

### February's Family Night

Wednesday, Feb. 14th dinner will be served at 5:00, entertainment at 6:15 by Larry Breidenbach Please RSVP for dinner by Feb. 9th by signing up in the black book or by emailing Kris at rockfordlec@enrichinghappiness.com

## Spaghetti Fundraiser dinner

purchase your tickets from the office or at the door

**Pictured left:** Maria and Santa

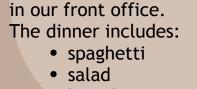
Pictured below: Josephine and her family with Santa



# Spaghetti Fundraiser Dinner

We will be hosting our Tickets can be bought annual Speghetti Fundraiser Dinner, benefitting the Veteran's Drop In Center of Rockford, on Monday, February 5, from 5- 6:30pm.

The cost for the tickets is \$5 per person.



- bread
- desert
- drink

Entertainment will be provided by: Mississippi Man

# A Note from the Nurse

Cold and flu season is in full swing, and this year attacking our area with full force! Yuck! A few signs to look for include: Cold

- stuffy nose
- sneezing
- sore throat
- mild/mod cough

#### <u>Flu</u>

- high fever
- headache
- body aches
- exhaustion
- mild/mod cough

Antibiotics are ineffective against these viruses. Anti-viral drugs can lessen flu symptoms if given within 48 hrs of

Our population is extremely vulnerable to these viruses. We ask that you help us in protecting our residents by not visiting the building if you have any signs of fever, sore throat, or cough. We encourage our

healthy visitiors to:

- wash your hands before and after your visit
- cover your cough
- use a tissue or sleeve if needing to cough/sneeze

Thanks for helping us keep your loved ones healthy this winter season! Your RNC, Becca



It's hard to believe that we are already into the second month a little stir crazy, of 2018! Time is flying from being indoors, by, and we have so many wonderful things no exception to this! happening in the Rockford branch.

While it is still cold outside, we have things like the Superbowl, Winter Olympics, Spaghetti Fundraiser dinner for the Veteran Drop-In Center, and celebrating with our alentine's.

This is the time of year, we can become and our residents are We encourage our healthy visitors to be mindful of this. An extra visit or phone call can go a long way in boosting your loved one's spirits. While the days can seem long, the promise of sun and spring are coming around the corner. As always, our thanks to you for entrusting a part of your lives with us. God Bless,

Bob



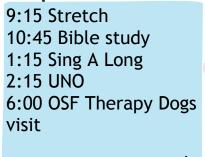




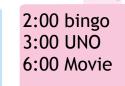


12





9:15 Exercise
10:15 Toss the "Hog"
1:30 Group door
decorating contest for
the Olympics
3:00 Happy Hour
Happy Ground Hog
Day!



3

10:35 Catholic communion 2:00 Chapel 3:00 UNO with Cole 5:30 superbowl game

9:15 Exercise
10:15 Current Events
1:30 Bickford Store
2:15 Trivia
3:00 Left, Center,
Right
5:00-6:30 Fundraiser
Dinner

9:15 Stretch 10:15 Poker 1:30 Wheel of Fortune 2:00 Pinochle 3:15 Bell choir

6

20

9:15 Exercise 10:15 coffee hour 2:00 Board games 3:00 Pinochle 6:00 Bingo 9:15 Stretch 10:45 Bible study 1:15 Sing A Long 2:15 UNO 9:15 Exercise
10:15 Winter craft
1:30 Bickford Olympics
3:00 Happy Hour
TBD opening ceremony
for Winter
Olympics

10:00 Left,center,right 2:00 bingo 3:00 UNO 6:00 Movie

10:35 Catholic communion 2:00 Chapel 3:00 UNO with Cole

9:15 Exercise 10:15 Current Events 1:30 Bickford Store 2:15 Dominos 3:00 Left, Center, Right

1:30 community xword puzzle 2:00 Pinochle 3:15 Bell choir 5:00 Couple's dinner<sup>J3</sup>

9:00 Nails by Deb

9:15 Stretch

10:15 Poker

Valentine's Day 9:15 Exercise 10:15 coffee hour 1:30 Chocolate party 3:00 Pinochle 5:00 family night with entertainment 9:15 Stretch 10:45 Bible study 1:15 Sing A Long 2:15 UNO

8

15

22

9:15 Exercise 10:15 Hangman 1:30 Painting class 3:00 Happy Hour 2:00 bingo 3:00 UNO 6:00 Movie

17

10

10:35 Catholic communion
1:30 Hymal Sing
2:00 Chapel
3:00 UNO with Cole
4:00 OSF Therapy Dogs visit

President's Day
9:15 Exercise
10:15 Current Events
1:30 Bickford Store
2:15 Trivia
3:00 Left, Center,
Right

9:15 Stretch 10:15 Poker 1:30 Wheel of Fortune 2:00 Pinochle 3:15 Bell choir 8:30 foot dr here 9:15 Exercise 10:15 coffee hour 2:00 Out for pie 3:00 Pinochle 6:00 Bingo

9:15 Stretch
10:45 Bible study
1:15 Sing A Long
ut for pie
2:15 UNO

21

7

9:15 Exercise 10:15 Hangman 1:30 Big word/little words 3:00 Happy Hour

2:00 bingo 3:00 UNO 6:00 Movie

23

16

24

10:35 Catholic communion
2:00 Chapel
3:00 UNO with Cole
TBD closing ceremony for Olympics

9:15 Exercise
10:15 Current Events
1:30 Resident/Food
council
2:15 Bickford store
3:00 Left,Center,
Right

9:15 Stretch
10:15 Poker
1:30 xword puzzle
2:00 Pinochle
2:00 Blood pressure
checks (till 3:00)
3:15 Bell choir

9:15 Exercise
10:15 coffee hour
2:00 Birthday party
3:00 Pinochle
6:00 Bingo



February



11