



Champaign

HAPPENINGS

MARCH

BICKFORD NEWS YOU CAN USE

Hello Families- Spring is approaching and I believe we will be much happier to see better weather here soon. I wanted to share with you our first Mad Lib story. Which is featured on the front of our newsletter this month. We did a mad lib activity & thought it would be a great idea to show family what we have been up too. We probably should have read the story first to have better nouns, verbs, and adjectives but I think this is what made the story fun not knowing how it would turn out. We will feature the next half of our story in April's newsletter to find out Jane Martin's secret admirer.

Now lets take a look inside the newsletter to see what's going on this month.

We will have two theme days this month Casino Day held on March 8th and St. Patrick's Day will be celebrated on March 17th. Come join us for some fun while you get to spend time with your loved on and get to know you Bickford Staff.

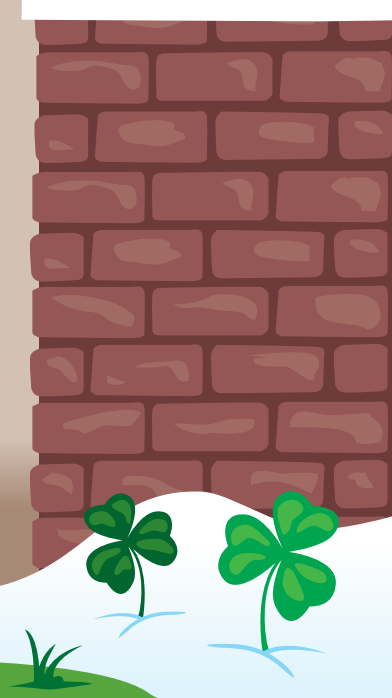
Love Is in the Air

On Valentine's Day, Jane Martin answered a knock on her door. She looked to the west and to the south, but no one was there. She looked down and saw an old vase of long stemmed roses with an unmarked red envelope attached to it with a ribbon. Who could it be from? With young hands, she began to read: My Darling, I have cheerfully loved you for over 6 years. I dream of your big eyes, your little nose, your blue hair, and your round foot. Your amazing beauty makes my heart jump a beat and my home go wild. Your youthful ways make me feel 12

again. I fantasize of painting the town yellow with you. If I could, I would take you away to Hawaii and treat you to a gourmet dinner of coleslaw and chicken. Then later I'd take you to the movie theater to see Gone with the Wind, and then since it would be late, I'd take you back to your condo and give you a sloppy kiss on your first lips. So what do you say? Would you like to turn my fantasy into reality? If so, send me a sign. Tie the ribbon to your house within the next 11 hours and then, and only then will I reveal my secret wealth. Sincerely, Your important admirer




Bickford
assisted living
& memory care



March Fun Facts

- March's flower is the daffodil, which represents hope.
- The birthstone of March is the aquamarine, which symbolizes courage and bravery.
- Spring officially begins in March! It starts anywhere from March 19 to March 21 every year
- March comes from the name of the Roman god of war, Mars
- Monthly observances include American Red Cross Month, Fire Prevention Month, Women's History Month, and National Reading Month



March

Welcome Committee
9:45a Brain Teaser
11a Exercise
1:15p March's IQ
2p A Yolk A Day
3p St. Paddy's Potato Cakes
6p Wheel Of Fortune 1

9:45a Coffee/Donuts
11a Exercise
1p Guitar Solo John
2p BINGO
7p Movie Night 2

9:15a Manicures
10a Piano Music Dee
11a Exercise
1p Skip-Bo
2:30p Pop & Popcorn 3

11a Fitness of the Ages
1:30p Kings in the Corner
3p Church Service
6p Fireside Cocoa & Chat 4

9:45a Brain Teaser
11a Exercise
1p Creative Creation: Egg Nor Door Decor
2:30p The Day the Earth Stood Still & Popcorn
7p Card Game 5

10a Coffee Talk
11a Exercise
11:30a WhoWhatWhen
2p Balance Class
3p Devotion w/ Rich
6p Wheel Of Fortune 6

