

# February

Sunday

Monday

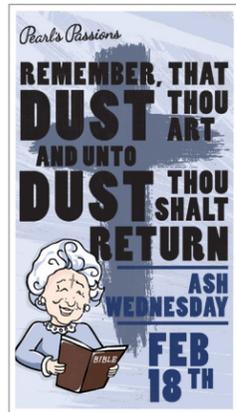
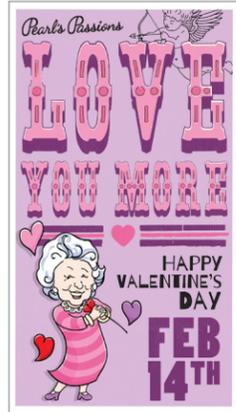
Tuesday

Wednesday

Thursday

Friday

Saturday



9:00 - Walking  
10:00 - Sunnybrook Church on YouTube  
10:30 - New Hope Lutheran  
11:00 - Music Therapy  
2:00 - Movie  
1

9:00 - Groundhog Memory Game  
10:00 - Groundhog Scavenger Hunt  
11:00 - Craft Ribbon Wand  
1:00 - Ribbon Wand Fitness  
2:00 - Groundhog Bingo  
3:00 - Rock Painting  
2

9:00 - Walking  
10:30 - Worship Service  
11:00 - Fitness  
1:00 - Name that Tune  
2:00 - Puzzles & Snack  
3:30 - Bingo  
3

9:30 - Beauty Shop  
10:00 - Manicures  
11:00 - Trivia Time  
1:00 - Kitchen Creation  
2:30 - Craft Circle with Beth  
4:00 - Balloon Volleyball  
4

9:00 - Card Games  
10:00 - Sort Buttons  
10:30 - Welcoming Committee Meeting  
1:00 - Men's Group  
2:00 - Reading Group  
3:00 - Color or Word Puzzles  
5

9:00 - Coffee & Chat  
9:30 - Movie  
11:00 - Fitness  
1:00 - Craft Circle with Beth  
2:00 - Game Hour  
3:00 - Winter Olympic Games  
6

9:00 - Walking  
10:00 - Movie  
1:00 - Color & Relax  
3:00 - Pick a Game  
7

9:00 - Walking  
10:00 - Sunnybrook Church on YouTube  
10:30 - New Hope Lutheran  
2:00 - Bingo  
8

9:00 - Game Hour  
10:00 - Whiteboard Activity  
11:00 - Exercise Group  
1:00 - Craft Circle with Beth  
2:00 - Bingo  
3:00 - Movie & Popcorn  
9

9:00 - Walking  
10:00 - Worship Service  
11:00 - Chair Yoga  
1:30 - Balloon Volleyball  
2:00 - Sort Jewellery  
3:00 - Finish a Puzzle  
10

9:30 - Beauty Shop  
10:00 - Manicures  
11:00 - Fitness  
1:00 - Kitchen Creation  
1:30 - Create Valentine's Day Flowers  
3:00 - Wii Wednesday  
11

9:00 - Card Games  
10:00 - Word Searches  
11:00 - Fitness  
1:00 - Bingo  
2:00 - Snack & Trivia  
2:30 - Make Heart Garland  
3:30 - Whiteboard Activity  
12

9:00 - Coffee & Chat  
11:00 - Fitness  
1:30 - Craft Flowers  
2:30 - Bake Valentine's Day Cookies  
4:00 - Name that Tune  
13

**VALENTINE'S DAY**  
9:30 - Classic Movie  
1:00 - Valentine's Bingo  
1:30 - Name the Classic Love Song  
2:30 - Concert in AL  
3:30 - Valentine's Cards  
14

9:00 - Walking  
10:00 - Sunnybrook Church on YouTube  
10:30 - New Hope Lutheran  
2:00 - Pick a Game  
15

10:00 - Reading Group  
11:00 - Fitness  
1:00 - Kitchen Creation  
2:00 - Bingo & Snack  
3:00 - Make Decor for Mardi Gras  
3:45 - Game Hour  
16

**MARDI GRAS**  
9:00 - Walking  
10:00 - Worship Service  
11:00 - Chair Exercises  
2:00 - Mardi Gras Social  
17

**ASH WEDNESDAY**  
9:30 - Beauty Shop  
10:00 - Manicures  
10:30 - Pet Therapy  
11:00 - Fitness  
1:00 - Hymns Sing Along  
2:00 - Guided Meditation  
3:00 - Prayer Group  
18

9:30 - Whiteboard Activity  
10:00 - Welcoming Committee Meeting  
11:00 - Fitness  
1:00 - Bingo  
2:00 - Kitchen Creation  
3:00 - Puzzles  
19

9:00 - Walking  
9:30 - Movie  
11:00 - Fitness  
1:00 - Dice Game  
2:00 - Men's Group  
3:00 - Sorting Activity  
3:45 - Brain Games  
20

9:00 - Conversation Circle  
10:00 - Card Game  
1:00 - Movie  
3:00 - Bingo  
21

9:00 - Walking  
10:00 - Sunnybrook Church on YouTube  
10:30 - New Hope Lutheran  
11:00 - Concert in AL  
2:00 - Word Searches  
22

9:30 - Kitchen Creation  
10:30 - Crossword Puzzle  
11:00 - Fitness  
1:00 - Men's Club  
2:00 - Yahtzee  
3:00 - Craft Circle with Beth  
23

9:00 - Walking  
10:00 - Worship Service  
11:00 - Fitness  
1:30 - Kitchen Creation  
2:30 - Bingo  
3:30 - Finish a Puzzle  
24

9:30 - Beauty Shop  
10:00 - Manicures  
11:00 - Lunch Outing with AL  
1:30 - Chair Yoga  
2:30 - Bowling  
3:30 - Trivia  
25

9:00 - Game Hour  
10:00 - Scavenger Hunt  
11:00 - Fitness  
1:00 - Kitchen Creation  
2:00 - Bingo & Snack  
3:00 - Balloon Volleyball  
3:45 - Reading Group  
26

9:00 - Walking  
9:30 - Color & Relax  
11:00 - Fitness  
1:00 - Pool Noodle Fishing  
2:00 - Craft Project  
3:00 - Name that Tune  
3:30 - Dice Game  
27

9:00 - Walking  
10:00 - Pick a Game  
1:00 - Music Therapy  
2:00 - Puzzles  
28