



November Birthday's

Barbara Gray 11/6
Karen Simphorst 11/18
Jerry Neal 11/20
Dody Reid 11/27
Marie Thomas 11/28

"Happy Birthday!"



Recognizing our Veterans

We are very honored to have many Veterans living here with us in Middletown. In getting to know our residents we have found that Ray Bailey was awarded a Purple Heart. Our friend Bran Lanier was in the Navy and was awarded special honors good conduct

medal. Jack Keller was a member of the Air Force and taught officers training in Honor flight. Paul Gibbs was a radio operator. Gordon was Army Corporal in the 82nd airborne. Joe Atkinson Navy, aviation cadet seaman 1st class.

Dick Stevenson Army National Guard Corporal. Jack Cronan Airforce. Eddie Hausman Navy, Cicero Feltner Army, Frank Redden Army. Donald Kennedy Army, Jon Flinspach Civil servant. This is just a few that we recognize and appreciate for their service. We know we have several others that also served! We will be honoring our Vets at a breakfast at the Central Connection on Nov 10th with many other from the Middletown

community. Each Veteran will receive a commemorative Military Coin. It is very important to our Bickford Family to honor these vets for the commitment and dedication they have given to our country. God Bless America and our Veterans!



Bickford of Middletown will be celebrating the 30-DAY CHOOSING GRATITUDE CHALLENGE

Each day we will grow in gratitude by learning to recognize and express appreciation for all we have in our lives. Cultivating a heart of gratitude is the beginning of the journey to joy. For 30 days we will observe the many ways we have been blessed. Each week we will focus on different ideas. The first week we will have a big chalk board to write our blessings on.

Week two we will be writing a quick thank you note to our service men and women who protect our country, or maybe the mailman or fireman.

Week three we will fill out leaves to fill our family tree with all the blessing we experience.

Week four we will share our thankfulness with all our providers who assist in caring for us. We may simply sit quietly and reflect on the simplest blessings of our life. We will constantly be on the lookout for blessings, making each day a treasure hunt. We will be intentionally thankful to others for the blessing that come our way.



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November

9:00a Worship
 10:30a Fitness Class
 1:30p Bingo
 3:00p Fantasy Football
 6:00p Relaxation Therapy

5

9:00a Reminisce time
 10:30a Fitness Class
 1:30p Bingo
 11a MK Facials
 3:00p Caramel Apple Bar Cooking Club
 6:00p Game Night-Uno

6

9:00a Bible Study
 10:30a Fitness
 1:30p Bingo
 2:30p Manicure's
 3:30p Rummy
 6:00p Putting Green

7

9:00a Bingo
 10:00a Walking Club
 10:30a Fitness
 1:30p AppleCinnamon Oatmeal Soap
 3:00p Communion
 3:00p Word Game
 6:00p Putting Green

8

9:00a Chair Bingo
 10:30a Dollar Tree
 1:00p Bingo
 1:30p Stitch N Time
 3:00p Bible Club
 5p Family Mtg/Chili Bar-Act

9

Veteran's Day
 8a Breakfast Veterans Senior Center-Bus
 10a Gem City Tone
 11a Alpaca visit
 2p Honoring our Veterans Service-cm

10

10:30a Fitness
 11:30a Veteran's Day Discussion
 1:30p Bingo
 3p Musical Performance
 6:00p Movie Night-Sweet November

11

9:00a Worship
 10:30a Fitness Class
 1:30p Bingo
 3:00p Fantasy Football
 6:00p Relaxation Therapy

12

Stroke Awareness
 9:00a Reminisce time
 10:30a Fitness Class
 1:30p Bingo
 3:00p Acorn Donut Holes cooking club
 6:00p Game Night-Uno

13

9:00a Bible Study
 10 Wal-Mart
 11a Dance Therapy
 1:30p Bingo
 2:30p Manicures
 3:30p Rummy
 6:00p Putting Green

14

9a Fenwick kids
 10:00a Walking Club
 10:30a Fitness
 1:30p Pinecone Christmas trees
 3:00p Communion
 3:00p Word Game
 6:00p Putting Green

15

9a Chair Fitness Video
 10:30a Fitness
 11a Word puzzles
 1:00p Bingo
 1:30p Stitch N Time
 3p Bible Club
 5p Family Thanksgiving Dinner

16

9:00a Coffee and Current Events
 9:30a Men's Hot Topic
 10:00a Tone Class
 1:30p Birthday Party
 2p Musical Performance
 6:00p Monopoly

17

10:30a Fitness
 11:00a Hot Chocolate
 1:30p Bingo
 3:30p Chair Volleyball
 6:00p Movie Night-November Christmas

18

9:00a Worship
 10:30a Fitness Class
 1:30p Bingo
 3:00p Fantasy Football
 6:00p Relaxation Therapy

19

9:00a Reminisce time
 10:30a Fitness Class
 1:30p Bingo
 3:00p Fully Loaded Sweet Potato Cooking Club
 6:00p Game Night-Uno

20

10:30a Fitness
 11a Lunch Club
 1:30p Bingo
 2:30p Manicure's
 3:30p Rummy
 6:00p Putting Green

21

9a Bingo
 10:30a Musical Performance
 1:30p Garland Wreaths
 3:00p Word Game
 6:00p Putting Green

22

Thanksgiving
 10a Capture the Turkey Bandit
 1:30p Thanksgiving Bingo
 3p When you wish upon a bone

23

9:00a Coffee and Current Events
 9:30a Men's Hot Topic
 10:00a Tone Class
 1:30p Bingo
 3:00p Volleyball
 6:00p Monopoly

24

10:30a Fitness
 11:00a Hot Chocolate
 1:30p Bingo
 3:30p Chair Volleyball
 6:00p Movie Night-Frozen

25

9:00a Worship
 10:30a Fitness Class
 1:30p Bingo
 3:00p Fantasy Football
 6:00p Relaxation Therapy

26

9:00a Reminisce time
 10:30a Fitness Class
 1:30p Bingo
 3:00p Waffles Cooking Club
 6:00p Game Night-Uno

27

9:00a Bible Study
 10:30a Fitness
 1:30p Bingo
 2:30p Manicure's
 3:30p Rummy
 6:00p Putting Green

28

9a Bingo
 10:00a Walking Club
 10:30a Fitness
 11a Resident Store
 1:30p Resident Council
 3p Bickford Auction

29

9a Chair Fitness Video
 10a Meijer
 10:30a Fitness
 1p Bingo
 1:30p Stitch N Time
 3p Bible Club
 630p Musical Performance

30

