

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



9:30 Holy Name Cathedral Church Mass - Channel 7
2:00 Games with Colleen

I

10:30 Sit & Stretch
11:00 Brain Teasers
1:30 Ladders Challenge
2:45 Ice Cream Social
3:30 Quarter Bingo

2

10:30 Chari Yoga
11:30 Finish the Phrase
1:30 Bean Bag Challenge
2:45 Painting Class
3:30 Bingo

3

10:30 Tai Chi
11:00 Trivia Time
2:00 Live Entertainment with Amy Alberts/Jazz & Blues Singer
3:30 Quarter Bingo

4

10:30 Chair Yoga
11:00 Sing Along
1:30 Ladders Challenge
3:00 Bible Study with Chaplain Kathleen
4:15 Left, Right, Center Dice Game

5

10:30 Heart & Soul Fitness
11:00 Riddles/Jokes
1:30 Blackjack
3:00 Snack Bingo

6

10:30 Puzzlers Table
2:00 Quarter Bingo with Colleen
3:30 Discovery Channel

7

9:30 Holy Name Cathedral Church Mass - Channel 7
2:00 Games with Colleen
3:00 TV Classics

8

10:30 Sit & Stretch
11:00 Let's Talk/Reminiscing
1:30 Bean Bag Challenge
2:45 Ice Cream Social
3:30 Quarter Bingo

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10:00 Memories & Melodies Sponsored by Tinley Park Library
11:15 Heart & Soul Fitness
1:30 The Baking Brigade
3:30 Happy Hour

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10:00 St Stephens Church/Mass
11:00 Woman In History
2:00 Ice Cream Social
3:30 Quarter Bingo
6:00 Stations of the Cross with GODSend Youth Ministry
6:45 Easter Craft

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9:30 Coffee Cake, Coffee & Current Events
10:30 Sit & Stretch
11:00 Jeopardy Trivia
1:30The Creative Crafters
3:00 Bible Study with Chaplain Kathleen

12

10:30 Chair Yoga
11:00 Brain Teasers
1:30 Candy Bingo
3:30 Rosary and Reflections with Tom
4:00 Pearls Passion Decorating Club

13

10:30 Silver Sneakers
11:00 Word Search Puzzles
2:00 Quarter Bingo
3:30 Kings in the Corner

14

9:30 Holy Name Cathedral Church Mass - Channel 7
2:00 Games with Colleen
3:00 You Tube - Travelogue - Europe

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Happy 102nd Birthday, Kathleen
10:30 Chair Yoga
11:00 Math Trivia
2:00 Birthday Cake Social for Kathleen
3:30 Quarter Bingo

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ST PATRICKS DAY
10:00 Scavenger Hunt
10:30 Morning Stretch
2:00 Bistro Social
3:45 Live Entertainment with Stan Karcz

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Happy 97th Birthday, Florence
10:30 Sit & Stretch
11:00 Karoke
1:30 The Creative Crafters with Linda
2:45 Ice Cream Social
3:30 Quarter Bingo

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10:30 Thera Band Exercises
11:00
1:30 The Radio Clasics
2:45 Left, Right Center Dice Game
3:00 Bible Study with Chaplain Kathleen

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10:30 Heart & Soul Fitness
11:00 Basketball Shots
1:30 Garden
2:45
3:00 Trinity Lutheran Worship Service
6:00 Southwest Synergy Dance Studio

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10:30 Puzzlers Tables
11:00 Word Analogies
2:00 Quarter Bingo
3:30 Board Games

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9:30 Holy Name Cathedral Church Mass - Channel 7
2:00 Games with Colleen
3:00 Classic Cinema

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Happy 85th Birthday, Mary Jo
9:30 Pearls Passion Decorating Club
10:30 Morning Glow Yoga
11:00 Pictionary
2:45 Ice Cream Social
3:30 Quarter Bingo

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10:30 Heart & Soul Fitness
11:00 Family Feud
1:30 Shuffle Board
2:45 Watercolor Painting with Nancy
3:30 Resident Concil

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9:30 Walgreens Shopping Trip
10:30 Thera Bands
11:00 Charades
1:15 Quarter Bingo
2:30 Ice Cream Social
3:00 Quarter Bingo

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OPENING DAY
10:30 Bingo sponsored By LUXE Hospice & Home Health
1:30 Corn Hole Challenge
2:30 Vererans Club
3:30 Bible Study with Chaplain Kathleen

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10:30 Strengthening Class
11:00 Finish the Proverbs
1:30 Chocolate Bingo
3:30 Rosary and Reflections with Tom
4:15 Blackjack

27

10:30 Silver Sneakers
11:00 Crossword Puzzles
2:00 Quarter Bingo with Colleen
3:30 March Madness Basketball

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9:30 Holy Name Cathedral Church Mass - Channel 7
2:00 Games with Colleen
3:00 Discovery Channel

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9:30 The Garden Club
10:30 Chair Yoga
11:00 Jeapoardy
1:30 The Baking Brigade
2:45 Ice Cream Social
3:30 Quarter Bingo

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Happy 99th Birthday, Doris
10:00 St Stephens Church/Mass
11:15 Balloon Volleyball
1:30 Silver Sneakers
3:00 Bird House Painting

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Activities are subject to change. Please follow your daily activity sheets placed in your mailboxes the night before.

March Madness Eve Basketball Shots