

### Meet your Neighbor

Hello neighbors, my name is Robin Lippoldt. I moved into Bickford a year and a half ago. I was born on November 25th, 1953 in St. Charles, Illinois, but I grew up in Downers Grove. My favorite childhood memory was playing kick the can at night, it was great. It also helped that I lived on a dead end street so we could play with no worries. Growing up I also loved swimming. I made it to Nationals when I attended Colorado State University. Swimming was a big part of my life and I eventually became a lifeguard and a swim coach for my local pool. I have three kids and many grandkids. As an adult I worked in the medical field and in hospitals. In my free time I like to quilt, sew and I was even in a bowling league. What I like most about Bickford is the people. I like helping everyone here and being useful and helpful to my fellow neighbors.



### Family Game Night & July Happenings

Congratulations to the Blackhawks, the team of Bob, Deana, Lil, Alexis and Peter, who are our Bean bag Baseball June Family Game Night winners. Join us for a chance to win bragging rights for a month at this month's Family Game Night on Thursday, July 16th at 6pm. Hope to see you there!

Mark your calendars and join us for our other July Happenings.  
**22nd: Italian Day**  
**24th: Carwash fundraiser**  
**30th: Zumba Fundraiser**  
**31st: Summer Dinner Outing**  
Keep an eye out for more details to come.



### Bickford Family Member Profile

Hello friends my name is Cathy Benavides. I am the Assistant RN and I've been working at Bickford almost 5 years. I was born on August 9th in Tennessee. I loved growing up in Tennessee, everyone was so nice and made you feel like family. I enjoyed bike riding and running track. Growing up I especially loved our summer days at the beach. I met the love of my life in 1989. A year later we got married and started our life together. We have two beautiful kids, a boy and a girl. We lived in Cincinnati until my husband got hired by the FBI and transferred to their Chicago Branch. We've been here ever since. When I'm not at work I love to watch

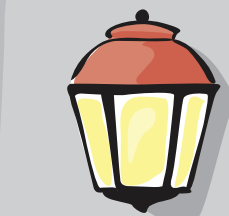
movies and go out for a run. My favorite vacation spot is Hawaii. I love being anywhere with a beach and Hawaii is perfect. What I like most about Bickford is the people, in particular the residents. Everytime I see certain residents I have to stop and talk to them. They always make my day. In 5 years I see myself still working for Bickford hopefully in the Hawaii branch, that's if they ever open one in Hawaii!



### Fourth of July

The Fourth of July, also known as our Independence Day, is now around the corner. It's the day that we commemorate the adoption of the Declaration of Independence. Ever since 1776 many celebrate this day in history with fireworks, parades, barbeques, carnivals, fairs, picnics, special concerts, baseball games, and even family reunions. So how do you celebrate? "I loved going to the parades in town, I remember decorating my bike in red, white, and blue. I also remember riding on some of the floats and of course the fireworks." ~Robin L. "Well first we would thank god for this wonderful day of independence and

usually go to a BBQ at one of our family members house and then enjoy the fireworks nearby." ~Glen R. "Well we would have a barbeque and sit and watch our neighbors blow up fireworks." ~Joan F. Here at Bickford we are going to celebrate the Fourth of July in a two day event. Starting Friday the 3rd with our S'mores and Fireworks Social at 7:30pm. Saturday the 4th we're going to the Aurora Independence Day parade, we're leaving Bickford at 8:30 and will be sitting in front of the Paramount Theatre, the parade starts at 9:45. Hope you can join us for either or both events. Happy 4th of July everyone!



*Bickford*  
assisted living  
& memory care





## July Birthdays

Patricia Curtis	4th
Debbie Horvath	6th
Duane Stone	6th
Jack Harkness	15th
Millie Tripp	20th
Diane Feeney	21st
Jim Born	30th
Maria Bertain-Jennings	30th

## July Born

Bubbling with enthusiasm. Friendly nature. Quiet and restrained. Deep thinker. Good sense of humor. Loving and caring towards near and dear ones. Sharp mind. Sensative. Fun person. Forgiving nature. Unpredictable at times. Stylish dresser. Peace lover. Spiritual at times. Dedicated and hardworking.



