

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



9:30a Chair Exercise (TV)  
9:30a Holy Cathedral Mass  
Ch. 7 (TV)  
2:05p Cubs vs. White  
Sox (TV)  
6p Puzzles (PT)

I

9:30a Chair Exercise (TV)  
9:30a Holy Cathedral Mass  
Ch. 7 (TV)  
3:05p Cubs vs. Giants (TV)  
6p Puzzles (PT)

8

9:30a Chair Exercise (TV)  
9:30a Holy Cathedral Mass  
Ch. 7 (TV)  
3:05p Cubs vs.  
Dodgers (TV)  
6p Puzzles (PT)

15

9:30a Chair Exercise (TV)  
9:30a Holy Cathedral Mass  
Ch. 7 (TV)  
1:30p Hymn Sing Along with  
Joy Lutheran Church  
2:05p Cubs vs. Brewers (TV)  
6p Puzzles (PT)

22

9:30a Chair Exercise (TV)  
9:30a Holy Cathedral Mass  
Ch. 7 (TV)  
1:20p Cubs vs.  
Nationals (TV)  
6p Puzzles (PT)

29

9:30a Chair Exercise (TV)  
10:30a Bible Study (AR)  
2:30p Bingo (AR)  
4p Chat and Color (AR)  
6p Golden Girls (TV)

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9:30a Chair Exercise (TV)  
10:30a Bible Study (AR)  
2:30p Bingo (AR)  
4p Chat and Color (AR)  
6p Golden Girls (TV)

9

9:30a Chair Exercise (TV)  
10:30a Bible Study (AR)  
2:30p Bingo (AR)  
4p Chat and Color (AR)  
6p Golden Girls (TV)

16

9:30a Chair Exercise (TV)  
10:30a Bible Study(AR)  
2:30p Bingo (AR)  
4p Chat and Color (AR)  
6p Golden Girls (TV)

23

9:30a Chair Exercise (TV)  
10:30a Bible Study (AR)  
1:30p Resident Council  
Meeting (AR)  
2:30p Bingo (AR)  
4p Chat and Color (AR)  
6p Golden Girls (TV)

30

9a-11a Hair Salon Open  
9:30a Chair Exercise (TV)  
10:30a Chat and Color (AR)  
2:30p Cooking with Alonda  
(MB)  
4p Open Art Time (AR)  
6p Word Puzzles (B)

3

9:30a Chair Exercise (TV)  
10:30a Chat and  
Color (AR)  
2:30p Cooking with Alonda  
(MB)  
4p Open Art Time (AR)  
6p Word Puzzles (B)

10

**ST PATRICKS DAY**  
9:30a Chair Exercise (TV)  
10:30a Warren-Newport  
Public Library Visit (AR)  
2:30p Cooking with Alonda  
(MB)  
4p Open Art Time (AR)  
6p Word Puzzles

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9a-11a Hair Salon Open  
9:30a Chair Exercise (TV)  
10:30a Chat and Color (AR)  
2p Entertainer: Michele  
Christenson (TV)  
4p Open Art Time (AR)  
6p Word Puzzles (B)

24

9:30a Chair Exercise (TV)  
10:30a Chat and Color (AR)  
2:30p Cooking with Alonda  
(MB)  
4p Open Art Time (AR)  
6p Word Puzzles (B)

31

9:30a Chair Exercise (TV)  
11a Independent Devotional  
Time (AR)  
2:30p Piano Music with  
Mallory (AR)  
3:30p Board Games and Card  
Games (AR)  
6p Game Show (TV)

4

9:30a Chair Exercise (TV)  
11a Independent Devotional  
Time (AR)  
2:30p Therapy Dog Visit:  
Mira (TV)  
3:30p Board Games and Card  
Games (AR)  
6p Game Show (TV)

11

9:30a Chair Exercise (TV)  
11a Independent Devotional  
Time (AR)  
2p Volunteer Outing: Feed  
My Starving Children (L)  
3:30p Board Games and Card  
Games (AR)  
6p Game Show (TV)

18

9:30a Chair Exercise (TV)  
11a Independent Devotional  
Time (AR)  
2:30p Bingo (AR)  
3:30p Board Games and Card  
Games (AR)  
6p Game Show (TV)

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Room Locations:  
Front TV Area: TV  
Activity Room: AR  
Bistro: B  
Lobby: L  
Puzzle Table: PT  
Mary B's Dining Area: MB

9:30a Chair Exercise (TV)  
11a Crochet and Knitting  
Club (AR)  
2:30p Craft (AR)  
3:30p Happy Hour (B)  
6p TV Sitcom (TV)

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9:30a Chair Exercise (TV)  
11a Crochet and Knitting  
Club (AR)  
2:30p Craft (AR)  
3:30p Happy Hour (B)  
6p TV Sitcom (TV)

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9:30a Chair Exercise (TV)  
11a Crochet and Knitting  
Club (AR)  
2:30p Craft: Button  
Shamrocks (AR)  
3:30p St. Patrick's Happy  
Hour (B)  
6p TV Sitcom (TV)

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**OPENING DAY**  
9:30a Chair Exercise (TV)  
11a Crochet and Knitting  
Club (AR)  
2:30p Craft: Decorate  
Baseball Cap (AR)  
3:30p Baseball Happy Hour  
(B)  
6p TV Sitcom (TV)

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Activities subject to change  
based off need and interest.  
Have an idea for an activity?  
Please talk to Mallory.

9:30a Chair Exercise (TV)  
11a Manicures (AR)  
2p Social Hour (B)  
3:30p Trivia: March  
Madness (AR)  
6p Friday Funnies (TV)

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9:30a Chair Exercise (TV)  
11a Manicures (AR)  
2p Social Hour (B)  
3:30p Trivia: St. Patrick's  
Day (AR)  
6p Friday Funnies (TV)

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9:30a Chair Exercise (TV)  
11:30a Lunch Outing: TBA  
2p Social Hour (B)  
3:30p Trivia: All Things  
Spring (AR)  
6p Friday Funnies (TV)

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9:30a Chair Exercise (TV)  
11a Manicures (AR)  
2p Social Hour (B)  
3:30p Random Trivia (AR)  
6p Friday Funnies (TV)

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Hair Salon  
Please speak with Mallory to  
be added to the hair salon  
schedule. Haircuts start at  
\$20 and can be paid via cash,  
venmo, or zelle at the time of  
the appointment.

9:30a Chair Exercise (TV)  
10:30a Coffee Hour (B)  
2:05p Cubs vs. Athletics  
(TV)  
6p Saturday Night  
Movie (TV)

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9:30a Chair Exercise (TV)  
10:30a Coffee Hour (B)  
3:10p Cubs vs.  
Rockies (TV)  
6p Saturday Night  
Movie (TV)

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9:30a Chair Exercise (TV)  
10:30a Coffee Hour (B)  
3:10p Cubs vs.  
Mariners (TV)  
6p Saturday Night  
Movie (TV)

21

9:30a Chair Exercise (TV)  
10a Activity with  
JourneyCare (B)  
1:20p Cubs vs. Nationals  
(TV)  
6p Saturday Night  
Movie (TV)

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Outings  
Please see Mallory to sign up  
to go on an outing. There are  
limited spots available on a  
first come first serve basis.