9:45a Word Search
11a Exercise
1:30p Cranium Crunch
2:30p Table Volleyball
3p Mad Science-Eggs-periment
6p Music & Cocoa 7

Casino Fun
9:45a Brain Teaser
11a Exercise
1p Black Jack
2p Pet Therapy Morgan
2:45p Roulette
6p Wheel Of Fortune 8

9:45a Coffee/Donuts
11a Exercise
1p Guitar Solo John
2p StarBuck's BINGO
7p Movie Night 9

9:15a Manicures
10a Piano Music Dee
11a Exercise
1p Left Center Right
2:30p Pop & Popcorn 10

11a Fitness of the Ages
1:30p Kings in the Corner
3p Church Service
6p Fireside Cocoa & Chat 11

9:45a Brain Teaser
11a Exercise
1p Creative Creation: Pot Of Gold Center Piece
2:30p Godzilla: King Of Monsters
7p Card Game 12

10a Coffee Talk
11a Exercise
11:30a WhoWhatWhen
1:30p Cranium Crunch
2:30p Balance Class
3p Devotion w/ Rich
6p Wheel Of Fortune 13

9:45a Word Search
11a Exercise
1:30p Cranium Crunch
2p Reminisce w/ Jessica-St.Patty's Day
3p Kilarney Kwik Kicker Drink
6p Music & Cocoa 14

Welcome Committee
9:45a Brain Teaser
11a Exercise
1:30p Pistachio Cake
2:30p Many words
3p Hank & Friends
6p Hilary & Rebeca Sing Along 15

9:45a Coffee/Donuts
11a Exercise
1p Guitar Solo John
2p BINGO
7p Movie Night 16

St. Patrick's Day
9:15a Green Manicures
10a Piano Music Dee
11a Exercise
1p Skip-Bo
2:30p Lucky Floats & Popcorn 17

11a Exercise
1:30p Kings in the Corner
3p Church Service
6p Fireside Cocoa & Chat 18

9:45a Brain Teaser
11a Exercise
1p Creative Creation: Slap on Bracelets
2:30p The Good The Bad & The Ugly & Popcorn
7p Card Game 19

10a Coffee Talk
11a Exercise
11:30a WhoWhatWhen
1p Dan Ryan Express
2:30p Balance Class
3p Devotion w/ Rich
6p Darr's Music 20

Fire Drill
9:45a Word Search
11a Exercise
1:30p Cranium Crunch
2p Resident Council
3p Mad Science- Egg Drop
6p Music & Cocoa 21

9:45a Brain Teaser
11a Exercise
1:30p Jeopardy Trivia
2p Pet Therapy Morgan
3p Hot Chili Cheese Dip
6p Wheel Of Fortune 22

9:45a Coffee/Donuts
11a Exercise
1p Guitar Solo John
2p BINGO
4:30p Social Hour w/ Angelicka
7p Movie Night 23

9:15a Manicures
10a Piano Music Dee
11a Exercise
1p Left Center Right
2:30p Pop & Popcorn 24

11a Exercise
1:30p Kings in the Corner
3p Church Service
6p Fireside Cocoa & Chat 25

9:45a Brain Teaser
11a Exercise
1p Passover Trivia & Puzzles
2:30p The Sound of Music & Popcorn
7p Card Game 26

10a Coffee Talk
11a Exercise
11:30a WhoWhatWhen
1:30p Fire Prevention
2p Balance Class
3p Devotion w/ Rich
6p Bridget's Melody 27

9:45a Word Search
11a Exercise
1:30p Cranium Crunch
2:30p Seated Soccer
6p Music & Cocoa 28

9:45a Brain Teaser
11a Exercise
2p ABC's Of Spring
3p Birthday Party
6p Wheel Of Fortune 29

9:45a Coffee/Donuts
11a Exercise
1p Guitar Solo John
2p BINGO
7p Movie Night 30

9:15a Manicures
10a Piano Music Dee
11a Exercise
1p Skip-Bo
2:30p Pop & Popcorn 31

