



Spotsylvania  
**HAPPYNNINGS**  
 DECEMBER

*Spotlight on our Residents*



*Did you know?*

*December Happynings*

December is National Read a New Book month!

Saint Nicholas, who would eventually become known as Santa Clause, was originally the patron saint of children, thieves, and pawnbrokers.

So much fun to be had! Don't forget to mark your calendars for activities you don't want to miss!

Music Happynings:  
 7th Denim-N-Lace  
 11th John A.  
 13th The Feel Good Singers  
 18th Nashville Standard

Howie Happynings:  
 5th Shoney's  
 7th Antique Shopping\*\*  
 8th Towne Centre\*\*  
 12th La Delizia Pizza  
 14th Christmas Lights  
 19th Mexico Restaurant  
 21st Christmas Lights  
 22nd Bowling  
 26th Subway  
 28th Cold Stone

Special Happynings:  
 6th Winter Festival  
 24th Christmas Party  
 25th Christmas  
 5th, 19th Yoga  
 7th, 14th, 21st, 28th, Zumba

\*\*Weather Permitting  
 Calendar is subject to change

The song "Jingle Bells" was composed in 1857, but not as a Christmas song. It was meant to be a song to be sung on Thanksgiving day!

December's flower is the Narcissus.



*Bickford*  
 assisted living  
 & memory care



S

9:30 Morning Social  
10:00 Church  
2:00 Corn Hole  
3:30 Checkers  
6:30 New Year's Eve Celebration

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M

9:30 Morning Social  
10:00 Church  
2:00 Ring Toss  
3:30 Checkers  
6:30 Hot Tea by the Fire

3

9:30 Morning Social  
10:00 Church  
3:00 Youth Dance Society  
4:05 Redskins vs Chargers  
6:30 Hot Chocolate by the Fire

10

9:30 Morning Social  
10:00 Church  
1:00 Redskins vs Cardinals  
3:30 Chess  
6:30 Hot Tea by the Fire

17

9:30 Morning Social  
10:00 Church  
1:00 Redskins vs. Broncos  
2:00 Christmas Party  
6:30 Hot Chocolate by the Fire

24

T

9:30 Morning Walk  
10:45 Donuts in Bistro  
2:00 Monday Trivia  
3:30 Hangman  
6:30 Movie & Treat

4

9:30 Morning Exercise  
10:45 Pastry in Bistro  
2:00 How Old Are They?  
3:30 Logo Game  
6:30 Music w/ John A

11

9:30 Morning Exercise  
10:45 Muffin in Bistro  
1:00 Hearing Aid Clinic  
2:00 Monday Trivia  
3:30 Decorate Cookies  
6:30 Nashville Standard

18

Christmas  
9:30 Christmas Gifts  
10:45 Cookie in Bistro  
2:00 A Charlie Brown Christmas  
3:30 Hot Chocolate Bar  
6:30 Movie & Treat

25

W

9:30 Putt Putt  
10:30 Yoga w/Meg  
11:15 Shoney's  
2:00 Bingo  
3:30 Hangman  
6:00 Evening News  
7:00 Family Feud

5

9:30 Morning Yoga  
10:30 Christmas Crossword  
11:30 La Delizia Pizza  
2:00 Bingo  
3:30 Books & Coffee  
6:00 Evening News  
7:00 Family Feud

12

9:30 Ring Toss  
10:30 Yoga w/Meg  
11:30 Mexico Restaurant  
2:00 Bingo  
3:30 Googly Eyes  
6:00 Evening News

19

9:30 Morning Yoga  
10:30 Memory Games  
11:30 Subway  
2:00 Bingo  
3:30 Books & Coffee  
6:00 Evening News  
7:00 Family Feud

26

T

Winter Festival  
9:30 Winter Walk  
10:30 Winter Crafts  
2:00 Snowball Fight  
3:30 Hot Chocolate Bar  
6:30 It's a Wonderful Life

6

9:30 Morning Exercise  
10:15 Bible Study  
1:30 Feel Good Singers  
3:30 Poker  
6:30 Monopoly

13

9:30 Morning Exercise  
10:15 Bible Study  
2:00 Craft  
3:30 Bridge Club  
6:30 Evening Dance

20

9:30 Morning Exercise  
10:15 Bible Study  
2:00 Birthday Bash  
3:30 Famous December Birthdays  
6:30 Uno

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F

9:30 Morning Stretch  
10:30 Resident Council Meeting  
2:00 Origami  
3:30 Happy Hour  
6:00 Evening News

1

9:30 Morning Stretch  
10:30 Towne Centre  
2:00 Yahtzee  
3:30 Happy Hour  
6:00 Evening News

8

9:30 Morning Stretch  
10:30 Christmas Cookies  
2:00 Bunco  
3:30 Happy Hour  
6:00 Evening News

15

9:30 Morning Stretch  
10:15 Bowling @ Liberty Lanes  
2:00 Pictionary  
3:30 Happy Hour  
6:00 Evening News

22

9:30 Morning Stretch  
10:30 Memory Games  
2:00 Afternoon Walk  
3:30 Happy Hour  
6:00 Evening News

29

S

9:30 Walking Group  
10:30 Bucket Toss  
1:30 Bingo  
3:30 Craft  
6:30 Movie & Popcorn

2

9:30 Walking Group  
10:30 Family Council Meeting  
1:30 Bingo  
3:30 Craft  
6:30 Movie & Popcorn

9

9:30 Walking Group  
10:30 Bocce Ball  
1:30 Bingo  
3:30 Craft  
6:30 Movie & Popcorn

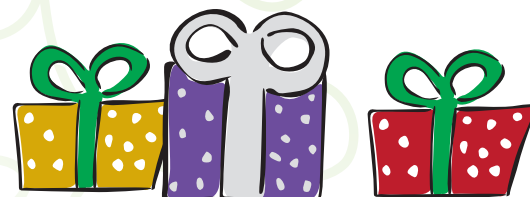
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9:30 Walking Group  
10:30 Word Puzzles  
1:30 Bingo  
3:30 Craft  
6:30 Movie & Popcorn

23

9:30 Walking Group  
10:30 2017 Recap  
1:30 Bingo  
3:30 Craft  
6:30 Movie & Popcorn

30



# December

