happy Spring time!
 Beverly, Asst. RNC



Happy 100th Birthday Josephine!!!!

May your special day be filled with smiles, sunshine, laughter and love...exactly what you've brought to the world for 10 decades.



Bickford
 assisted living & memory care





Weekend activities may change due to volunteer availability.



Activites are subject to change. Weather Permitting.



May

10:30 Silver Sneakers
1:30 Group Puzzle
6:30 Candy Bingo with Colleen

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Mother's Day

10:30 Silver Sneakers
Family Gatherings
6:30 Candy Bingo with Colleen

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10:30 Silver Sneakers
1:30 Group Puzzles
6:30 Candy Bingo with Colleen

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10:30 Silver Sneakers
1:30 Group Puzzles
6:30 Candy Bingo with Colleen

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10:30 Exercise
11:00 Brain Quest
1:30 Scrabble
2:30 Luck of the Draw Bingo
4:00 Walgreens Trip

7

9:00 CPR Training for Staff
10:30 Silver Sneakers
1:30 Bible Study
2:30 Bean Bag Toss
3:45 Group Puzzles
6:30 Wheel of Fortune

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10:30 Exercise
11:30 Brain Quest
1:30 Bible Study
2:30 Patio Social
3:00 Resident Council
4:00 Walgreens Trip
6:30 Wheel of Fortune

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Memorial Day
10:30 Exercise
11:00 Holiday Trivia
1:30 Courtyard Games
2:30 Cordon Bleu with Debi
3:30 Yahtzee

28

10:30 Ageless Grace
1:30 Sister Kathy - Spiritual Reflections
2:30 Blackjack
3:30 Quarter Bingo
6:30 Games with Colleen

1

10:30 Ageless Grace
11:00 Pictionary
1:30 Poker
3:00 Live Entertainment Kym Frankovelgia
4:15 Bunco
6:30 Games with Colleen

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10:30 Ageless Grace
1:30 Blackjack
3:00 Quarter Bingo
4:15 Sing-A-Long
6:30 Game Night with Colleen

15

10:30 Ageless Grace
11:00 Reflection
1:30 Bingo Buck Store
3:30 Poker
4:00 Yahtzee
6:30 Game Night with Colleen

22

10:30 Ageless Grace
11:00 Charades
1:30 Blackjack
3:00 Quarter Bingo
4:15 Silver Sneakers
6:30 Game Night with Colleen

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10:30 Exercise
11:00 Dear Abby
1:30 St. Stephen Rosary
2:30 Board Games
3:30 Soda Floats & Trivia
4:00 Silver Sneakers

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10:30 Exercise
11:00 Balloon Volley
1:30 St. Stephen Mass
2:30 Board Games
4:00 Silver Sneakers
6:30 Wheel of Fortune

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10:30 Exercise
11:00 Dear Abby
1:30 St. Stephen Rosary
2:30 Board Games
4:00 Silver Sneakers
6:30 Wheel of Fortune

16

10:30 Stretch w/Bands
11:00 Balloon Volley
1:30 St. Stephen Communion
2:30 Board Games
4:00 Silver Sneakers
6:30 Wheel of Fortune

23

10:30 Stretch w/Bands
11:00 Pictionary
1:30 St. Stephen Rosary
2:30 Board Games
3:30 Frozen Treats
4:45 Courtyard Grill
6:30 Games Night

30

9:30 Exercise
10:00 Cranium Crunches
11:00 Noodle Balloon
1:30 Hymns/Praise
2:30 Cinco De Mayo Fiesta- Taco Bar/ Frozen Mararitas
6:30 Group Puzzles

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10:30 Exercise
11:00 Reflections
1:30 Bingo Bucks
2:30 Hymns/Praise
3:30 Culinary Delights with Joann
6:30 Game night with Colleen

10

10:30 Exercise
11:00 Brain Quest
1:30 Men's Club
2:30 Hymns/Praise
3:00 Live Entertainment Liz Goss
Happy Birthday Marie!

17

10:30 Exercise
11:00 Basketball Hoops
1:30 Hymns & Praise
2:30 Bean Bag Toss
3:00 Marcus Cinemas
3:30 Group Puzzles

24

10:30 Exercise
11:00 Brain Quest
1:30 Hymns/Praise
2:30 Thunder Bowl Trip
4:00 Solitaire
Happy Birthday Naomi!!

31

10:30 Coffee & Donuts
11:30 Arby's Lunch
1:30 King in the Corner
2:00 Sing-A-Long
3:15 Shut the Box Dice Game
6:30 Wheel of Fortune

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10:30 Coffee & Muffins
11:30 Big Bulls Lunch
1:30 King in the Corner
2:30 Eye Know Trivia
3:30 Bingo Bucks
4:00 Gardening Club

11

10:30 Coffee & Pastries
1:30 King in the Corner
2:30 Trinity Lutheran Church
3:30 Bingo Bucks
6:30 Wheel of Fortune

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10:30 Library Visit "Tales & Travels"
11:30 Rising Sun Lunch
1:30 King in the Corner
4:00 Courtyard Social
6:30 Live Entertainment Bruce Korosa & Son

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Kentucky Derby Day
10:00 Silver Sneakers
10:30 Hat Decorating
1:30 Bingo
2:45 Rose Cupcakes & Mint Julip Mocktails Social

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10:00 Bible Study
2:30 Mothers Day Social
High Tea/Mimosa
Violinist - Diana Mayne
6:30 Adult Coloring

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7:00 Royal Wedding Day - Special Televised
10:30 Silver Sneakers
1:30 Snack Bingo
2:45 Bowling
HAPPY 100th BIRTHDAY JOSEPHINE

19

10:30 Silver Sneakers
1:30 Snack Bingo
2:45 Your Inner Artist
4:00 Uno Card Game
6:30 Adult Coloring

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