



Bickford News You Can Use

Hello Families- We the holidays are here and we are ready. Lets take a look at a few things that are approaching:

Nov. 1st: Outback Steakhouse- Departs: 11:45a cost depends on meal.

Nov. 9th: Jan's Jewelry- at Bickford Senior Living cost depends on any purchases.

Nov. 11th: Veteran's Day- gifts will be given to veteran from VA. We will also sing a few patriotic songs together.

Nov. 14th: Dan Ryan's Express- welcoming them back to Bickford after a long family vacation we are pleased to have them back.

Nov. 22nd: The Krampus- a special stop on the tour for pre-holiday entertainment at Bickford.

Nov. 23rd: Family Feast- join us for our Thanksgiving family feast at noon family please contact LEC for RSVP by Nov. 17.

Nov. 29th: Target & Coffee Shop- Departs: 1p cost depends on purchase.

After Apple-Picking

My long two-pointed ladder's sticking through a tree
Toward heaven still,
And there's a barrel that I didn't fill
Beside it, and there may be two or three
Apples I didn't pick upon some bough.
But I am done with apple-picking now.
Essence of winter sleep is on the night,
The scent of apples: I am drowsing off.
I cannot rub the strangeness from my sight
I got from looking through a pane of glass
I skimmed this morning from the drinking trough
And held against the world of hoary grass. It melted, and I let it fall

and break. But I was well Upon my way to sleep before it fell,
And I could tell What form my dreaming was about to take.
Magnified apples appear and disappear,
Stem end and blossom end,
And every fleck of russet showing dear.
My instep arch not only keeps the ache,
It keeps the pressure of a ladder-round.
I feel the ladder sway as the boughs bend.
And I keep hearing from the cellar bin
The rumbling sound
Of load on load of apples coming in.
For I have had too much Of apple-picking: I am overtired. -Robert Frost



Happy Birthday

Irene Parker - 4th
Connie Smith - 14th



November Fun Facts

- The birth flower for November is the chrysanthemum.
- The birthstone for November is the topaz.
- American football is the main sport watched in the United States during this month.
- Most, if not all, of the leaves have fallen off the trees by the end of November.
- Zodiac signs: Scorpio and Sagittarius
- It is the last month of the Fall season.

November



11a Fitness of the Ages
1:30p Kings in the Corner
3p Church Service w/ John-
6:15p Fireside Cocoa & Chat 5

9:45a Word Search
11a Exercise
1:15p Creative Creation: Fall Wreaths
2:30p Singin' in the Rain & Popcorn
7p Card Games 6

9:45a Coffee Talk
11a Exercise
11:45a Who? What? When?
1:30p Cranium Crunch
2p Seated Soccer
3p Devotion John*
6p Wheel Of Fortune 7

9:45a Brain Teaser
11a Exercise
11:30a Outing: Outback Steakhouse
2p Reminsicing: Presidents of US
7p Card Game 1

9:45a Word Search
11a Exercise
1:15p Table Volleyball
2p Pet Therapy Morgan
3p Turkey Hunt
6p Wheel Of Fortune 2

Safety Committee
9:45a Coffee/Donuts
11a Exercise
1p Guitar Solo John *
2p BINGO
7p Movie Night 3

9:15a Manicures
10a Piano Music Dee -
11a Exercise
1p Skip-BO
2p Pop & Popcorn 4

11a Fitness of the Ages
1:30p Kings in the Corner
2p Pet Therapy Brad
3p Church Service w/ John*
6:15p Fireside Cocoa & Chat 12

9:45a Word Search
10:30a Kay's Ukelele
1:15p Creative Creation: Card Holder
2:30p High Society & Popcorn
7p Card Games 13

9:45a Coffee Talk
11a Exercise
11:45a Who? What? When?
1p Dan Ryan Express
2:30p Balance Class
3p Devotion John-
6p Wheel Of Fortune 14

Fire Drill
10:30a Outing: Senior Luncheon
11a Exercise
2p Resident's Council-
3p Ask-A-Nurse
7p Card Game 15

9:45a Word Search
11a Exercise
1:15p Table Volleyball
2p Pet Therapy Morgan
3p Hank & Friends
6p Sing Along Hilary & Rebecca 16

9:45a Coffee/Donuts
11a Exercise
1p Guitar Solo John *
2p BINGO
7p Movie Night 17

9:15a Manicures
10a Piano Music Dee -
11a Exercise
1p Skip-BO
2p Pop & Popcorn 18

11a Exercise
1:30p Kings in the Corner
3p Church Service w/ John-
6:15p Fireside Cocoa & Chat 19

9:45a Word Search
11a Exercise
1:15p Creative Creation: Juice Box Turkey
2:30p The Quiet Man & Popcorn
7p Card Games 20

9:45a Coffee Talk
11a Exercise
11:45a Who? What? When?
1:30p Cranium Crunch
2p Ball Toss *
3p Devotion John*
6p Wheel Of Fortune 21

9:45a Brain Teaser
11a Exercise
1:30p What's Cooking
2p Musically Fun w/ The Krampus
7p Card Game 22

Family Feast
9:45a Word Search
11a Exercise
12p Family Feast
1p Charades
2p Gratitude Turkey
6p Wheel Of Fortune 23

9:45a Coffee/Donuts
11a Exercise
1p Guitar Solo John -
2p BINGO
4:30p Social Hour Angelicka
7p Movie Night 24

9:15a Manicures
10a Piano Music Dee -
11a Exercise
1p Skip-BO
2p Pop & Popcorn 25

11a Exercise
1:30p Kings in the Corner
3p Church Service w/ John*
6:15p Fireside Cocoa & Chat 26

9:45a Word Search
11a Exercise
1:15p Creative Creation: Ice Cream Cone Teepee
2:30p Harvey & Popcorn
7p Card Games 27

9:45a Coffee Talk
11a Exercise
11:45a Who? What? When?
1p Darr's Music*
2p Balance Class
3p Devotion John-
6p Wheel Of Fortune 28

9:45a Brain Teaser
11a Exercise
1p Outing: Target & Coffee Shop
3p Reminsicing-Thankful Moments
7p Card Game 29

9:45a Word Search
11a Exercise
1:15p Table Volleyball
2:15p Ring Toss
3p Short Story
6p Wheel Of Fortune 30

