

February

Sunday

Monday

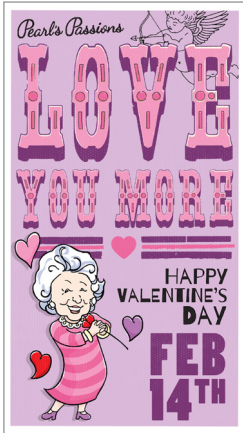
Tuesday

Wednesday

Thursday

Friday

Saturday



9:30a Catholic Mass on TV  
10:15a Catholic Communion  
3p W Hawkeye BB vs UCLA (FOX)  
4p Church with Caleb  
6p America's Funniest Home Videos  
7p Hawkeye BB vs Oregon (FS1)

1

10:15a Coffee Club  
10:30a Trivia and Fun Facts  
2p Bingo  
3p Yahtzee  
6:30p Hand and Nail Care

2

10a Chapel with Pastor Bobbie  
10:30a Exercises  
2p Making Valentines  
6p Funny Animal Videos

3

10:30a Exercises  
11a News and Views  
2p Valentine's Day Craft  
6:30p Wheel of Fortune - Front TV

4

10:15a Resistance Band Exercise  
10:30a Exercises  
11a News and Views  
2p Family Council  
6:30p Whiteboard Hangman

5

10:15a Active Aging - Grip Strength  
10:30a Exercises  
11a News and Views  
2p Bingo  
6p Country Classics - LR

6

10a Sorting Buttons  
10:30a Exercise-Take a Walk!!  
2:30p Bubble Blowing Contest  
2:30p Word Puzzles  
6p Lawrence Welk (PBS)

7

9:30a Catholic Mass on TV  
10:15a Catholic Communion  
2p Hawkeye BB vs Northwestern (FS1)  
4p Church with Caleb  
5:30p Superbowl Game

8

10:15a Coffee Club  
10:30a Coffee w/ Christine  
2p Bingo  
3p National Pizza Day Snack and Social  
6:30p Hand and Nail Care

9

10a Chapel with Pastor Bobbie  
10:30a Exercises  
2p Book Club  
6p Funny Animal Videos

10

10:30a Exercises  
11a News and Views  
2p Whiteboard Hangman  
6:30p Wheel of Fortune - Front TV

11

10:15a Resistance Band Exercise  
10:30a Exercises  
11a News and Views  
1:30p Cards with Karen and friends  
2p Bingo

12

10a Bickford Bakers - Decorating Cookies  
11a News and Views  
2p Valentine's Day Party  
6p Country Classics - LR

13

VALENTINE'S DAY  
10a Sensory Bin  
10:30a Exercise-Take a Walk!!  
2:30p UNO  
6p Lawrence Welk (PBS)

14

9:30a Catholic Mass on TV  
10:15a Catholic Communion  
1p Iowa State W vs Kansas State (ch 209)  
4p Church with Caleb  
6p America's Funniest Home Videos

15

10:15a Coffee Club  
10:30a Trivia and Fun Facts  
2p Bingo  
3p Yahtzee  
6:30p Hand and Nail Care  
Happy Birthday Chelsey!

16

MARDI GRAS  
10a Chapel with Pastor Bobbie  
10:30a Exercises  
2p Mardi Gras Event  
6p Funny Animal Videos

17

ASH WEDNESDAY  
10:30a Exercises  
11a News and Views  
2p Game - Left Right Center  
6:30p Wheel of Fortune - Front TV

18

10:15a Resistance Band Exercise  
10:30a Exercises  
11a News and Views  
2p Finger Painting  
6:30p Whiteboard Hangman

19

10:15a Active Aging - Grip Strength  
11a News and Views  
2p Bingo  
6p Country Classics - LR

20

10a Puzzles  
10:30a Exercise-Take a Walk!!  
2:30p Word Puzzles  
6p Lawrence Welk (PBS)

21

9:30a Catholic Mass on TV  
10:15a Catholic Communion  
4p Church with Caleb  
6p America's Funniest Home Videos

22

10:15a Coffee Club  
10:30a Coffee w/ Christine  
2p Bingo  
3p Yahtzee  
6:30p Hand and Nail Care

23

10a Chapel with Pastor Bobbie  
10:30a Exercises  
2p Balloon Swat  
6p Funny Animal Videos

24

10:30a Exercises  
10:30a Music w/ Aaron Shoemaker  
11a News and Views  
2p Resident Council/Monthly Birthdays  
6:30p Wheel of Fortune - Front TV

25

10:15a Resistance Band Exercise  
10:30a Exercises  
11a News and Views  
1:30p Cards with Karen and friends

26

10:15a Active Aging - Grip Strength  
11a News and Views  
2p Bingo  
6p Country Classics - LR  
Happy Birthday Grace R!!

27

10a Matching Game  
10:30a Exercise-Take a Walk!!  
2:30p UNO  
6p Lawrence Welk (PBS)

28

Family Council Meeting!!!!

2:00pm Thursday, February 5th!!!

Join us Wednesday, Feb 25th for the Rat-Pack inspired sounds of Aaron Shoemaker!

10:30 am!

If you were born in February, your birthstone is an amethyst, and your birth month flowers are violets and primroses.

George Washington, our first president, was born on February 21st.

Abraham Lincoln, our 16th president, was born on February 12th

Please make sure your loved ones have the supplies (toilet paper, small garbage bags, briefs, wipes etc..) they need! Feel free to call and ask us what they're running low on. You can always have supplies shipped straight to Bickford!

Chaplain Caleb will be stopping by on Ash Wednesday to do the imposition of ashes for the residents.

We truly need volunteers! Please spread the word at work, church, groups, and to your friends. Come play with us!