

December

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



Location		AR: Activity Room		TV: Front TV Area		B: Bistro		PT: Puzzle Table	
9:30a Chair Exercise (TV)	10:30a Bible Study (AR)	2:30p Bingo (AR)	6p Monday Movie (TV)						1
9:30a Chair Exercise (TV)	10:30a Bible Study (AR)	2:30p Bingo (AR)	6p Monday Movie (TV)						2
9:30a Chair Exercise (TV)	10:30a Warren-Newport Public Library Lobby Stop (AR)	2:30p Social Hour (B)	3:30p Songwriting Workshop (AR)	6p Golden Girls (TV)					3
9:30a Chair Exercise (TV)	9:30a Holy Catheddral Mass Ch. 7 (TV)	12p Chicago Bears vs. Green Bay Packers (TV)	2:30p Puzzles (PT)						4
9:30a Chair Exercise (TV)	9:30a Holy Catheddral Mass Ch. 7 (TV)	12p Chicago Bears vs. Green Bay Packers (TV)	2:30p Puzzles (PT)						5
9:30a Chair Exercise (TV)	9:30a Holy Catheddral Mass Ch. 7 (TV)	12p Chicago Bears vs. Green Bay Packers (TV)	2:30p Puzzles (PT)						6
9:30a Chair Exercise (TV)	9:30a Holy Catheddral Mass Ch. 7 (TV)	12p Chicago Bears vs. Green Bay Packers (TV)	2:30p Puzzles (PT)						7
9:30a Chair Exercise (TV)	9:30a Holy Catheddral Mass Ch. 7 (TV)	12p Chicago Bears vs. Green Bay Packers (TV)	2:30p Puzzles (PT)						8
9:30a Chair Exercise (TV)	9:30a Holy Catheddral Mass Ch. 7 (TV)	12p Chicago Bears vs. Green Bay Packers (TV)	2:30p Puzzles (PT)						9
9:30a Chair Exercise (TV)	9:30a Holy Catheddral Mass Ch. 7 (TV)	12p Chicago Bears vs. Green Bay Packers (TV)	2:30p Puzzles (PT)						10
9:30a Chair Exercise (TV)	9:30a Holy Catheddral Mass Ch. 7 (TV)	12p Chicago Bears vs. Green Bay Packers (TV)	2:30p Puzzles (PT)						11
9:30a Chair Exercise (TV)	9:30a Holy Catheddral Mass Ch. 7 (TV)	12p Chicago Bears vs. Green Bay Packers (TV)	2:30p Puzzles (PT)						12
9:30a Chair Exercise (TV)	9:30a Holy Catheddral Mass Ch. 7 (TV)	12p Chicago Bears vs. Green Bay Packers (TV)	2:30p Puzzles (PT)						13
9:30a Chair Exercise (TV)	9:30a Holy Catheddral Mass Ch. 7 (TV)	12p Chicago Bears vs. Green Bay Packers (TV)	2:30p Puzzles (PT)						14
9:30a Chair Exercise (TV)	9:30a Holy Catheddral Mass Ch. 7 (TV)	12p Chicago Bears vs. Green Bay Packers (TV)	2:30p Puzzles (PT)						15
9:30a Chair Exercise (TV)	9:30a Holy Catheddral Mass Ch. 7 (TV)	12p Chicago Bears vs. Green Bay Packers (TV)	2:30p Puzzles (PT)						16
9:30a Chair Exercise (TV)	9:30a Holy Catheddral Mass Ch. 7 (TV)	12p Chicago Bears vs. Green Bay Packers (TV)	2:30p Puzzles (PT)						17
9:30a Chair Exercise (TV)	9:30a Holy Catheddral Mass Ch. 7 (TV)	12p Chicago Bears vs. Green Bay Packers (TV)	2:30p Puzzles (PT)						18
9:30a Chair Exercise (TV)	9:30a Holy Catheddral Mass Ch. 7 (TV)	12p Chicago Bears vs. Green Bay Packers (TV)	2:30p Puzzles (PT)						19
9:30a Chair Exercise (TV)	9:30a Holy Catheddral Mass Ch. 7 (TV)	12p Chicago Bears vs. Green Bay Packers (TV)	2:30p Puzzles (PT)						20
9:30a Chair Exercise (TV)	9:30a Holy Catheddral Mass Ch. 7 (TV)	1:30p Christmas Caroling with Joy Lutheran Church (TV)	2:30p Puzzles (PT)	6:00p TV Sitcom (TV)					21
9:30a Chair Exercise (TV)	9:30a Holy Catheddral Mass Ch. 7 (TV)	1:30p Christmas Caroling with Joy Lutheran Church (TV)	2:30p Puzzles (PT)	6:00p TV Sitcom (TV)					22
9:30a Chair Exercise (TV)	9:30a Holy Catheddral Mass Ch. 7 (TV)	1:30p Christmas Caroling with Joy Lutheran Church (TV)	2:30p Puzzles (PT)	6:00p TV Sitcom (TV)					23
9:30a Chair Exercise (TV)	9:30a Holy Catheddral Mass Ch. 7 (TV)	1:30p Christmas Caroling with Joy Lutheran Church (TV)	2:30p Puzzles (PT)	6:00p TV Sitcom (TV)					24
9:30a Chair Exercise (TV)	9:30a Holy Catheddral Mass Ch. 7 (TV)	1:30p Christmas Caroling with Joy Lutheran Church (TV)	2:30p Puzzles (PT)	6:00p TV Sitcom (TV)					25
9:30a Chair Exercise (TV)	9:30a Holy Catheddral Mass Ch. 7 (TV)	1:30p Christmas Caroling with Joy Lutheran Church (TV)	2:30p Puzzles (PT)	6:00p TV Sitcom (TV)					26
9:30a Chair Exercise (TV)	9:30a Holy Catheddral Mass Ch. 7 (TV)	1:30p Christmas Caroling with Joy Lutheran Church (TV)	2:30p Puzzles (PT)	6:00p TV Sitcom (TV)					27
9:30a Chair Exercise (TV)	9:30a Holy Catheddral Mass Ch. 7 (TV)	2:30p Puzzles (PT)	7:20p Chicago Bears vs. San Francisco 49ers (TV)						28
9:30a Chair Exercise (TV)	9:30a Holy Catheddral Mass Ch. 7 (TV)	2:30p Puzzles (PT)	7:20p Chicago Bears vs. San Francisco 49ers (TV)						29
9:30a Chair Exercise (TV)	9:30a Holy Catheddral Mass Ch. 7 (TV)	2:30p Social Hour (B)	3:30p Chair Yoga (TV)	6p Golden Girls (TV)					30
9:30a Chair Exercise (TV)	9:30a Holy Catheddral Mass Ch. 7 (TV)	2:30p Social Hour (B)	3:30p Chair Yoga (TV)	6p Golden Girls (TV)					31

CHRISTMAS
 9:30a Chair Exercise (TV)
 2:30p Christmas Movie Matinee (TV)
 6:00p Hallmark Channel (TV)

Activities are subject to change based off need and interest.

Hair Salon
 Please speak with Mallory to be added to the hair salon schedule. Haircuts start at \$20 and can be paid via cash, venmo, or zelle at the time of the appointment.