

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



9:30 Holy Name Cathedral
Televised Mass- Channel 7
2:00 Travel Around the
World
6:30 Evening Movie
30

9:30 Holy Name Cathedral
Televised Mass- Channel 7
2:00 Discovery Channel
6:30 Evening Movie
2

Happy 83rd Birthday, Janet
9:30 Holy Name Cathedral
Televised Mas
2:00 Travel Around the
Worlds- Channel 7
6:30 Evening Movie
9

9:30 Holy Name Cathedral
Televised Mass- Channel 7
2:00 Discovery Channel
6:30 Eveing Movie
16

9:30 Holy Name Cathedral
Televised Mass- Chan
2:00 Travel Around the
Worlds- Channel 7
6:30 Evening Movie
23

9:45 Silver Sneakers
10:30 Thera Band Exercises
11:00 Sing Along
1:30 Corn Hole Challenge
2:45 Ice Cream Social
3:30 Quarter Bingo
31

Happy 87th Birthday, Carol
O.
9:30 News & Views
10:30 Chair Tai Chi
11:00 Are You Smarter Than
a 5th Grader
1:30 Balloon Volleyball
2:45 Ice Cream Social
3:30 Quarter Bingo
3

Happy 88th Birthday, Mary
9:30 Wind Creek Casino
Trip
10:30 Chair Zumba
11:00 General Knowledge
Quiz
1:30 Art Meditation
2:45 Ice Cream Social
3:30 Quarter Bingo
10

10:00 The Par-Tee Putt
Outing
10:30 Sit & Stretch
11:00 Classic Nostalgia
Trivia
1:30 Ladders Challenge
2:45 Ice Cream Social
3:30 Quarter Bingo
17

9:30 Silver Sneakers
10:30 Chair Pilates
11:00 Can You Name that
Song
1:30 Craft Class
2:45 Ice Cream Social
3:00 Bible Study with
Chaplain Kathleen
24

10:30 Senior Shape Chair
Yoga
11:00 Finish the Lyrics
1:30 Quatter Bingo
(Residents Choice)
3:00 Live Entertainment
with Jim Guthrie
4

10:00 Memories & Melodies-
Presented By Tinley Park
Library
11:00 Senior Shape Chair
Yoga
11:30 Ministry of Care with
Melissa
1:30 Quarter Bingo
3:00 Corn Hole
11

10:30 Senior Shape Chair
Yoga
11:00 Name that Song
11:30 Minstry of Care with
Melissa
2:00 Minute To Win It
3:30 Inner Artist
18

Happy 87th Birthday, Ken
10:30 Senior Shape Chair
Yoga
11:00 Family Feud Trivia
2:00 Indoor Mini Golf
Tournament
3:30 Balloon Volleyball
25

9:30 Pearls Passion
Decorating Club
10:30 Thera Band Exercises
11:00 Charades
1:30 Board Games
2:45 Ice Cream Social
3:30 Quarter Bingo
5

COUNTY FAIR
10:30 St. Stephen Catholic
Mass
10:00 County Fair Games
2:00 Family Pie Baking
Contest
3:30 The Critter Spot
12

9:30 Radio Classics
10:30 Thera Band Exercises
11:00 Fun Facts/Pictionary
1:30 Quarter Bingo
2:45 Ice Cream Social
3:30 Men's Club
Pizza & Beer/Soda
19

10:30 St. Stephen Catholic
Mass
11:15 Stretching Exercises
1:30 Quarter Bingo
2:45 Ice Cream Social
3:30 Happy Hour with
Jalessa
26

Happy 91st Birthday, Joann
9:30 News & Views
10:30 Stretching Exercises
11:00 Riddles
2:00 Art Meditation
3:00 Bible Study with
Chaplain Kathleen
6

10:30 Heart & Soul Fitness
11:00 Can You Name theses
Iems
1:30 Baking Club
2:00 Courtyard Chats
Lemonade Stand
3:00 Bible Study with
Chaplain Kathleen
13

Happy 83rd Birthday, Joyce
10:30 Heart & Soul Fitness
11:00 Math Quiz
1:30 Balloon Volleyball
2:30 Veterans Club
3:00 Bible Study with
Chaplain Kathleen
20

TASTE OF ITALY
Happy 89th Birthday, Ralph
10:30 Chair Yoga
11:00 Learn Italian
1:30 Craft Class
2:15 Italian Soda Bar
3:00 Entertainment with
Carmello Zacccone
27

Activities are subject to
change. Please follow your
Daily Activities Sheet
placed in your mailboxes the
night before.

10:30 Heart & Soul Fitness
11:00 1970's Classic TV
Trivia
1:30 Yatzee
2:15 Radio Classics
3:30 Snack Bingo
7

10:00 The Sunshine
Committee
10:30 Heart & Soul Fitness
11:00 Guess this Boomer
Slang
1:30 Crafts with Linda
2:45 Ice Cream Social
3:30 Rosary & Reflections
with Tom
14

Picnic in the Park
Happy 90th Birthday, Barb
10:30 Stretching Exercises
11:45 Picnic at Centennial
Park
1:30Snack Bingo
2: 45 Painting Class
3:00 Trinity Lutheran
Worship Service
21

10:00 News & Views
10:30 Heart & Soul Fitness
11:00 Name the 1970's Show
1:30 Sanck Bingo
2:15 Resident Council
3:30 Rosary & Reflections
with Tom
28

Sunflower Day
10:30 Silver Sneakers
11:00 Word Games
2:00 Quarter Bingo with
Colleen
3:30 Card Games
1

10:30 Silver Sneakers
11:00 Puzzles
2:00 Quarter Bingo
3:30 Board Games
8

Happy 90th Birthday, Shirley
H
10:30 Silver Sneakers
11:00 Word Games
2:00 Quarter Bingo
3:30 Courtyard Chats
15

10:30 Silver Sneakers
11:00 Word Searches
2:00 Quarter Bingo
3:30 Card Games
22

10:30 Silver Sneakers
11:00 Word Games
2:00 Quarter Bingo
3:30 Puzzles
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