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July

10:30 Res. Led Exercise  
11:00 Word Puzzles  
1:00 Nail Care (A&F)  
1:30 Pet Therapy  
6:30 Movie Night 5

10:00 Exercise  
10:30 Walmart Trip  
1:30 Wii Golf  
2:30 Reminisce w/ Sr. Center  
6:30 T.V. Classics  
7:05 Cubs Game 6

10:00 Tai Chi  
11:00 Mind Stretch  
12:20 Cubs Game  
1:00 Frozen Treats  
2:00 July IQ 7

10:30 Exercise  
10:45 Morning Walk  
1:30 Wii Game  
3:00 Communion  
6:10 Cubs Game  
6:30 Movie Night 1

10:00 Exercise  
10:30 Michael's Trip  
12:10 Cubs Game  
1:30 Rosary  
2:00 LCR 2

10:00 Exercise  
10:45 Mike & Denise Pizzeria & Grill  
2:15 B. B. Baseball  
3:00 Praise & Prayer  
7:30 Smores & Fireworks Social 3

Independance Day  
8:30 Ind. Day Parade  
10:30 Resident Led Exercise  
2:00 Afternoon Movie  
6:15 Cubs Game 4

10:30 Res. Led Exercise  
11:00 Word Puzzles  
1:20 Cubs vs. W. Sox  
1:30 Pet Therapy  
6:30 Movie Night 12

10:00 Exercise  
10:30 Trip to Walgreens  
1:30 Wii Golf  
2:30 Reminisce w/ Sr. Center  
6:30 T.V. Classics 13

10:00 Tai Chi  
11:00 Mind Stretch  
12:20 Cubs Game  
1:00 Frozen Treats  
2:00 You be the Judge  
6:00 Gen. Card Club 14

10:30 Res. Led Exe.  
10:45 Morning Walk with Cindy  
1:00 Lutheran Serv.  
1:30 Wii Game  
3:00 Communion  
6:30 Movie Night 15

10:30 Res. Led.Exe.  
11:00 Cranium Crun.  
1:30 Rosary  
3:00 LCR  
4:00 Res. Council  
6:00 Fam. G. Night 16

10:00 Exercise  
10:45 Sunfields  
1:30 B. B.B. Tourn.  
3:00 Praise & Prayer  
6:30 Movie Night 17

10:30 Exercise  
10:45 Who,What When  
2:00 Crossword  
3:30 Resident Choice Game  
6:10 Cubs Game 18

10:30 Res. Led Exercise  
11:00 Word Puzzles  
1:00 Nail Care (A&F)  
1:30 Pet Therapy  
4:05 Cubs Game  
6:30 Movie Night 19

10:00 Exercise  
10:30 Trip to Target  
1:30 Wii Golf  
2:30 Reminisce w/ Sr. Center  
6:30 T.V. Classics 20

10:00 Tai Chi  
11:00 Mind Stretch  
12:20 Cubs Game  
1:00 Frozen Treats  
2:00 Random Trivia  
6:30 Movie Night 21

10:00 Exercise  
10:15 M.B.R.,T.T &P.T.  
11:00 Myst. P. Chal.  
1:00 Book Club  
2:00 P. B. Social  
3:00 Communion 22

10:30 Exercise  
11:00 Leaf Shaped Bird Bath Craft  
1:30 Rosary  
2:00 Dime Jingle 23

10:30 Exercise  
10:45 Morning Walk  
12:00 Car Wash Fundraiser  
3:00 Praise & Prayer  
3:05 Cubs Game  
6:30 Movie Night 24

10:30 Exercise  
10:45 B. B. Base. Tourn. Finals  
2:30 Community Bingo  
3:05 Cubs Game 25

10:30 Res. Led Exercise  
11:00 Word Puzzles  
1:20 Cubs Game  
1:30 Pet Therapy  
6:30 Movie Night 26

10:00 Exercise  
10:30 Trip Dollar General  
1:30 Wii Golf  
2:30 Reminisce w/ Sr. Center  
6:30 T.V. Classics 27

10:00 Tai Chi  
11:00 Mind Stretch  
12:20 Cubs Game  
1:00 Ice Cream Sundae  
2:00 Category Trivia 28

10:30 Exercise  
10:45 Morning Walk  
1:20 Cubs Game  
3:00 Communion  
6:30 Movie Night 29

10:30 Exercise  
11:00 Flower Pen Craft  
12:00 M. B-day Party  
1:30 Rosary  
2:00 LCR  
7:00 Zumbathon 30

10:00 Exercise  
10:45 B B. Baseball  
2:00 Sr. C.S. Ent.  
3:00 Praise & Prayer  
4:30 Blackstone B&G  
6:30 Movie Night  
7:10 Cubs Game 31

