

February

Sunday

Monday

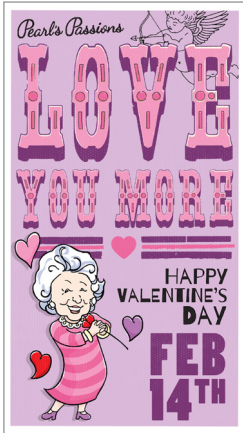
Tuesday

Wednesday

Thursday

Friday

Saturday



10:30a Coffee and Chat  
11a Afternoon Stroll  
2:30p Sunday Worship in  
Living Room (Communion)

1

10am Morning Stretches  
and Weekly Devotion  
11am Finish the Lines  
2:30p Manicures  
3pm Movie "Ground Hog  
Day"

2

11a Chair Yoga  
11:30a Coffee and Chat  
2:30p Bingo  
3:30p Happy Hour

3

10a Chair Exercise  
11a Would you Rather  
2:30p Cup Shuffle  
3:30p Yahtzee

4

10a Parachute  
11a Thursday Trivia  
2p Table Top Air Hockey  
3p Puzzles

5

11a Full Body Exercise  
11:30a Fireside Coffee and  
Chat  
2p Bingo  
3pm Movie and Popcorn

6

10:30a Independent Walking  
Club  
1pm Puzzles  
3pm Chair Yoga

7

10:30a Coffee and Chat  
11a Afternoon Stroll  
2:30p Sunday Worship in  
Living Room  
5:30p Super Bowl LX on tv  
in Lobby

8

10am Anyway Band  
11am Bean Bag Toss  
1:30p Manicures  
3pm Tic Tac Toe Pong

9

10a Morning Stetches and  
Weekly Devotion  
11a Cup Race  
2p Bingo  
3p Hidden Ball Game

10

10a Chair Exercise  
11a News Paper Shuffle  
2p Staff Meeting  
3:30p Target Shooting

11

10a Weight Lifting  
11a Cotton Ball Races  
2p Ring Toss  
3p Puzzles

12

11a Chair Yoga  
11:30a Fireside Coffee and  
Chat  
2p Valentine Party  
3p Bingo

13

**VALENTINE'S DAY**  
  
10:30a Independent Walking  
Club  
2p Valentine Coloring and  
Word Search  
3p Chair Yoga

14

10:30a Coffee and Chat  
11a Afternoon Stroll  
2:30p Sunday Worship in  
Living Room

15

10a Morning Stretches and  
Weekly Devotion  
11a Bowling  
2:30p Manicures  
3:30pm Pet Pals

16

**MARDI GRAS**  
  
10a Full Body Exercise  
10:30a Guess the Object  
1:30p Travel to New  
Orleans/Mardi Gras  
2:30p Bingo

17

**ASH WEDNESDAY**  
  
10a Parachute  
11a Prayer Ribbon Craft  
2:30p Cup Knock Down  
3:30p Yahtzee

18

10a Volley Balloon  
11a Thursday Trivia  
2p Whats Cooking  
3p Puzzles

19

11a Chair Yoga  
11:30a Fireside Coffee and  
Chat  
2p Bingo  
3p Movie and Popcorn

20

10:30a Independent Walking  
Club  
2p Puzzles  
3p Chair Yoga

21

10:30a Coffee and Chat  
11a Afternoon Stroll  
2:30p Sunday Worship in  
Living Room

22

Happy 83rd Birthday  
Margie!!  
10am Moring Stretches  
and Weekly Devotion  
11am Hangman  
2:30p Manicures  
3pm Movie

23

10:30a Full Body Exercise  
11a Finish The Line  
1p Lou Oswald  
2:30p Bingo  
3:30p Fireside Chat and Hot  
Chocolate

24

Happy 71st Birthday  
Eugene!!!  
10a Chair Exercise  
11a Color Rush  
2p Tabletop Noodle Ball  
3:30p Happy Hour

25

Happy 92nd Birthday  
Loretta!!!  
10a Noodle Ball  
11a Ring Toss  
2p Bean Bag Tic Tac Toe  
3p Resident Council

26

11a Chair Yoga  
11:30a Fireside Coffee and  
Chat  
2p Bingo  
3p Movie and Popcorn

27

10:30a Independent Walking  
Club  
2p Puzzles  
3p Chair Yoga

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\*Activities are subject to  
change\*