

## **Ask The Nurse!**

What's your New Year Resolution? Do you have questions that you would like to talk to a registered nurse about? Maybe you have questions about diabetic needs, your medications, the difference between assisted living and skilled nursing care, normal memory loss vs. dementia, or other concerns regarding your health. Let Carma Harris, BSN, RN and Divisional Nurse for Bickford Senior Living help. Complimentary breakfast provided.

**Date:** Friday, January 22, 2016

**Location:** The Egg and I restaurant

9536 W. 179th Street

Tinley Park, IL 60477

**Time:** 9:00am-11:00am

**RSVP to Cortney at 708.845.5490**

BICKFORD OF TINLEY PARK  
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*Bickford*  
assisted living  
& memory care