

November is National Alzheimer's Awareness Month and we will be having a lunch and learn with Lori Myers the Regional Director of the Alzheimer's Assocation.

When: Nov. 8 2017

Time: 12:30-1:30pm

Where: Activities room at Bickford Senior Living of

Spotsylvania

Everyone is welcome, its a great education piece of infomation for all!

We hope to see you there!



Bickford of Spotsylvania

5000 Spotsylvania Parkway, Fredericksburg, VA 22407 www.enrichinghappiness.com/spotsylvania 540-898-1205