

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



APRIL FOOLS
 9:30 Cartwheel Contest
 10:30 Quick Jog to Walgreens
 1:30 Screaming Contest
 3:00 Porcupine Petting
 4:00 Walkers Vs Wheelchair Race

10:30 Thera Band Exercises
 11:00 General Knowledge Trivia
 2:00 Bible Study with Chaplain Kathleen
 3:00 Entertainment with Peter Oprisko

Happy 69th Birthday to Colleen
 10:30 Chair Yoga
 11:00 Trivia
 12:00 Resident Easter Egg Drawing
 1:30 Board Games
 3:00 Snack Bingo

10:30 Silver Sneakers
 11:00 Word Puzzles
 2:30 Quarter Bingo with Lynn
 3:00 Discovery Channel

EASTER
 9:30 Holy Name Cathedral Church Service - Easter Mass
 Happy Easter Everyone!

Happy 84th Birthday, David K & Happy 85th Birthday to Tom
 10:30 Heart & Soul Fitness
 11:00 Jeopardy
 1:30 The Gardern Club
 2:15 Ice Cream Social
 3:00 Quarter Bingo

10:30 Chair Yoga
 11:00 Cranium Crunches
 1:15 Charades
 2:00 Corn Hole Challenge
 4:00 Walgreens Shopping Trip

9:45 Bus Ride to St. Stephen Church
 10:30 Catholic Mass at St. Stephen Church
 1045 Sit & Stretch
 1:30 The Pearls Passion Decorating Club
 2:45 Ice Cream Social
 3:30 Quarter Bingo

Happy 82nd Birthday to Billie
 10:30 Volleyball Game
 1:30 Board Games
 2:00 The Radio Classics
 3:00 Bible Study with Chaplain Kathleen
 4:15 Cards

10:30 Snack Bingo
 11:00 Finish the Phrase
 1:30 Bingo
 3:00 Left, Right Center Dice Game
 3:30 Rosary with Tom

10:30 Silver Sneakers
 11:00 Word Puzzles
 2:00 Quarter Bingo
 3:00 Farkle Dice Game

9:30 Holy Name Cathedral Church Service
 2:00 Games with Colleen
 3:00 TV Classics

9:30 Walgreens Trip
 10:30 Balloon Volleyball
 1:30 The Baking Brigade
 2:15 Ice Cream Social
 3:00 Quarter Bingo

9:30 Silver Sneakers
 10:00 Tinley Park Library Presentation
 11:15 Chair Yoga
 2:00 Painting Class
 3:30 News & Views

10:30 Thera Bands
 11:00 Sing Along
 1:30 Word Challenge Big Word Little Word
 2:15 Ice Cream Social
 3:00 Quarter Bingo
 6:30 Wheel of Fortune

9:30 Coffee & Current Events
 10:30 Chair Yoga
 11:00 Would Youi Rather
 2:00 Movie & Popcorn
 3:00 Bible Study with Chaplain Kathleen

9:30 Silve Sneakers
 10:30 Heart & Soul Fitness
 11:00 Karaoke
 1:30 The Creative Crafters
 3:00 Bingo

10:30 Silver Sneakers
 11:00 Word Puzzles
 2:00 Quarter Bingo with Colleen
 3:30 Blackjack/Table Puzzles

9:30 Holy Name Cathedral Church Service
 2:00 Games with Colleen
 3:00 Discovery Channel

10:30 Sit & Stretch
 11:00 Would You Rather
 1:30 Radio Classics
 2:15 Ice Cream Social
 3:00 Quarter Bingo
 4:30 Kings in the Corner

9:45 Silver Sneakers
 10:30 Chair Pilates
 11:00 Name That Tune
 1:30 Table Games
 Scrabble, Rummikub, Checkers etc
 3:30 Wine/Beer Happy Hour.

10:30 Chair Yoga
 11:00 Math Trivia
 11:45 Lunch Trip to Tokyo Steakhouse
 1:30 The Debate Club
 2:15 Ice Cream Social
 3:00 Quarter Bingo

CRUISE THE SEAS
 10:30 LUXE Home Health & Hospice Crafts
 11:15 Chair Yoga
 1:30 Ladders Challenge
 3:00 Live Entertainment with Guiarist Art Guerrero

9:45 Silver Sneakers
 10:30 Snack Bingo
 1:15 Ladders Challenge
 3:00 Lutheran Worship Serivce
 3:30 Rosary with Tom

10:30 Silver Sneakers
 11:00 Word Puzzles
 2:00 Quarter Bingo with Colleen
 3:30 Left, Right Center Dice Game

9:30 Holy Name Cathedral Church Service
 2:00 Games with Colleen
 3:00 TV Classics

9:30 Walgreens Trip
 10:30 Heart & Soul Fitness
 11:00 General Knowledge Trivia
 1:30 The Baking Brigade
 2:15 Ice Cream Social
 3:00 Quarter Bingo

10:30 Balloon Volleyball
 1:30 The Baking Brigade
 3:30 Residents Council Meeting
 4:00 The Radio Classics

10:30 Heart & Soul Fitness
 11:00 You Be the Judge
 1:15 Quarter Bingo
 2:15 Ice Cream Social
 2:45 Watercolor Painting with Nancy

Happy 76th Birthday Bob P
 10:30 Chair Yoga
 11:00 Trivia Time
 1:30
 2:30 Veterans Club
 3:00 Bible Study with Chaplain Kathleen

Activites are subject to change. Please follow your daily activites schedule placed in your mailboxes the night before.