

February

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



10:30a Coffee and Chat
11a Afternoon Stroll
2:30p Sunday Worship in Living Room (Communion)

10am Morning Stretches and Weekly Devotion
11am Finish the Lines
2:30p Manicures
3pm Movie "Ground Hog Day"

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11a Chair Yoga
11:30a Coffee and Chat
2:30p Bingo
3:30p Happy Hour

2

10a Chair Exercise
11a Would you Rather
2:30p Cup Shuffle
3:30p Yahtzee

4

10a Parachute
11a Thursday Trivia
2p Table Top Air Hockey
3p Puzzles

5

11a Full Body Exercise
11:30a Fireside Coffee and Chat
2p Bingo
3pm Movie and Popcorn

6

10:30a Independent Walking Club
1pm Puzzles
3pm Chair Yoga

7

10:30a Coffee and Chat
11a Afternoon Stroll
2:30p Sunday Worship in Living Room
5:30p Super Bowl LX on tv in Lobby

10am Anyway Band
11am Bean Bag Toss
1:30p Manicures
3pm Tic Tac Toe Pong

8

10a Morning Stretches and Weekly Devotion
11a Cup Race
2p Bingo
3p Hidden Ball Game

9

10a Chair Exercise
11a News Paper Shuffle
2p Staff Meeting
3:30p Target Shooting

10

10a Weight Lifting
11a Cotton Ball Races
2p Ring Toss
3p Puzzles

11

11a Chair Yoga
11:30a Fireside Coffee and Chat
2p Valentine Party
3p Bingo

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VALENTINE'S DAY
10:30a Independent Walking Club
2p Valentine Coloring and Word Search
3p Chair Yoga

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10:30a Coffee and Chat
11a Afternoon Stroll
2:30p Sunday Worship in Living Room

10a Morning Stretches and Weekly Devotion
11a Bowling
2:30p Manicures
3:30pm Pet Pals

15

MARDI GRAS
10a Full Body Exercise
10:30a Guess the Object
1:30p Travel to New Orleans/Mardi Gras
2:30p Bingo

16

ASH WEDNESDAY
10a Parachute
11a Prayer Ribbon Craft
2:30p Cup Knock Down
3:30p Yahtzee

17

10a Volley Balloon
11a Thursday Trivia
2p Whats Cooking
3p Puzzles

18

11a Chair Yoga
11:30a Fireside Coffee and Chat
2p Bingo
3p Movie and Popcorn

19

10:30a Independent Walking Club
2p Puzzles
3p Chair Yoga

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10:30a Coffee and Chat
11a Afternoon Stroll
2:30p Sunday Worship in Living Room

Happy 83rd Birthday Margie!!
10am Moring Stretches and Weekly Devotion
11am Hangman
2:30p Manicures
3pm Movie

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10:30a Full Body Exercise
11a Finish The Line
1p Lou Oswald
2:30p Bingo
3:30p Fireside Chat and Hot Chocolate

23

Happy 71st Birthday Eugene!!!
10a Chair Exercise
11a Color Rush
2p Tabletop Noodle Ball
3:30p Happy Hour

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Happy 92nd Birthday Loretta!!!
10a Noodle Ball
11a Ring Toss
2p Bean Bag Tic Tac Toe
3p Resident Council

25

11a Chair Yoga
11:30a Fireside Coffee and Chat
2p Bingo
3p Movie and Popcorn

26

10:30a Independent Walking Club
2p Puzzles
3p Chair Yoga

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Activities are subject to change